

7.1.1 Annual Gender Sensitization Action Plan

The college is **ALL** girls college and focus is on gender empowerment:

Specific Committees created for this purpose. WDC focuses on empowerment and Internal Complaints committee looks into specific issues of sexual harassment. Various webinars and activities were conducted for Gender sensitization.

Mental health of women		
1. Counseling cell	Counselling services for students and Webinars are conducted	https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/How-to-Maintain-a-Balanced-Emotional-Health.pdf https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Psychological-First-Aid.pdf
2. Applied Psychology Deptt	MeHeal- Annual Mental Health Event	https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/MEHEAL-2020.pdf
3. NSS	Webinars on “Stress Management”, “Cancer Awareness”, Film screening on “Menstrual Hygiene Day”, etc.	https://vivekanandacollege.edu.in/wp-content/uploads/2021/12/extension-activities.pdf
Women centric Awareness programmes		
1. SOCDC	‘Project Shakti’ and members took an anti-dowry pledge.	https://vivekanandacollege.edu.in/wp-content/uploads/2021/12/Project-HUM.pdf
2. WDC	Student presentations, on great women thinkers; lectures on “Sexual Harassment at Workplace”, and “Women Empowerment”	https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/WDC-Webinars.pdf
3. IQAC	Conducted a series of four webinars on women empowerment namely 1. ‘Shaping the Future Women Leaders’ on 20 th April 2021 2. ‘Her Healthcare: Demystifying Women’s Health	https://vivekanandacollege.edu.in/wp-content/uploads/2021/12/Various-Webinars-1.pdf

	<p>and Hygiene’ on 11th May 2021</p> <p>3. ‘For Women in Academia: A Step Towards De-stressing the Academic Distress’ on 21st May 2021</p> <p>4. ‘Breaking the Gender Stereotypes’ on 28th May 2021</p>	
4. Political science Department	<p>Celebrated International Women’s Day’ as ‘APRAJITA’. Under APARAJITA the department organized 2 inter college competitions – Poster making competition and Poetry competition.</p>	<p>https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/APRAJITA.pdf</p>
5. Poster making competition by kalakriti	<p>Poster making competition by kalakriti on “Women Empowerment- My Identity My Choice” on 8th March 2021</p>	<p>https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/7.1.1.8.pdf</p>
6. Gandhi Study circle	<p>Webinar on “Mahatma Gandhi aur Mahila Sashaktikaran” on 16th April 2021</p>	<p>https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Mahatma-Gandhi-aur-Mahila-Sashaktikaran.pdf</p>
7. NSS	<p>Several webinars and activities were conducted on rights of women, elimination of violence against women, education of girl child, Women's empowerment, Eminent women of India, Menstrual Hygiene etc.</p>	<p>https://vivekanandacollege.edu.in/wp-content/uploads/2021/12/extension-activities.pdf</p>
8. Focus on women’s financial independence	<p>Webinars conducted by Commerce, Economics and political Science departments as well as SOCDC.</p>	<p>https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/How-to-do-well-in-GD-with-one-mock-GD.pdf</p> <p>https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Career-Opportunities-in-Economics.pdf</p>

		https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Pathways-to-Future.pdf https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Be-your-own-Lakshmi.pdf
9. Focus on Women's nutrition	Food technology department conducted Activities on "Create a Mid-Morning Snack for Kindergarten Child" and "Nutrition Report Card Programme"	https://vivekanandacollege.edu.in/wp-content/uploads/2022/01/Poshan-Maah-Celebrations-2020-Report.pdf
10. Curricular aspects enhance critical thinking regarding women's issues.		
Menstrual hygiene Sanitary napkin disposal and dispensers (automatic)		