| Title   | Dr.  | First    | Arushi       | Last     | Jain                            | Photograph   |  |
|---|--|----------|--------------|----------|---------------------------------|--|--|
|   |  | Name     |              | Name     |                                 |  |  |
| Designation                                       | Assistant Professor (Ad-hoc), Department of Food                         |          |              |          |                                 | Secretary Secretary  |  |
|   | Technology and Home Science, Vivekananda College,                        |          |              |          |                                 | CLY WITH THE PARTY OF THE PARTY |  |
|   | University of Delhi  |          |              |          |                                 |  |  |
| Address   | Department of Food Technology and Home Science,                          |          |              |          |                                 |  |  |
| (Campus)  | Vivekananda College, Vivek Vihar, Delhi-110095                           |          |              |          |                                 |  |  |
|   | <b>-</b>   |          |              |          |                                 |  |  |
| (Residence)                                       |  |          |              |          |                                 |  |  |
| Phone No.   | -  |          |              |          |                                 |  |  |
| (Office)  |  |          |              |          |                                 |  |  |
| (Residence)                                       | -  |          |              |          |                                 |  |  |
| Mobile  |  |          |              |          |                                 |  |  |
| Fax   | -  |          |              |          |                                 |  |  |
| Email   | arushijain@vivekanand.du.ac.in   |          |              |          |                                 |  |  |
| Web-Page  | -  |          |              |          |                                 |  |  |
| Educational                                       | PhD, MSc Food and Nutrition, BSc (Hons) Home Science- Food and Nutrition |          |              |          |                                 |  |  |
| Qualifications                                    | <u> </u>   |          |              |          |                                 |  |  |
| Degree  | Institution Year   |          |              |          | Year                            |  |  |
| PhD   | Depar  | tment of | Home Scien   | ice,     | 2017                            |  |  |
|   | •  | Irwin Co | llege, Unive | rsity of |                                 |  |  |
|   | Delhi  | -        |              |          |                                 |  |  |
| MSc Food  | Lady Irwin College, University of  |          |              |          | 2012                            |  |  |
| and Nutrition                                     | Delhi  |          |              |          |                                 |  |  |
| BSc (Hons)  | Lady Irwin College, University of  |          |              | rsity of | 2010                            |  |  |
| Home Science                                      | Delhi  |          |              |          |                                 |  |  |
| Career Profile                                    |  |          |              |          |                                 |  |  |
| Designation                                       |  |          |              |          | Duration                        |  |  |
| Assistant Professor (Ad-hoc), Department of Food  |  |          |              |          | More than 6 Years (2017 Onwards |  |  |
| Technology and Home Science, Vivekananda College, |  |          |              | ege,     | till date)                      |  |  |
| University of Delhi                               |  |          |              |          |                                 |  |  |

# **Administrative Assignments**

- Extended Member of IQAC Committee (March 2021 Onwards)
- Member of IQAC Committee (October 2017-June 2018)
- Member of Workload and Time-Table Committee (August 2018 March 2021)
- Member of Publication Committee (August 2018- March 2021)
- Assistant Coordinator at IGNOU Study Centre, Vivekananda College (October 2017-May 2020).

#### **Subjects Taught**

BA Program-Discipline (Food Technology): Discipline Papers: Food Science Part-I; Basics of Food and Nutrition; Nutrition and Well-being of the Lifespan (UGCF-NEP 2022); Fundamentals of Food Science and Technology-Part I and Part II; Introduction to Food safety and Preservation; Basic Baking Technology; Advanced Baking Technology; Food Safety, Hygiene and Quality Testing; SEC: Nutrition and Well-being; Food Product Development, Confectionery Technology; Milk and Milk Product Technology

- BSc (Hons). Home Science: Food and Nutrition; Nutrition-Lifecycle Stages; SEC- Home Based Catering.
- Generic Elective: Fundamentals of Human Nutrition; Nutrition for the Family (UGCF-NEP 2022);
  Human Nutrition; Nutrition- A Lifespan Approach; Entrepreneurship for Small Catering Units;
  Current Concerns in Public Health Nutrition.
- VAC: Ayurveda and Nutrition

## **Research Guidance: None**

#### **Publications profile:**

- 1. Suri S, Jain A, Lohia M. Determination of Quality of Green Chili Sauce Served by Street Food Venders (SFVs) in Delhi (India). Current Nutrition and Food Science 2022; 18(5): 502-506.
- 2. Suri S, Jain A, Lohia M. Development of a Mixed Fruit Preserve with Added Chia Seeds. Indian Journal of Nutrition 2021;8(3): 236
- 3. Jain A, Mathur P. Ultra-processed Foods in Low- and Middle- Income Group Adolescents in Delhi, India: A Study. Indian Pediatrics 2020, 57: 712-715. (UGC Listed, Publisher: Taylor & Francis; Impact Factor: 2.598; Indexed in: BioSciences Information Service of Biological Abstracts (BIOSIS), Chemical Abstracts, Current Contents/Agriculture, Biology and Environmental Sciences, Division for Industrial Studies, Food Science and Technology Abstracts, Foods Adlibra, Index to Scientific Reviews, PubSCIENCE, Reference Update, Research Alert, and Science Citation Index Expanded (SCIE)).
- 4. Jain A, Mathur P. Risk assessment of sulphite exposure through foods among adolescents of Delhi, India. Current Nutrition and Food Science 2019; 15(7): 685-693. (UGC Listed, Publisher: Bentham; Impact Factor (SNIP): 0.85; Indexed in: CAS abstracts- American Chemical Society, Scopus, Medical Council of India, EBSCO, FAO AGRISCOLA, OPEN J-GATE, PROQUEST, CROSS-REF etc.)
- 5. Jain A, Mathur P. Comparison of diet quality of low and middle income adolescents in Delhi, India. Indian Journal of Public Health Research and Development 2017; 8(4): 193-198 (UGC Listed, Publisher: Omics International; Impact Factor: 1.22; Index Copernicus Value: 6.28; Indexed in: CAS abstracts-American Chemical Society, Scopus, Medical Council of India, EBSCO, FAO AGRISCOLA, OPEN J-GATE, PROQUEST, CROSS-REF etc.)
- 6. Jain A, Mathur P. Estimation of sulphite levels in food products available in Delhi, India. Journal of Nutrition and Food Sciences 2016; 6(2): 2-12 (UGC Listed, Publisher: Omics International; Impact Factor: 1.22; Index Copernicus Value: 6.28; Indexed in: CAS abstracts- American Chemical Society, Scopus, EBSCO, FAO AGRISCOLA, OPEN J-GATE, PROQUEST, CROSS-REF etc.)
- 7. Jain A, Mathur P. Evaluating Hazards Posed by Additives in Food- A Review of Studies Adopting A Risk Assessment Approach. Curr Res Nutr Food Sci 2015;3(3): 243-255 (UGC Listed, Publisher: Enviro Publishers; Index Copernicus Value: 58.62; Indexed in: Scopus, CAS abstracts- American Chemical Society, EBSCO, FAO AGRISCOLA, OPEN J-GATE, PROQUEST, CROSS-REF, Cite Factor etc.)
- 8. Jain A, Mathur P. (2015). Estimation of food additive intake: overview of the methodology. Food Reviews International, 31(4): 355-384 (UGC Listed, Publisher: Taylor & Francis; Impact Factor: 2.598; Indexed in: BioSciences Information Service of Biological Abstracts (BIOSIS), Chemical Abstracts, Current Contents/Agriculture, Biology and Environmental Sciences, Division for Industrial Studies, Food Science and Technology Abstracts, Foods Adlibra, Index to Scientific Reviews, PubSCIENCE, Reference Update, Research Alert, and Science Citation Index Expanded (SCIE)).
- 9. Jain A, Mathur P. (2014). Intake of processed foods and selected food additives among teenagers (13-19 years old) of Delhi, India. Asian Journal of Multidisciplinary Studies, 2(2): 64-77 (UGC Listed, Publisher: Mohan L. Jamdade; Impact Factor: 1.498; Indexed in: OPEN J-GATE, PROQUEST, CROSS-REF, DJRI, etc.)

Conference organization/Presentations (in the last three years): Member of organizing committee of many inter-college events and National level seminars organized by Department and College.

## Research Projects (Major Grants/Research Collaboration): None

### **Awards and Distinctions:**

- o First Prize-Ramanthan Prize for Best Oral Presentation-Community Nutrition for Paper presented on "Risk assessment of sulphite exposure through foods among adolescents of Delhi" (abstract). Publ. in Proceedings of the 48<sup>th</sup> National Conference of Nutrition Society of India on Nutrition Risk Management and Communication at St. Johns Research Institute, Bengaluru, India, 3-5 November 2016.
- o Consolation prize for oral research paper presentation on Nutritional Adequacy in diets of school going adolescents (12-16 year olds) of Delhi (abstract). Publ. in Souvenir of the 7<sup>th</sup> International Conference on Growing trends in food technology and nutrition for public health care organized by IIFANS, ICMR, DBT and SERB India at JNU, Delhi, 26-27 May, 2016.
- Senior Research Fellowship by University Grants Commission in 2015.
- Junior Research Fellowship by University Grants Commission in 2013.
- O Sushma Palmer Scholarship for meritorious performance in M.Sc. Previous Foods and Nutrition.
- Certificate of merit for securing highest marks in Advance Human Nutrition and Statistics in M.Sc. Food and Nutrition.
- Certificate of merit for securing highest marks in Introduction to Resource Management in B.Sc. Home Science 1<sup>st</sup> year.

Certificate of merit by Delhi Sanskrit Academy for scoring 95% above marks in Sanskrit.

Other Activities: Member of Scientific Bodies like NSI, IDA, AFSTI(Delhi Chapter) etc.