


<b>Title</b>	<b>Dr.</b>	<b>First Name</b>	<b>Shivantika</b>	<b>Last Name</b>	<b>Sharad</b>	<b>Photograph</b>
<b>Designation</b>	Assistant Professor					
<b>Address (Campus)</b>	Vivekananda College, Vivek Vihar, Delhi -95					
<b>(Residence)</b>	Flat No 323, Great India Apartments, Sector 6, Plot 15, Dwarka, New Delhi-75					
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<b>Educational Qualifications</b>	Ph.D., M.A Psychology					
<b>Degree</b>	Institution			Year		
<b>B.A(Hons.) Psychology</b>	Daulat Ram College, DU			2001		
<b>M.A Psychology</b>	Dept. of Psychology, DU			2003		
<b>Ph.D. Personality and Self</b>	Dept. of Psychology, DU (North Campus)			2013		
<b>Career Profile</b>						
<b>Designation</b>				<b>Duration</b>		
Assistant Professor (ad-hoc), Gargi College, DU				2004-'06		
Assistant Professor, Vivekananda College, DU				2006-present		
Assistant Professor, Cluster Innovation Centre, DU				2012-2013 (on deputation)		
<b>Administrative Assignments</b>						
<ul style="list-style-type: none"> <li>• Co-convenor, NAAC Committee in the college</li> <li>• Member, Course Curriculum Committee for the Foundation Course on “Philosophy, Psychology, Communication and Life Skills” of the Four Year Undergraduate Program of the University of Delhi.</li> <li>• Authored three chapters for the text book based on foundation course “Philosophy, Psychology, Communication and Life Skills” (unpublished)</li> <li>• Worked as member Cultural Committee, Vivekananda College from 2006-2008, 2013-</li> <li>• Member, Organizing Committee, Antardhvani-2013 (Delhi University Cultural Festival)</li> <li>• Worked as member Prospectus committee and website committee from 2008-2009</li> <li>• Worked as Advisor to the students’ union 2012, 2013-14.</li> <li>• Convenor, Student’s Advisory Committee, 2012-13 Cluster Innovation Centre (CIC), DU</li> <li>• Member Cultural committee and Programme Committee, 2012-13, CIC, D.U.</li> </ul>						

**Subjects Taught:**

Systems and Schools of Psychology ( University of Delhi )  
Research Methodology ( University of Delhi )  
Counselling Psychology ( University of Delhi )  
Organisational Behaviour ( University of Delhi )  
Human Development ( University of Delhi )  
Impact of Technology- Philosophical Implications (University of Delhi )  
Social Psychology (University of Delhi )  
Art of communication (University of Delhi )

**Research Guidance:**

Supervision of 4 undergraduate project dissertations in the area of organizational behavior.

Supervisor of Mansi Gupta for her Masters Dissertation (2014) titled “To study the effect of family environment on self esteem of non -working women”, MPCE-026:Project in counselling from IGNOU, New Delhi.

Have varied research interests particularly in Personality, Self and Identity, Qualitative Research, Positive Psychology, Counselling and Psychotherapy, Social Psychology, Organizational Behavior, training and assessment, Application of Psychology in various life domains

**Publications profile:**

1. Girishwar Misra and Shivantika Sharad, The Search for Authentic Self: A Key Concern of Indian Psychology. In B.Sambasiva Prasad (Ed.) Consciousness, Gandhi and Yoga: Interdisciplinary East-West Odyssey of K. Ramakrishna Rao (2013) (pp. 140-176). GITAM University Press & D.K. Printworld.
2. Shivantika Sharad and Girishwar Misra, Living Truthfully: Gandhi's Search for the Essence of Humanity, GITAM Journal of Gandhian Studies, 2013, Volume 2 (2), 104-129
3. Shivantika Sharad, Being an authentic self: Some insights from the lives of Sri Aurobindo and Mahatma Gandhi. In R. M. Matthijs Cornelissen, Girishwar Misra and Suneet Varma (Eds.) Foundations on Indian Psychology Volume 1: Theories and Concepts (2011) (pp. 223-245). Pearson: New Delhi
4. Girishwar Misra and Shivantika Sharad, Authenticity: A Key to Positivity in Life. In A.K. Chauhan & S.S. Nathawat (Eds.), New Facets of Positivism (2011) (pp. 3-24). New Delhi: Macmillan
5. Shivantika Sharad, Book review of ‘Bridging East-West Psychology and Counselling:

Exploring the work of Pittu Laungani (Eds. Roy Moodley, Aanchal Rai and Waseem Alladin, 2010, New Delhi: Sage)' in Psychological Studies (Journal of the National Academy of Psychology, India), Volume 56 (4), Oct.–Dec. 2011, 419-420.

6. Shivantika Sharad, Authenticity and the idea of worthy life: Educational implications. In D.K. Bhattacharjee, Anjum Sibia, Prabhat K. Mishra and Sushma Gulati (Eds.) Psychology and Education: Indian Perspectives (2010) (pp. 337-350). NCERT: New Delhi.
7. Shivantika Sharad, Book review of “Colors of Truth: Religion, Self and Emotions: Perspectives of Hinduism, Buddhism, Jainism, Zoroastrianism, Islam, Sikhism and Contemporary Psychology (Sonali Bhatt Marwaha, Concept Publishing Co.)” in Psychological Studies (Journal of the National Academy of Psychology, India), Volume 51, Number 4, 329-330, 2006
8. Shivantika Sharad, Girishwar Misra and Nandita Babu, Authenticity and its Implications in the context of teaching-learning. In Journal of Indian Psychology, Volume 24, Nos. 1 & 2, 2006, 52-64, Andhra University Press & Publications, Vishakhapatnam.
9. Shivantika Sharad, “Rethinking the Identity of Psychology: Consciousness, Indian Psychology and Yoga” in Psychological Studies (Journal of the National Academy of Psychology, India), Volume 50, Number 2, 2005, 73-77.
10. Shivantika Sharad, Book review of ‘Examining Adolescent leisure time across cultures: Developmental opportunities and risks (Eds. Suman Verma and Reed Larson)’ in Psychological Studies (Journal of the National Academy of Psychology, India), Volume 49, Number 4, Oct. 2004, 291-293

**Conference organization/Presentations (in the last three years):**

1. Member, Organizing Committee, two-days U.G.C. and ICCR sponsored International Seminar on “Indian Mind and Societal concerns: An interdisciplinary dialogue” organized by Ramanujan College, University of Delhi and National Academy of Psychology (2-3 April, 2016)

**Invited Talks:**

2. Delivered an invited lecture on ‘Authentic relational spaces for being and becoming: Some voices and reflections’ in a National Seminar on Being and Living in a Relational World at IIT (22-23 March, 2016).
3. Chaired a poster session in a National Seminar on 'Social Harmony And Well Being : Issues And Challenges' at Sri Aurobindo College, University of Delhi, 18-19 March, 2016
4. Gave an invited talk titled, “Science, Technology and Society” at Winter Institute in

Global Health-2015 jointly organized by B.I.T.S. Pilani Hyderabad Campus and PACE University, New York (January 2015) held at BITS Pilani Hyderabad campus.

5. Conducted a workshop on Communication skills at Winter Institute in Global Health-2015 held at B.I.T.S. Pilani Hyderabad Campus titled ((January 2015).
6. Gave an invited lecture on “Feminism” at Ramanujan College, University of Delhi on 27<sup>th</sup> October 2014.
7. Gave an Invited Talk at B.I.T.S. Pilani Hyderabad Campus titled, “Social and Psychological Factors in Health: Insights from Health Psychology” and mentored students for research projects (24<sup>th</sup>-25<sup>th</sup> Jan 2014) at Winter Institute in Global Health-2014.
8. Chaired a session in the National Conference on “Social Changes in Contemporary India” held at Sri Aurobindo College, University of Delhi, 21-22 March 2014
9. Gave an invited talk on Qualitative research at Indian Institute Public Administration, New Delhi for a training program (21<sup>st</sup> November, 2012)

**Presentations in Seminars/Conferences (last 3 years)**

10. Presented a paper on “*Exploring the Psycho-social-cultural Facets of ‘Aging Well’*”, co-authored with Sanchita Mohindru and Sunil Kumar Verma in a National Seminar on Social Harmony organized by Sri Aurobindo College, University of Delhi
11. Presented a paper titled “Needing My Space to Be: Some Voices from the Underground” at XXIV Annual Convention of the National Academy of Psychology (NAOP), India, December 12 -14, 2014, NITTTR, Bhopal, M.P organized jointly by the Indian Institute Forest Management, Bhopal and NITTTR, Bhopal
12. Selected for participating in Prof Durganand Sinha Dissertation Award for best thesis at XXIV Annual Convention of the National Academy of Psychology (NAOP) India, and presented my doctoral work titled, “The Experience and Correlates of Authenticity” at IIFM, Bhopal (December 2014)

**Research Projects (Major Grants/Research Collaboration)**

- I. Innovation project of University of Delhi titled, “The Grass is not always Greener on the other side: A study on Male Marginalization and Victimization” Project Code VC-301 (Grant sanctioned 2.5 lakhs) in collaboration with Dr Sunil Verma (Deptt. Of Applied Psychology) and Mr Mukesh Burnwal (Deptt. of Hindi).

2. A cross-cultural research project which is a global survey being conducted across 65 countries on different issues like sexual morality, daily life touch, creativity, love, use of facebook by Agnieszka Sorokowska and Piotr Sorokowski of Institute of Psychology, University of Wroclaw, Poland; David Buss of University of Texas at Austin, Ilona Croy of University of Dresden, Germany; Dan Conroy-Beam and Kelly Asao of University of Texas at Austin, Maciej Karwowski of Academy of Special Education in Warsaw, Poland.
3. Received a grant of 1 lakh for a research project entitled “Understanding authenticity: Psychometric Validation of a tool of authenticity” for individual faculty member under R & D Programme of University of Delhi 2012-13

### **Awards and Distinctions:**

1. Selected (amongst top 5 doctoral works) for participating in Prof Durganand Sinha Dissertation Award for best thesis at XXIV Annual Convention of the National Academy of Psychology (NAOP) India, and presented my doctoral work titled, “The Experience and Correlates of Authenticity” at NITTTR and IIFM, Bhopal (December 2014)
2. Selected for I.C.S.S.R. sponsored ‘Centrally Administered Doctoral Fellowship (open category)’ for the year 2004-2005
3. University 2<sup>nd</sup> rank in B.A(Hons) Psychology ( University of Delhi )
4. University 1<sup>st</sup> rank in B.A. (Hons.) Psychology 2<sup>nd</sup> year (University of Delhi)
5. University 2<sup>nd</sup> rank in M.A. (Psychology) in the specialization area of Organizational Behavior.
6. Regional Topper at high school level, ICSE board (Gorakhpur)
7. Received University Post Graduate Scholarship during 2001-2003 from the University of Delhi.
8. Received Silver Jubilee Merit Scholarship for 2 years consecutively (1999-2001) in Daulat Ram College for securing positions in the University.
9. Received a number of prizes and certificates of merit in school and college

### **Other Activities**

Member of National Aptitude Test development Committee of the CBSE for developing an aptitude test at the national level, under the chairmanship of Prof Anand Prakash, University of Delhi

Member, NAOP (Membership number 20120087)