


Curriculum Vitae

Title	Prof.	First Name	Salma	Last Name	Seth	Photograph
Designation	Professor					
Address (Campus)	Vivekananda College (University of Delhi), Vivek Vihar, Delhi – 110095					
(Residence)	C-3/5, DDA Flats, 1st floor, East of Kailash, New Delhi - 110065					
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Web-Page						
Educational Qualifications						
Degree	Institution				Year	
B.A.(Hons.) in Psychology	Jesus & Mary College (University of Delhi)				1986	
M.A. in Psychology	Lady Shri Ram College (University of Delhi)				1988	
M.Phil in Psychology	Department of Psychology (University of Delhi)				1990	
Ph.d in Psychology	Department of Psychology (University of Delhi)				2004-2009	
Career Profile						
Designation				Duration		
Professor				July 18, 2018 onwards		
Administrative Assignments						
<p>Was the Convenor or Member of different Committees constituted by the Staff Council of the College. To mention a few of them:</p> <ul style="list-style-type: none"> • Was a member of the Editorial Committee of the magazine of Vivekananda College 'Isha' (1998-1999) and (1999-2000). Contributed in the writing and publication of students' handbook "Collegians' Informa" (2007-2008) and the Directory of the College (2007-2008) • Was the convenor of the Academic Development Committee and member of the Students' Union Advisory Committee (2014-2016) • Have been a member of 'Lakshyank', providing career guidance and counselling services to the students of the college. Also, attempts were made to raise the consciousness of students regarding contemporary issues and concerns. Was a member of the Admission Committee, Scholarship Committee, and Planning & Proposal Committee as well. Currently, Convenor of Central Purchase and Stock Verification Committee and psychologist in the Health and Wellness Committee (2018-2020). • Other administrative assignments accomplished were (to highlight a few of them): 						

- Was the Teachers' Representative in the Governing Body of the College (2009-2010). Was a member of the Academic, Finance, and Grievance & Fact-finding sub-committees of the Governing Body
- Was the Secretary of the Staff Council of the college (2010-2012) and (2016-2018)
- Was the Teacher In-charge of the Department of Applied Psychology (2010-2012), (2020-2022)
- Currently, Secretary of the Staff Council of the College
- At present, Co-convenor of IQAC and Nodal Officer of NIRF; Convenor of Counselling Cell.

Subjects Taught

- B. A. (Hons.) in Applied Psychology
- B. A. (Hons.) in Psychology (FYUP)
- B. A. (Pass) in Educational Psychology & Papers related to psychology in B.El.Ed. Programme
- Have taken a few post-graduate classes in psychology in the Department of Adult, Continuing Education and Extension, University of Delhi
- Taught the post-graduate students of Applied Psychology (South Campus), University of Delhi for two semesters and was deputed as one of their examiners as well. Papers taught by me were: 'Psychological Assessment' and 'Applied Cognitive Psychology' respectively (2013)

Areas of Interest:

- Specialisation in Organisational Behaviour, Gender Studies, and Applied Social Psychology
- For the past two decades and more I have been teaching papers like, 'Clinical Psychology' and 'Counselling Psychology'
- The domain of psychology which has always intrigued me and I have found very engaging is about Self and Inner Growth

Research Guidance:

- Guided two dissertations at the under-graduate level (in 2003 and 2004 respectively as per the requirements of the Old Syllabus of Applied Psychology), which were on : (i) "Sexual Harassment of Women at the Workplace: A Psychological Perspective" and (ii) "Gender Attitudes, Values, and Psychological Well-being of Mental Health Professionals: A Feminist Perspective"
- Supervised a qualitative research and guided the students to prepare and present a research paper on, "Psychological Impact of Vipassna on Prison Inmates", funded by Bureau of Police Research and Development, Ministry of Home Affairs, Government of India (2006)
- Supervised the research work of two Ph.d scholars of University of Delhi, namely : (i) 'To Understand Aspects of Positive Psychology in Relation to Geriatrics' (2011-2014) by Nisha Chaudhary (qualified NET); (ii) 'A Study of the Quality of Intergenerational Relationships and its Impact on the Subjective Well-being of the Three Generations' (Dec. 3, 2012 – July 1, 2019) by Mansi Verma (Non-NET scholarship).
- Supervising the research work of one Ph.d scholar of University of Delhi , - 'Exploring first person accounts of anomalous experiences : An IPA study' by Ms. Aanchal Aggarwal (SRF).

- Advisor of two Ph.d scholars of University of Delhi working with themes like :
 - (a) Stigma and socio-political empowerment.
 - (b) Experiences of love in young adults.
- Was the supervisor of the dissertation of three undergraduate students. The projects were entitled:
 - “A Psychological Engagement With Homosexuality: An Interpretative Phenomenological Enquiry” by Bhavyanshi Gupta (April, 2017)
 - ““Living In An Unlivable World’: An Interpretative Phenomenological Journey Into Schizophrenia” by Nishtha Grover (April, 2017).
 - “Experiencing and Growing With Loss: A Phenomenological Investigation Into Men’s Grief” by Abhilasha Vatsal (April 2018).

Publications profile:

- Research paper on, “An Empirical Study on the Psychological Characteristics of Indian Women Entrepreneurs.” Presented at the 76th Session of the Indian Science Congress Association held at Madurai Kamaraj University from January 7-12, 1989 in Psychology and Educational Sciences Section. Printed in FORE’s monogram on proceedings of the Academic Conference in Application of Behavioural Science Research in Organisations (April 7-8, 1989) (Selected Papers only). Published in the Journal of Foundation for Organisational Research and Education (FORE), *Abhigyan*, Spring 1992, p.1-17.
- Research paper entitled, “Childhood for the Girl Child: A Myth?” Presented at the “National Symposium on Rights of the Child : Socio-Legal Perspectives” at India International Centre from September 15-16, 1990. Published in the form of a book chapter in “The Indian Girls” (Editors: Doundhiyal, V.R., Dhoundhiyal, N.C., and Shukla, A. (1994) from the University of Kumaun, Almora) p.9-24.
- Seth, S., and Sen, A. (1995). Behavioural characteristics of women entrepreneurs and executives vis-à-vis their male counterparts: An empirical study. *Social Science International : Interdisciplinary Readings*, 11(1 and 2), 18-33.
- Seth, S., and Sen, A. (1995). Gender identity of the girl child in South Asia. *Canadian Woman Studies*. Winter Issue, 15(2), 58-63.
- Contributed in the writing of a book entitled, “*Problems and potentials of women professionals : A cross-cultural perspective.*” (Author: (Late) Prof. Anima Sen, Department of Psychology, University of Delhi).
- Seth, S., and Chadha, N. K. (2005). Ageism: Its origin and effects. *Indian Journal of Gerontology*, 19(4), 507-519.
- Seth, S., and Chadha, N. K. (2005). Social relationships : An evolution in later adulthood. *Research and Development Journal – Helpage India*, 11(3), 8-12.
- Seth, S., and Chadha, N. K. (2006). Of bonding between grandparents and grandchildren : An analysis. *Aging and Society*, 15(3 and 4), 1- 14.
- Chadha, N. K., and Seth, S. (2011). Human resource management : Gaining a competitive edge. In N. K. Chadha (ed), *Human resource management: Issues, case studies, and experiential exercises* (pp. 3-22). New Delhi: Shri Sai Printographers.
- Seth, S., and Chadha, N. K. (2011). Motivation, values, and culture at work. In N. K. Chadha (ed.) *Human resource management : Issues, case studies, and experiential exercises* (pp. 501-536). New Delhi: Shri Sai Printographers.
- Seth, S. (2012). Prejudice. In N. K. Chadha (ed.) *Social psychology* (pp. 269-282). Delhi : MacMillan Publishers India Ltd.
- Seth, S. (2012). Prosocial Behaviour. In N. K. Chadha (ed.) *Social psychology* (pp. 409-425). Delhi : MacMillan Publishers India Ltd.

- Seth, S. (2012). Diagnostic assessment and well-being of women : A feminist perspective. *Journal of Positive Psychology, 1(2)*, 39-45.
- Chadha, N. K., and Seth, S. (2014). *The psychological realm: An introduction*. New Delhi: Pinnacle Learning. (A referred book in the syllabi of B.A. (Hons.) in Applied Psychology (CBCS) and B.A. (Hons.) in Psychology (CBCS) in University of Delhi; a referred book in the modified syllabi of the undergraduate programme in Applied Psychology and Psychology in University of Delhi- Learning Outcome –based Curriculum Framework, 2019)
- Editor of the peer reviewed bi-annual journal of positive psychology (ISSN – 2249 – 6254) for two years from 2011-2013.
- Seth, S., and Chadha, N. K., (2016). Intergenerational Familial Relations in India and the West : Role of Gender. Paper published in Prof. N. K. Chadha’s Memoir “Guru Dakshina” by the Student Forum (Department of Psychology, University of Delhi).
- Chaudhary, N., Chadha, N. K., and Seth, S. (2017). Hope: Faith in what will be. *Indian Journal of Positive Psychology, 8(2)*, 203-207.
- Chaudhary, N., Chadha, N. K., and Seth, S. (2017). Quality of life: Life’s essence. *Indian Journal of Health and Well-being, 8(6)*, 518-524.
- Verma, M., Seth, S., and Chadha, N. K. (2017). Intergenerational familial relationships from the lens of generativity. *Indian Journal of Positive Psychology, 8(4)*, 554-557.
- Seth, S., Bhatia, H. and Chadha, N. K. (2018). *Counselling skills: Knowing self and others*. Delhi: The Readers Paradise (a referred book in the modified syllabi of B. A. (Hons.) in Applied Psychology and B. A. (Hons.) in Psychology in University of Delhi- Learning Outcome –based Curriculum Framework, 2019) and (in UGCF, 2022).
- Sen,A., and Seth, S.(2021). Problems and potentials of Anganwadi Workers in the ICDS projects: An empirical study. *Indian Journal of Health and Well-being, 12(4)*, 474-477.
- Seth,S.(2021). Meta-analysis: A quantitative method of integration of research. *International Journal of Education and Management Studies, 11(4)*, 244-249
- Seth,S.,and Chadha, N.K.(2021). Intergenerational familial relations in the West and in India: Role of gender. *IAHRW International Journal of Social Sciences Review, 9(4)*,266-270
- Seth,S.,Chadha, N.K.,and Bhatia, H.(2022). Qualitative methods: A practical journey into research. Delhi : Friends Publications (India). Suggested Reading in UGCF (2022 onwards)
- Seth,S., and Aggarwal, A.(2022). Women in search of self-expression. *International Journal of Education and Management Studies, 12(4)*, 312-318
- Seth, S., and Chadha, N.K. (2025), Self and inner growth: Eastern perspectives and traditions. New Delhi: Concept Publishing Company Pvt. Ltd.

Conference organisation/Presentations :

- Participated in the experiential exercises conducted during a workshop on Foundations in Professional Career Development Practice by the Director of Association of Career Professionals i-Australia on September 20, 2013
- Participated in a workshop on the restructuring of the syllabus of B.A. (Hons.) in Applied Psychology (CBCS) at the Department of Psychology, University of Delhi (India) on Sept. 21, 2017 at 3.00 p.m and on Sept. 27, 2017 at 11.00 a.m respectively.
- Participated in the Faculty Programme on “Attention Deficit and Hyperactive Disorder” held on Sept. 23, 2017 organised by Applied Psychology Unit, University of Delhi (India), South Campus.
- Participated in the NAAC sponsored National Seminar titled, “Mentoring the Teacher-

Mentors: Capacity Building Programme” organised by Internal Quality Assurance Cell (IQAC) of Gargi College held on 19th and 20th January, 2018.

- Participated in the One Day Faculty Empowerment Workshop entitled, “National Workshop on Stress Management and Emotional Intelligence in Teaching-Learning Environment” held at Guru Angad Dev Teaching Learning Centre of MHRD, SGTB Khalsa College, University of Delhi, on February 10, 2018.
- Participated in the Swadeshi Indology Conference on Mind Sciences entitled, “Indian Culture and Psychology: A Consciousness Perspective” organised by Department of Psychology, University of Delhi on March 22-23, 2018.
- Completed 2-days of intensive, hands – on training in Transactional Analysis with Gestalt Work, held on August 22-23, 2019. It was organised by the Department of Psychology (Anubhav: The Psychology Internship Cell in collaboration with DeSousa Foundation), Keshav Mahavidyalaya, University of Delhi.
- Was a member of the Organising Committee of the 3-day International Conference on ‘Perspectives on Peace and Sustainable Development in a World of Conflict’ from February 13-15, 2020. It was organised by Vivekananda College (University of Delhi) and sponsored by ICSSR. Also, chaired a session on ‘Zones of Conflict and Violence: Gender and Caste Relations’ during the conference.

Research Projects (Major Grants/Research Collaboration)

- Was involved as a research assistant in a project entitled, “Efficacy of Anganwadi Workers in ICDS Projects vis-à-vis their Working Conditions in the Union Territory of Delhi”; which was funded by MHRD, Department of Women and Child Welfare, Government of India, 1989. The Honorary Project Director was Dr. Anima Sen, Professor of Psychology, Department of Psychology, University of Delhi
- Prepared 30 e-lessons and interactive modules for the *e-pgpathshala project* funded by MHRD and UGC for post-graduate students of psychology at a National Level. I was the Paper Co-ordinator and Content Writer for two papers: ‘Counselling Psychology’ and ‘Self and Inner Growth’. My contribution was reviewed by experts in the field and was assessed as equivalent to three international publications (2014-2016)

Awards and Distinctions:

- Paper on, “An Empirical Study of the Coping Strategies and Behaviour Patterns of Indian Women Entrepreneurs in Relation to Certain Demographic Variables and Sex-Role Orientation.” Presented at the Young Scientists’ Award Programme of the 80th Session of the Indian Science Congress Association at the National Institute of Oceanography, Goa, from January 3-8, 1993. This research paper was assessed as one amongst the best three papers in Psychology and Educational Sciences Section
- Received appreciation certificates for:
 - Organising and chairing a session on ‘Cognitive – Behavioural Counselling’ during the National Conference on “Life-span Development : Multi-disciplinary Perspectives”, organised by AASTHA at the Faculty of Mathematical Science, University of Delhi on November 5-6, 2005
 - Co-chairing the scientific session II in an International Conference on “Psychology in the Contemporary Context : A Positivistic Approach”, organised by India Career Development Association (ICDA) at University of Delhi from May 21-22, 2011
 - Co-ordinating the workshop on ‘Hypnotherapy: An Enigma Demystified’ during the National Conference on “Career Development : Preparing for the Road Ahead”, organised by ICDA and Indian Association of Positive Psychology (IAPP) on May 26-27, 2012 at University of Delhi

Association with Professional Bodies:

- Founder Member of Indian Association of Positive Psychology

Other Activities:

- Was deputed as paper- setter and examiner of papers in Psychology at Amity University
- Was deputed as an examiner and expert to assess the Ph.d. thesis of a scholar at Jamia Millia Islamia (2013)
- Was appointed as a paper-setter and examiner in the subject of psychology for Himachal Pradesh Public Service Commission (2013). Also, prepared an Ability and Aptitude Test for the State Civil Service Examination
- Organised a workshop involving an interactive session with the famous Indian psychoanalyst and writer Dr. Sudhir Kakar during the Psychology Festival (“VivID”) in College on February 21, 2011
- Attended lectures on Psychoanalysis organised by the Centre for Psychoanalytic Studies from time to time and participated in workshops on Indian Psychology too
- Was invited to evaluate the answer-scripts of students for the entrance to the B.El.Ed. departments in various colleges affiliated to University of Delhi. Was involved in the Faculty Improvement Programme organised by Maulana Azad Centre for Elementary and Social Education, Department of Education, University of Delhi (Psychology Section on July 20 and August 3, 1998). Furthermore, conducted a Self-Development Workshop based on the experiential technique (Who Am I?) with the B.El.Ed – II year students on February 20, 1999
- Extending guidance and counselling services to teachers and students regarding their academic, personal, emotional, and interpersonal concerns
- Participated in a Workshop on New Pension Scheme held at Vivekananda College (University of Delhi) on February 20, 2020. It was organised by the IQAC and Accounts Office of the College.