

VIVEKANANDA COLLEGE (UNIVERSITY OF DELHI), VIVEK VIHAR, DELHI-110095

विवेकानन्द महाविद्यालय (दिल्ली विश्वविद्यालय), विवेक विहार, दिल्ली – ११००९५

ODD SEMESTER 2025-26

TEACHER'S NAME: Prof. Vanita Sondhi

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY	DSC-2P-VS61	DSC-19TH-VS66	DSC-2TH-VS61		BREAK				
TUESDAY		DSC-2TH-VS61	DSC-19TH-VS66						
WEDNESDAY			ECA			DSC-2TH-VS61	DSC-19P-VS66	DSC-2P-VS61	
THURSDAY				DSC-19P VS 66				DSC-19TH-VS66	
FRIDAY	VAC-P-VS61	VAC-P-VS61	DSC2-P-VS61						
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	14								

SEM

Name of Paper

TH

P

T

I

DSC-2:Applied Social Psychology

3

4

I

VAC: Emotional Intelligence

2

VII

DSC-19:Understanding Qualitative, Mixed Methods, ar 3

2

2

Total

6

8

Principal

Convenor, Timetable Committee

Signature of Teacher

Signature of Teacher-in-Charge

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ODD SEMESTER 2025-26

TEACHER'S NAME: Prof. Salma Seth

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY	DSC-1P-SS68	DSC-1TH-SS61	DSE-P-SS67		BREAK				
TUESDAY	DSC-1TH-SS61		DSE-TH-SS67	DSC-1P-SS61					
WEDNESDAY			ECA	DSC-1TH-SS61			DSC-1P-SS61	DSC-1P-SS68	
THURSDAY			DSE-TH-SS67	GE-P-SS63					
FRIDAY						DSE-TH-SS67	DSE-P-SS67	GE-P-SS63	
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	14								

SEM

Name of Paper

TH

P

T

I

DSC-1:Basic Processes in Psychology

3

4

III

GE: Foundations of Developmental Psychology

2

V

DSE:Disorders of Childhood and Adolescence

3

2

Total

6

8

0

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Arpana Beniwal

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY	DSC-14TH-AB67	DSC-14P-AB67	DSE-TH-AB66		BREAK				
TUESDAY				DSC-14TH-AB 67		VAC-TH-BKB68		DSC-14P-AB67	
WEDNESDAY		DSE-TH-AB66	ECA	DSC-14P-AB67					
THURSDAY						DSC-14P-AB67	DSC-3P-AB68	DSC-14TH-AB67	
FRIDAY	VAC-P-AB68	VAC-P-AB68	DSC3-P-AB68						
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	14								

SEM	Name of Paper	TH	P	T
I	DSC-3:Psychology of Health and Well-Being		2	
I	VAC: The Art of Being Happy	1	2	
V	DSC14:Understanding Mental Disorders	3	4	
VII	DSE:Essential therapeutic Skills	2		
	Total	6	8	0

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Shivantika Sharad

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY	DSC-7TH-SHIV64	DSC-7P-SHIV64		GE-P-SHIV67	BREAK				
TUESDAY	DSC-15TH-SHIV67		DSC-7P-SHIV64,8T-DS63	DSC-7TH-SHIV64					
WEDNESDAY	DSC-15TH-SHIV67	GE-P-SHIV67							
THURSDAY						DSC-7P-SHIV64	DSE-P-SHIV66	DSC-7TH-SHIV64	
FRIDAY						DSE-TH-SHIV66	DSC-7P-SHIV64	DSE-P-SHIV66	
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	14								

SEM	Name of Paper	TH	P	T
III	DSC-7:Psychology of Positive Living	3	4	
V	DSC-15:Systems & Theories in Psychology	2		
V	GE: Foundations of Developmental Psychology		2	
VII	DSE:Essential therapeutic Skills	1	2	
	Total	6	8	0

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Sunil K. Verma

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY			DSE-TH-SV68	DSE-TH-SV66	BREAK	SEC-TH-SV67			
TUESDAY	DSE-TH-SV66		DSE-TH-SV68	DSE-P-SV66					
WEDNESDAY			ECA				DSC-19P-SV63	DSE-TH-SV66	
THURSDAY		SEC-P-SV67	DSE-TH-SV68	DSC 19 P-SV61					
FRIDAY				DSE-P-SV66		DSE-TH-SV68	DSE-P-SV68		
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	14								

SEM	Name of Paper	TH	P	T
V	DSE:Psychology of Relationships	3	2	
V	SEC-Participatory Learning and Action	1		1
VII	DSC-19:Understanding Qualitative, Mixed Methods, ar		2	
VII	DSE:Applied Geropsychology	3	2	
	Total	7	7	0

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Sujit Ram Tripathi

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY				GE-P-SRT64	BREAK		SEC-P-SRT67	DSC-9P-SRT64	
TUESDAY						GE-TH-SRT67	VAC-P-SRT63	DSC-9P-SRT64	
WEDNESDAY	DSC-9TH-SRT64	GE-P-SRT64	ECA	DSC-9P-SRT64					
THURSDAY			DSC-9TH-SRT64	GE-TH-SRT67		DSC-9P-SRT63			
FRIDAY	VAC-TH-SRT64	VAC-P-SRT64	GE -TH-SRT67	DSC-9P-SRT64					
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	16								

SEM	Name of Paper	TH	P
III	DSC-9:Basic Statistics in Psychology	3	4
III	VAC: The Art of Being Happy	1	2
V	GE: Foundations of Developmental Psychology	3	2
V	SEC-Participatory Learning and Action		1
	Total	7	9

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Deepa Sharma

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY				GE-P-DS68	BREAK	SEC-TH-DS64	SEC-P-DS64	DSC-8T-DS63	
TUESDAY	DSE-TH-DS63	DSC-13TH-DS67	DSC-8T-DS63						
WEDNESDAY		GE-P-DS68	ECA	DSC-13P-DS68		DSC-8TH-DS64			
THURSDAY		SEC-P-DS64		DSE-TH-DS 62		DSC-13P-DS68			
FRIDAY		DSC-13TH-DS67	DSC-8TH-DS64			DSC-8TH-DS64			
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	16								

SEM

Name of Paper

TH

P

T

III	DSC-8:Biopsychology	3		
III	DSE:Youth Psychology	2		
III	SEC:Life Skills Education	1	2	
V	DSC-13:Essentials of Organizational Psychology	2	2	
V	GE: Foundations of Developmental Psychology		2	
	Total	8	6	2

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ODD SEMESTER 2025-26

TEACHER'S NAME: Dr. Benkat K. Bharti

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY			GE-TH-BKB64		BREAK	SEC-TH-BKB61	SEC-P-BKB61	GE-T-BKB61	
TUESDAY						VAC-TH-BKB68		GE-T-BKB61	
WEDNESDAY		GE-TH-BKB61	ECA			DSC-15T-BKB67		GE-TH-BKB64	
THURSDAY		SEC-P-BKB61		GE-P-BKB64			DSC-15TH-BKB67		
FRIDAY				DSC-15T-BKB67			GE-T-BKB61	GE-P-BKB64	
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	16								

SEM

Name of Paper

TH

P

T

I	GE-1:Foundations of Psychology	3		
I	VAC: Emotional Intelligence	1		
I	SEC:Life Skills Education	1	2	
V	DSC-15:Systems & Theories in Psychology	1		2
V	GE: Foundations of Developmental Psychology	2	2	
	Total	8	4	4

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ODD SEMESTER 2025-26

TEACHER'S NAME: Ms.Himanshi Nagar

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY	GE-TH-HN66		DSE-TH-HN63	DSC-3TH-HN61	BREAK				
TUESDAY	GE-TH-HN64	GE-TH-HN66		DSC-3P-HN68					
WEDNESDAY			ECA			GE-TH-HN66	DSC-3P-HN68	DSE-P-HN63	
THURSDAY			GE-TH-HN66	GE-P-HN68		DSC-3TH-HN61	DSE-P-HN64		
FRIDAY		GE-TH-HN66		DSC-3TH-HN61				GE-P-HN68	
SATURDAY	_____	O	F	F		D	A	Y	_____
WORKLOAD:	16								

SEM	Name of Paper	TH	P
I	DSC-3:Psychology of Health and Well-Being	3	2
III	DSE:Youth Psychology	1	2
III	GE: Foundations of Developmental Psychology	1	2
VII	GE:Fundamentals of Sports Psychology	3	2
	Total	8	8

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ODD SEMESTER 2025-26

TEACHER'S NAME: Ms. Vandana

DEPARTMENT: APPLIED PSYCHOLOGY (H)

	I	II	III	IV		V	VI	VII	VIII
DAY	8:40 – 9:40	9:40 -10:40	10.40 – 11:40	11:40 – 12:40	12:40-1:00	1:00 – 2:00	2:00 – 3:00	3:00 – 4:00	4:00 – 5:00
MONDAY					BREAK	DSE-TH-VN66	DSE-P-VN66	GE-TH-VN66	
TUESDAY				DSC-14TH-VN67		VAC-TH-VN64	GE-TH-VN66		
WEDNESDAY	GE-TH-VN66		ECA	DSE-TH-VN66		DSC-13P-VN68			
THURSDAY	DSE-TH-VN66	DSE-P-VN66				GE-P-VN66			
FRIDAY	VAC-TH-VN63	VAC-P-VN63		DSC-13P-VN68			GE-P-VN66		
SATURDAY	—	O	F	F		D	A	Y	—
WORKLOAD:	16								

SEM	Name of Paper	TH	P	T
III	VAC: The Art of Being Happy	1	2	
V	DSC-13:Essentials of Organizational Psychology	1	2	
VII	DSE:Workplace Issues and Challenges	3	2	
VII	GE:Understanding Human Resources	3		2
	Total	8	6	2

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