


<b>Title</b>	<b>First Name</b>	Deepa	<b>Last Name</b>	Sharma	<b>Photograph</b>
<b>Designation</b>	Assistant professor				
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<b>Web-Page</b>					
<b>Educational Qualifications</b>					
<b>Degree</b>	<b>Institution</b>	<b>Year</b>			
B.Sc. (Medical)	HPU, Shimla	2002			
B.Ed.	HPU, Shimla	2004			
M.A. (Psychology)	HPU, Shimla	2006			
M.Phil. (Psychology)	HPU, Shimla	2007			
Ph D (Psychology)	HPU, Shimla	2012			
<b>Career Profile</b>					
<b>Designation</b>				<b>Duration</b>	
Assistant Professor (Psychology), Vivekananda College, University of Delhi				2023 onwards	
Assistant Professor (Psychology) Sri Aurobindo College (E), University of Delhi				2017 -2023	
Assistant Professor (Psychology), Lady Sri Ram College (LSRC), University of Delhi				2016	
Assistant Professor (Psychology), Vivekananda College, University of Delhi				2014-2016	
Assistant Professor (Psychology), Amity University, Noida.				2012 – 2014	
Lecturer (Psychology), Government Senior Secondary School Portmore, Shimla.				2009	

Career Advisor-cum-Trainer (Personality Development) at Saraswati Dot Com an IT company at Shimla	2007
<p><b>Administrative Assignments</b></p> Convener, Competence Enhancement Scheme (CES), Vivekananda College, 2024 Member, IQAC, Vivekananda College, 2024 Member, Canteen Committee, Vivekananda College, 2024 Member, IQAC, Sri Aurobindo college (E), 2017-2023 Member, NSS Committee, Sri Aurobindo college (E), 2018-2019	
<p><b>Subjects Taught</b></p> Research methodology Foundations of Industrial /Organizational Psychology Youth Psychology Media Psychology Health Psychology	
<p><b>Research Guidance:</b></p>	
<p><b>Publications profile:</b></p> <ul style="list-style-type: none"> <li>● Sharma, A. Sharma, P. and <b>Sharma, D.</b> (2011). Cognitive correlates of different academic subjects in school settings. <i>International journal of psychological studies</i>, 3(2), 142-148.</li> <li>● <b>Sharma, D.</b> (2016). Contractualisation of public sector jobs: impact on performance. <i>International research journal of business and management</i>, 9(4), 30-36.</li> <li>● <b>Sharma, D.</b> (2016). Nature of employment and psychosocial stress. <i>The international journal of humanities and social studies</i>, 4(5), 113-117.</li> <li>● Sharma, R.K. &amp; <b>Sharma, D.</b> (2022). Drying Willow (<i>Salix fragilis</i> L.) Population Under Agroforestry System in Cold Desert Region of trans-Himalaya: A Possible Consequence of Repeated Vegetative Propagation. <i>International Journal of Ecology and Environmental Sciences</i> 48(1), 119-125.</li> <li>● <b>Sharma, D.</b> and Sharma R.K. (2022). Herbs Loaded with Psychoactive Molecules: A Potential Role to Cure Mental Disorders. <i>Indian Journal of Health and Well-being</i> 2022, 13(4), 543-549</li> <li>● Kumar R., Kumar U., <b>Sharma D.</b> and Johri T. (2022). Academic Stress, Social Support, Physical Health, and Psychological Well-being during Covid-19. <i>Indian Journal of Development Research and Social Action</i> 18(1), 101-116.</li> </ul>	
<p><b>Conference organization/Presentations (in the last three years):</b></p>	

Paper presented on “Challenges to opportunities-A qualitative study of tribal women of H.P.” in National Seminar on Women Empowerment at department of Psychology, P.P.N. (PG) College, Kanpur on November,5-6,2022.

### **Research Projects (Major Grants/Research Collaboration)**

#### **Awards and Distinctions:**

- Awarded **Gold Medal** for securing First Position in M. Phil (Psychology), HPU, Shimla.
- UGC-NET (2010).

#### **Other Activities**

- Member, Curriculum Development Committee under National Education Policy of India (NEP 2020) Four Year Undergraduate Program for Applied Psychology (NEP: UGCF), effective from the academic year 2022-23.
- Two Weeks Interdisciplinary Refresher Course under the aegis of Ministry of Education sponsored by PMMMNMTT on “**Research Methodology and Data Analysis**” from 16<sup>th</sup> September -30<sup>th</sup> September,2022 organized by Ramanujan College, DU.
- Participated in International workshop on “**Relationship between Time Perspective and Stress**” at Department of Applied Psychology, Sri Aurobindo College (E). DU, September 14, 2022.
- Two weeks Interdisciplinary Refresher course/ Faculty development Programme under the Ministry of education sponsored by PMMMNMTT on “**Advanced Research Methodology: Tools and Techniques**” organized by Ramanujan College, DU, January 30 –February 14, 2021.
- Participated in Webinar on “**Hope, Optimism and Optimism Bias**” by Pro.Manas K. Mandal, IIT Khadakpur Department of Applied Psychology, SAC (E). DU, May 20, 2020.
- One week Interdisciplinary Faculty development Programme under the Ministry of education sponsored by PMMMNMTT on “**MOOCS, E-content Development & Research Design**” organized by Sri Aurobindo College (E), DU, November 16-22, 2019.
- Participated in National seminar on “**Ethics in Psychological Research**” organized by Department of Psychology on March,16,2019.
- Participated in workshop on “**Biological Signals in Cognitive and Psychophysiology**” at Department of Physiology, AIIMS, New Delhi, November 4, 2016.
- Co-convener, Paper reading competition on “**Psychology in an Urban Setting: Applications and Practices**” at Department of Applied Psychology, Vivekananda College, university of Delhi, October 24, 2016.

- Attended Faculty Enrichment Programme (FEP) on '**Enhancement of research skills for professional development of educators**' at Amity Institute of education, Saket, New Delhi, April 30, 2014.