


Title	Dr.	First Name	SUNIL	Last Name	VERMA	Photograph
Designation	Assistant Professor					
Address (Campus)	Department of Applied Psychology, Vivekananda College, University of Delhi					
(Residence)	1203 Charms Castle Society, Rajnagar Extension Ghaziaad, 201017					
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Email	Verma.sunil77@gmail.com					
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Educational Qualifications	D.Phil in Psychology					
Degree	Institution			Year		
D.Phil	University of Allahabad			2009		
M.A.	Gorakhpur University			1997-99		
Career Profile						
Designation				Duration		
Asst. Professor				3-8-2009		
Administrative Assignments						
<p>I have been teacher in charge of the department in the college during 2012-2014. Being TIC, I was a member of a number of committees such as Purchase, Academic Development committee, Admission Committee, Library committee. Besides this I was served as an Union advisor from 2011 to 2014 and worked as APIO, ObC observer and convener of Medical committee . Beside this I was worked in different committees prize, Sport, Garden and NACC committee, Ethical clearance, Journal Pulication, etc.</p>						
Subjects Taught						
<p>I have been teaching various courses at the undergraduate level such as general psychology, research methods & statistics, , consumer psychology, social psychology, Developmental Psychology, youth psychology, Peace Psychology and practical work related to these courses</p>						
Research Guidance:						
<ol style="list-style-type: none"> 1. Sweta Smita Dash, Topic: Cognitive and Emotional Facets of Ambivalence in Interpersonal Relationship 2014 (Awarded) 2. Divya Bhanot, Topic: Psycho-Social Disposition of Stigma in Reference to Socio-Political Empowerment 2014 (Submitted) 3. 3. Soorya Sunil, Topic: Moral Socialization, Religion and Identity: A study of children within the Indian Family context 2015 (Awarded) 4. Saurabh Raj, Topic: Understanding The Suicidal Pattern: An Exploratory Study From 						

Publications profile:

❖ **Journal:**

1. Bhanot, D. & **Verma, S.K.** (2022). The Development and Initial Validation of the Multidimensional Socio Political Empowerment (SPE) scale For Indian Stigmatized Group. *Current Psychology*
2. *Mittal, S; Singh T, & Verma S.K. (2021). Exploring the trauma of acid attack victims: a qualitative enquiry. Women's Studies International Forum Vol.88(page.no 1-8) (IF-1.497)*
3. Gunjan,S. & Verma,S.K.(2021). Role of Cultural capital and Cultural reproduction on **Youth's Development in India: A Generational Perspective in Anthropology & Aging, 42(2): 137-149**
4. Raj,S. Ghosh,D.. Singh,T, Verma,S.K & Arya,Y.K. (2021). Theoretical Mapping of Suicidal Risk Factors During the COVID-19 Pandemic: A Mini-Review. *Frontiers in Psychiatry* 11 pp1-7 (IF-4.157)
5. *Bhanot,D. Singh,T. Verma,S.K. & Sharad,S.(2021). "Stigma and Discrimination during Covid-19 Pandemic in Frontiers in Public Health Vol.8, PPI-11(IF-3.709)*
6. Mittal S, Singh T, **Verma S.K** (2021). "The influence of social support in the rehabilitation of acid attack victims: A qualitative inquiry" in *Journal of Community and Applied Social Psychology*,31(2) pp228-240.(IF2.36)
7. *Pant,V. & Verma, S.K.(2021) A Comparative Study of Pattern of Stress and Intelligence among Children Living with Family and in Orphanage" in Indian Academy of Applied Psychology 46(2):221-231*
8. Raj,S. Ghosh,D. **Verma,S.K.** Singh,T (2020). "The Mindfulness Trajectories of Addressing Suicidal Behaviour: A Systematic Review" in *International Journal of Social Psychiatry*. Vol.67(5),pp 507-519 (IF 2.625)
9. *Mittal, S; Singh T, & Verma S.K. (2020). Role of Psychological Makeup in Psychological Rehabilitation of Acid Attack Victims. Journal of Interpersonal Violence 36(2):1-17 (IF 6.14)*
10. Bhanot, D. & **Verma,S.K.** (2020). "Lived Experiences of the Indian Stigmatized Group in reference to Socio-Political Empowerment: A Phenomenological Approach" in *The Qualitative Report, Volume 25, Number 6, Article 1, 1414-1435*

11. **Verma, S.K;** Satayanarayana, A & Singh, T (2019). "Experience of Well-being: A Cross Generational Study in India" in *Journal of Family Studies*. doi.org/10.1080/13229400.2019.1674181
12. Bhanot, D. & **Verma,S.K.** (2019).Fiona Kate Barlow and Chris G. Sibley (eds.): The Cambridge Handbook of the Psychology of Prejudice (Concise Student Edition) in *Psychological Studies*, DOI 10.1007/s12646-019-00515-0 (Book Review) (IF .72)
13. Sunil,S. & **Verma S.K.**(2019) "Development and Initial Validation of Perceived Moral Socialization Scale (PMSS) in *Psychological Studies*. DOI:10.1007/s12646-019-00509-y (IF .72)
14. Dash,S.S. & **Verma S.K.**(2019).[Researcher's Journey in exploring ambivalence among closed ties: Addressing obstacles experienced.](#) in *International Journal of Social Science Review*, 7(6), 1135-1140 (UGC List No. 41948)
15. Hupenda,G; Mahama,S, Mesurado, B; **Verma, S.K.** & Silvia Koller S.H (2019). Cultural variability and consistency in adolescents' emotional regulation and relationship with their parents: Data from Argentina, Ghana, India and Zambia. In *International journal of adolescence and youth*, 24,(3)pp333=350 DOI:10.1080/02673843.2018.1544083 (IF3.6)
16. Raj, S; Sachdeva, S; Jha, R; Sharad, S; Singh, T; Arya, A; **Verma, S.K.**(2018) "Effectiveness of Mindfulness Based Cognitive Behavior Therapy on Life Satisfaction, and Life Orientation of Adolescents with Depression and Suicidal Ideation" in *Asian Journal Psychiatry* (39),58-62. (IF 3.54)
17. **Verma, S.K;** & **Bharti, P.** & **Singh,T.**(2018) "Does Stigma Always Have Negative Consequences? In *Journal of Community & Applied Social Psychology*, 28(6)495–507[Doi.org/10.1002/casp.2382](https://doi.org/10.1002/casp.2382). (IF2.36)
18. Sunil, S & **Verma S.K.**(2018)"Moral Socialization: The Role of Parents" in *International Journal of Social Science Review*, 6(1), 165-170. (UGC List No. 41948)
19. Sunil, S & **Verma S.K.**(2018)" Moral Identity and Its Links To Ethical Ideology and Civic Engagement in *Human Values*, Sage, 24(2): [Doi.org/10.1177/0971685818754547](https://doi.org/10.1177/0971685818754547) (IF.51)
20. Dash,S.S. & **Verma S.K.**(2017)" A Psycho-Social Study on the Role of Parenting and Emotional regulation on Intergenerational support : An Youth Perspective" in *Indian*

Journal of Positive Psychology December 8(4), 591-597.

21. Mittal S, Singh T, **Verma S.K.** (2017) Young Adults' Attitudes towards Rape and Rape Victims: Effects of Gender and Social Category. *J Psychol Clin Psychiatry* 7(4): 00447. DOI: 10.15406/jpcpy.2017.07.00447
22. **Verma, S.K.** & Satayanarayana, A. (2013). Process of Intergenerational Ambivalence: A Qualitative Enquiry" in *Journal of Marriage, Family & Review*, 49, 1-17. (IF 2.6)
23. **Verma, S.K.** & Satayanarayana, A. (2012). "Pattern of intergenerational Relations in Indian family" in *Indian Journal of Gerontology*, Vol. 26, No. 3, pp. 367-385
24. **Verma, S.K.**; Sachdeva, S; & Pandey, V. (2012) .Suicide among Sikkim's Youth: An Exploration Shoryabhumi, An *International Multilingual Research Journal for Language, Social Science and Commerce* Vol.1(1).
25. Pandey, V; Mishra, S. & **Verma. S.K.**; (2012) Social Knowledge, Its Meaning and Scope: The Social Psychological Perspective *International Journal of Business, Management and Social Sciences*, Vol. 2(1). ISSN : 2249-7463
26. **Verma, S.K.** (2012). Dimensilized Well-being as Construct in Intergenerational relations Research. *India Journal of Social Science Research*, V ol. 9. No. 2, , pp. 85-97 (UGC list 43775)
27. **Verma, S.K.**; Shukla, A. & Bharti, P. (2011). Indian Eunuchs: An efficient Emotional labor in *Journal of Eastern Anthropologist* 64(2):251-261 CL
28. **Verma, S.k.** (2009). "Subjective Experiences of Abuse and Neglect among Eastern U.P. Elderly: A Narrative Approach" *India Journal of Social Science Research*, Vol.6 No. 1, March. (UGC list 43775) ISSN: 9749837
29. Magh Mela Team (2007) "Living the Magh Mela at Prayag: Collective identity, collective experience and the impact of Participation in a Mass Event" *Psychological studies*, vol.52, No.4, 293-301. (IF .72)
30. Magh Mela Team (2007) " "Revisiting Research practice in India" *Psychological studies*, vol.52, No.4, 302-310. (IF .72)
31. Magh Mela Team (2007) " "Experiencing the Magh Mela at Prayag: Crowds, Categories and Social Relations" *Psychological studies*, vol.52, No.4, 311-319. (IF .72)

32. Chandriah,K, **Verma, S.K.** & Satanarayana, A (2009)“ *Mental Health, Occupational stress among IT Professionals*” *In Indian Journal of Social Development.*
33. **Verma, S.K.** (2008).“*Working and Non- working Rural and Urban Elderly: Subjective Well-Being and Quality of Life*” *Indian Journal of Gerontology*, Vol. 22, No.1. care list
34. **Verma, S.K.** & Satanarayana, A. (2007).“*Influencing Factors of Intergenerational Relations in Indian Family: A Narrative Approach*” *Journal of Research & Development*, Vol.13 no.1 Help- Age India.
- **Book Chapter:**
1. Ghosh,D; Raj,S; Singh,T; **Verma S.K**; Arya, Y.K.(in Press). Implementing Mindfulness Based Cognitive Therapy on Dynamics of Suicidal Behavior: Understanding the Efficacy and Challenges in Colin R. Martin; Victor R. Reedy,P; Vinood B. Patel (Ed.) *Handbook of Cognitive Behavioral Therapy by Disorder.* Elsevier London
 2. Ghosh,D; Bhattacharya, S. Raj,S; Singh,T; **Verma S.K**; Arya, Y.K.(in Press). Application of mindfulness based cognitive therapy on suicidal behavior: A case study in Colin R. Martin; Victor R. Reedy,P; Vinood B. Patel (Ed.) *Handbook of Cognitive Behavioral Therapy by Disorder.* Elsevier London
 3. Mittal,S; Singh,T & **Verma,S.K.**(in Press) Exclusion of Acid Attack Victims and Inclusion as a Countermeasure in Tiwari, D. N. (Ed.) (2022). *Towards inclusive societies.* New Delhi: Routledge India Press.
 4. Bhanot, D & **Verma,S.K.**(in Press) Predictors of Socio-political Empowerment: A Stepwise Multiple Regression Analysis in Tiwari, D. N. (Ed.) (2022). *Towards inclusive societies.* New Delhi: Routledge India Press.
 5. **Verma, S.K.** & Bharti, P. (2017). *Values Beyond Boundary: A Theoretical Analysis.* In Aradhna Shukla and Anbhuti Dubey (ed.) *Mental Health A Psycho-Social Perspective,* Concept.
 6. **Verma, S. K.** & Satanarayana, A. (2016). “*Younger Generation Experiences: An Intergenerational Relational Perspective*” *In Vinod Chandra (Ed.) construction and Reconstruction of Indian Youth, Rapid Books.*
 7. **Verma,S K.**; Sachdeva, S; & Sundas, B. (2014). *Culture, Social Process and Suicide: a Qualitative Enquiry.* *In Urmi Nanda Vishwash (Ed.) Social Psychology of Health. Concept.*

8. **Verma, S.K.** & Satyanarayana, A. (2012). Intergenerational Relations in rural family: A case Study of Reotipur Villegge” In *B.R. Chauhan & A. Satyanarayana (ed.) Rural Life: Events and Dimensions*. Rawat Publication.
 9. **Verma, S K.** & Upadhyay, I. (2010) “*Education and Indian Society: A Gender Oriented Perspective*” In *Babita Agrawal (ed.) Education and Society*. ABC Publication.
- **Book: Verma, S.K.** & Satnarayana (2018). “Family Dynamics and Intergenerational Relations: Psycho-Social Analysis. *Concept, India*: ISBN: ISBN 93-86682-45-1

Conference organization/Presentations (in the last three years):

1. 1.Socialization practices and its effect on social responsibility in emerging adult a psycho-social analysis XXVIII annual conference of 2018 and international conference towards building inclusive society organized by Ramanujan College University of Delhi.
2. Effect of ambivalence in adult close relationship structure in contemporary society in in XXVIII annual conference of 2018 and international conference towards building inclusive society organized by Ramanujan College University of Delhi
3. Impact of perceived stigmatization on identity and health of physically disabled person UGC national seminar on Psychology of National integration organized by SPM College University of Delhi.
4. 4 Measuring selective experiences during course of intergenerational interaction development and initial validation of scale XXIX annual conference of 2018 and International conference making psychology deliverable to the society organized by Pondicherry University.
5. Exploring predictors of Socio Political empowerment among Indian caste margin in in XXX annual conference of 2021 and international conference organized by IIT Kanpur.
6. Exploring the socio cultural milieu in determining suicidal pattern: A participatory approach in in XXX annual conference of 2021 and international conference organized by IIT Kanpur.

Research Projects (Major Grants/Research Collaboration)

- A major research Project “A Psycho-Social study on Intergenerational relations in Interdependent Society”, funded by ICSSR India (Completed)
 - Innovation Project Rs. 350000/ Granted by University of Delhi on A Gross is Not Greener on other Side: A Study of Male Marginalization and Victimization.
 - **Research Collaboration:**
1. Member of an Indo- British Research team working on “*Identity and Collective*

Experience”.

2. Indian collaborator of a “*Cross-Cultural Study of Women Postgraduate Identity*”, conducted in India, West Indies, Uganda, Tanzania, Kenya, Nigeria, the Democratic Republic of the Congo, Canada and the United States.
3. Indian collaborator of a “*Students Reflexive Conceptions on Cultural Peculiarities of Russia, India & USA: A Cross-Cultural Approach*” With Anatoly Khromov, Kurgan State University Russia.
4. Indian collaborator of a ‘A comparative study on attachment, parenting and emotional regulation in adolescents in Zambia, Ghana, India and Argentina’ with **Hapunda, Given;** University of Zambia/Tilburg, University Neatherland, **Mahama Sheriffa;** Friedrich-Schiller University, Germany; **Sunil K. Verma,** Vivekananda College, University of Delhi India; **Mesurado, Belén;** ; National Council of Scientific and Technological Research (CONICET) - Interdisciplinary Center of Mathematical and Experimental Psychology Research, Argentina.

Awards and Distinctions:

1. Short term fellowship from ICSSR.
2. UGC Fellowship
3. € 500 funding received from IUPS to participate in ICP 2008 Berlin, Germany
4. \$ 1000 received ARTS funding to participate in ICAP 2010 Melbourne, Australia
5. Selected Emergent Psychologist by IUPS in ICP 2012 Cape-Town South Africa
6. ICP Early carrier Travel Grant. 2018

Other Activities