



विवेकानन्द कॉलेज
VIVEKANANDA COLLEGE
 (दिल्ली विश्वविद्यालय)
 (UNIVERSITY OF DELHI)
 विवेक विहार, दिल्ली-110095
 VIVEK VIHAR, DELHI-110095
GRADE 'A' ACCREDITED By NAAC

VIVEKANANDA COLLEGE

UNIVERSITY OF DELHI

SUPPORTING DOCUMENTS FOR 7.1.1

S.No.	Proofs		Page No.	Link
1	Gender Equity	Women's day celebration	2-6	View Link
		Physical Health	7-15	View Link
		<ul style="list-style-type: none"> Women Empowerment. Economic independence Improving education opportunities Self Defense training programme Psychological health of women. International Girl Child Day celebration & pledge ceremonies. Improving career opportunities. Physical health. 	14-40	View Link View Link View Link View Link View Link View Link

2	Celebration of days of National / International commemoration	<ul style="list-style-type: none"> ▪ International Women's Day ▪ International Education Day ▪ Stop Violence Against Women ▪ Environment awareness Week ▪ World Mental Health Day ▪ National Unity Day: ▪ Vigilance Awareness Week ▪ World AIDS Days ▪ National Youth Day ▪ World Rivers Day ▪ Remembering Vivekananda: ▪ Netaji Subhash Chandra Bose Birth Anniversary ▪ National Voters's Day ▪ Road Safety and Awareness ▪ Vivekananda Birth Anniversary ▪ Martyrs day-23rd march ▪ World No Tobacco Day 31st May ▪ International Day Against Drug Abuse And Illicit Trafficking: ▪ Azadi ka Amrut Mahotsav celebrations 	41-70	View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link View Link
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7.1 Women Day Celebration:

RECEIPT

(32)

Date : 7/March/2017

A Cash of Rs. 600/- (Rupees six hundred)

Received from the Principal, Vivekananda College, Vivek Vihar,
Delhi-95) towards International Women's Day Singing competition
organized by Women's Development Cell (WDC) on 7th and 8th March, 2017.

iecd & Consumed
verified for payment
Sandhya Jain
20/08/18
convenor of WDC

Signature [Signature]

Name drooshe (BA (P) III yr)
M - 9711430862

Address 704 Kamadgiri
dpt - Kaushambi

RECEIPT

Date: 7/3/17A Cash of Rs. 400/- (Rupees Four hundred only)Received from the Principal, Vivekananda College, Vivek Vihar,
Delhi-95) towards International Women's Day organized
by WDC on 7th - 8th March 2017cd & consumed
utilized for paymentSandhya JainSandhya Jain
20/06/18
Convenor of WDCSignature SandhyaName Sakshi Gaur (B com (H)
M - 9953884602Address 67, Nemo

II yr)

Rajdhani Enclave

To
The Principal
Vivekananda College
University of Delhi
7.1.1

Sub: Request for sanction of expenditure for
International Women's Day celebration.

Respected Ma'am,

This is to inform you that the Dept of Political
Science is organising a full day event on Inter-
national Women's Day on 7th March 2019.

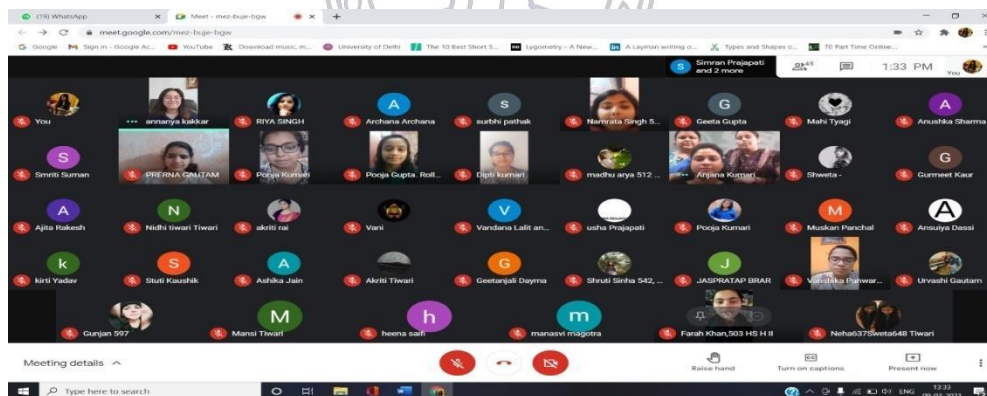
Kindly sanction Rs. 5000/- for the said
Event (details attached)

Yours Sincerely,

[Signature]
28/2/2019

[Signature]
Priya Kumari

The Department of Political Science, Vivekananda College used to celebrate International Women's Day as 'APARAJITA'. The celebration was organised on 9th of March 2021 on online platform. Under APARAJITA the department organized Two inter college competitions – Poster making competition, Poetry competition. Total 77 students registered themselves of the various competitions under this programme.



7.2 Physical Health:



⇒ Menstrual Hygiene and Cervical Cancer Awareness on 4/5/2020

⇒ https://drive.google.com/drive/folders/1NI_V77OP-92m58d_U4Dt6H6G3tAMEshk7usp=sharing

During the COVID times it is difficult to actually go out to the community and work with them. Thus, a Webinar was organized on the above topic. Dr. Neelam Lekhi, Sr. Consultant Radiologist, National Chairperson, IMA -Mission Pink Health and Delhi State Chairperson, IMA(Women Doctors Wing spoke on Menstrual Hygiene. Dr. Shama Batra, Sr. Consultant Obs. And Gynae, Medical Superintendent, Patel Hospital made us aware about Cervical Cancer. Ms. Vidhi Gupta Anand, Secretary, DLSA, Shahadra was our special guest who not only illuminated us about the activities of DLSA but also gave us very important information about related areas.



7.1.1.c

VIVEKANANDA COLLEGE
UNIVERSITY OF DELHI

SANITARY NAPKIN VENDING MACHINE

4 March 2020

In furtherance of Honourable Prime Minister Narendra Modi's vision of making educational institutions more friendly, Gautam Gambhir foundation installed 'Sanitary Pad Vending Machine'. These machines are free of cost, state-of-the-art and will be refilled by the foundation itself, on regular basis. The installation was attended by NSS Unit as well as students of Vivekananda College. Appox 40 students were present at that time. The procedure of 'How to use the machine' was shown and later on it was concluded by question answer found regarding the use and motive of the machine. With the help of Principal, NSS Unit and members of 'Gautam Gambhir Foundation' the Sanitary Pad Vending Machine was successfully installed in the college.

Sanitary Napkin destroying machine prog.

29/1/2020

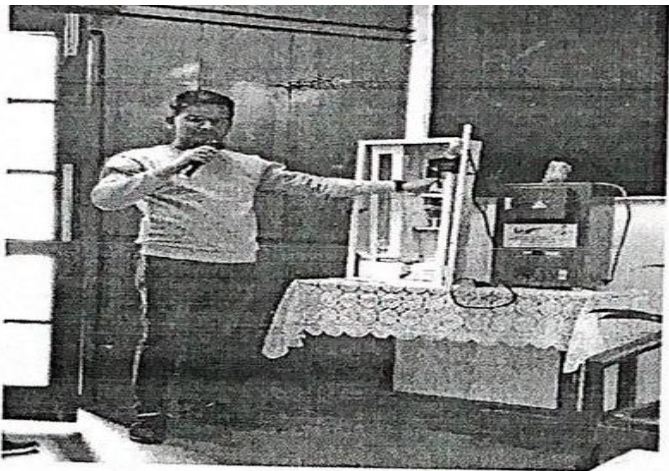
7.1.1.6

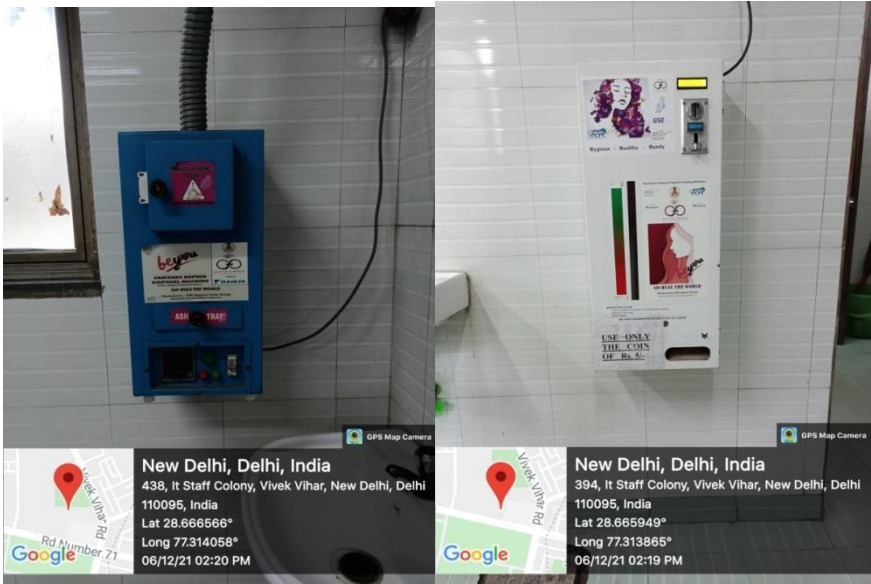
Name	Course	Roll NO.	Mobile No.	Sign...	
Mansi	History Honors, 3 rd	293	9818129354	Mansi	
Ruchi	"	300	935474424	Ruchi	
Neha	"	296	844895759	Neha	
Anjali	"	278	935460362	Anjali	
Anjali Rani	"	279	9999689813	Anjali	
Kanya Jain	"	289	7248673152	Kanya	
Akasha Pandey	"	277	8851841640	Akasha	
Tanya Tomar	"	308	8051940907	Tanya	
Madhvi	"	292	8851536229	Madhvi	
Anu	"	282	8851536229	Anu	
Aditi Pandey	History Honors, 1 st	487	7906679163	Aditi	
Anshika	"	493	9871907674	Anshika	
Simran Singh	"	540	8707534072	Simran	
Simran Saiji	"	543	7065993416	Simran	
Rachna	B.A (P)	105	8307071062	Rachna	
Amrita	B.A (P)	010	7042445821	Amrita	
Vaishali	B.A (P)	177	9315576767	Vaishali	
Preeti Tohro	B.A (P)	098	8700460233	Preeti	
Saloni Rana	B.A (P)	128	9582235773	Saloni Rana	
Monish Tyagi	B.A (P)	071	8802184308	Monish	
Rashmi	B.A (P)	110	7303195713	Rashmi	

Name	Course	Roll NO.	Mobile No.	Sign	7.1.1.6
Yamini	BA History (Hons) 1st Year	2019550	9313586717	Yamini	
Tannu	"	2019546	8287419125	Tannu	
Pooja Km.	"	2019530	8448862180	Pooja	
Madhu Anya	"	2019512	8923793232	Madhu	
Riya	"	2019534	8800648643	Riya	
Ananya	"	2019489	7982653622	Ananya	
Aarohi	"	2019485	9119016070	Aarohi	
Muskan	"	2019523	9572037191	Muskan	
Ritu Kumar	"	2019532	9354298045	Ritu	
Deepa	BA (Prog.) 1st Year	2018309/026	9650384482	Deepa	
Anuradha	"	2018789/012	8929683625	Anuradha	
Anchal	"	2018698/013	9718977939	Anchal	
Sheeta	"	2018842/152	906968225	Sheeta	
Ramni	"	021	9717324851	Ramni	
Ritu	"	115	8750305310	Ritu	
Riyanka	"	102	8750305310	Riyanka	
Anisha	"	171	9871180048	Anisha	
Nika	B.A (P)	045	9319147717	Nika	
Nisha	B.A (P)	063	9456677449	Nisha	
Nisha	B.A (P)	069	9718049369	Nisha	
Nisha	B.A (P)	0157	9650228162	Nisha	
Nisha	B.A (P)	159	7065857795	Nisha	
Nisha	B.A (P)	044	7398432905	Nisha	
Nisha	B.A (P)	109	9355711025	Nisha	

Name	Course	Roll NO.	Mobile No.	Signature	Sing.
Nisha	B.A(P)	086	8860011322	Nisha	7.1.1.b
Shahana	B.A.C.P)	135	8800620616	Shahana	
Shivani	BA (P)	144	83839386	Shivani	
Shipta	BA(P)	139	9643415877	Shipta	
Amrita	BA(P)	011	8929407924	Amrita	
Vanshika	BA(P)	181	8859501248	Vanshika	
Ruchika	BA(P)	121	9654703099	Ruchika	
Kanishka	BA(P)	052	8448708102	Kanishka	
Gulabam	BA (P)	035	9654795635	Gulabam	
Priyanka	BA(P)	102	7838209194	Priyanka	
Sneha Sharan	BA(P)	125	9870470160	Sneha	
Deepthi Yadav	"	035	8287260954	Deepthi	
Anshu Singh	"	102	8287456820	Anshu	
Neha Tyagi	BA (H) Iyer	488	8534941567	Neha Tyagi	

Name	Course	Roll NO.	Mobile No.	Signature	Sing.
Pooja Pandey	BA (P)	2018011094	9205018140	Pooja	7.1.1.b
Manish Kumar	BA (P)	2018870/038	9811219461	Manish	
Shivani	BA(P)	2018538/141	9899555256	Shivani	







4

where made to create awareness about the same and social media handles were also updated respectively. The contest was open to both phone and camera photographs, basic editing was also allowed. It was a creative event at which the participants got an opportunity to capture anything based on self reliant India. We received 14 entries from different colleges and amongst them three top entries for men were selected. E-Certificates were provided to all and merit certificates for the three rank holders.

NATIONAL UNIVERSITY OF MEDICAL SCIENCES
VIVEKANANDA COLLEGE
UNIVERSITY OF DELHI

2018

 **HJM** The Social Outreach and Community Development Committee
Vivekananda College, DU

 ACCESS TO JUSTICE FOR ALL

Social Outreach and Community Development committee, Vivekananda College and SHAHDARA DISTRICT LEGAL SERVICES AUTHORITY.

Presents



LIVE WEBINAR

MENSTRUAL HYGIENE

Dr. Neelam Lekhi, Sr. Consultant Radiologist,
National Chairperson, IMA (Mission Pink Health)
and Delhi State Chairperson, IMA (Women)


**CERVICAL
CANCER
Awareness**

Dr. Shama Batra, Sr. Consultant Obs. & Gynae. Medicine
Superintendent, PGI Hospital

DATE : Monday, 4th May 2020
LOG IN TIME : 3:30 pm
SESSION TIME : 4 pm to 5 pm

The National Service Scheme of Vivekananda College, Delhi University has organised a HEALTH TALK, on the Topic- Eradicate Smokeless Tobacco on 21th November 2021 at 5pm on Google Meet. Around 28 people were there to attend the webinar.



National Service Scheme
Vivekananda College
Organises
HEALTH TALK
Topic- Eradicate Smokeless Tobacco

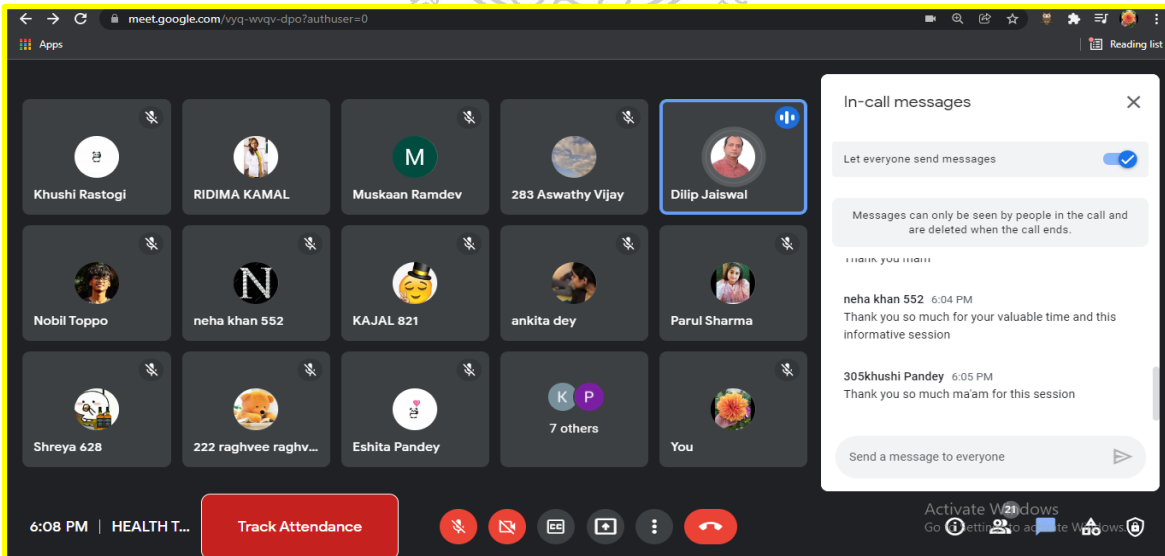
Dr.Ridima Kamal.
Dentist, Public Health professional, Social Activist and Writer.

Date-21.11.21
Time-5pm
Venue-Google meet

Registration link- <https://forms.gle/sFumQEzp6F52r6c69>

NSS Programme Officer
Dr.Sandhya Jain

Officiating Principal
Dr.Hina Nandrajog



meet.google.com/vyq-wvqv-dpo?authuser=0

Apps

Reading list

In-call messages

Let everyone send messages ☒

Messages can only be seen by people in the call and are deleted when the call ends.

Thank you so much

neha khan 552 6:04 PM
Thank you so much for your valuable time and this informative session

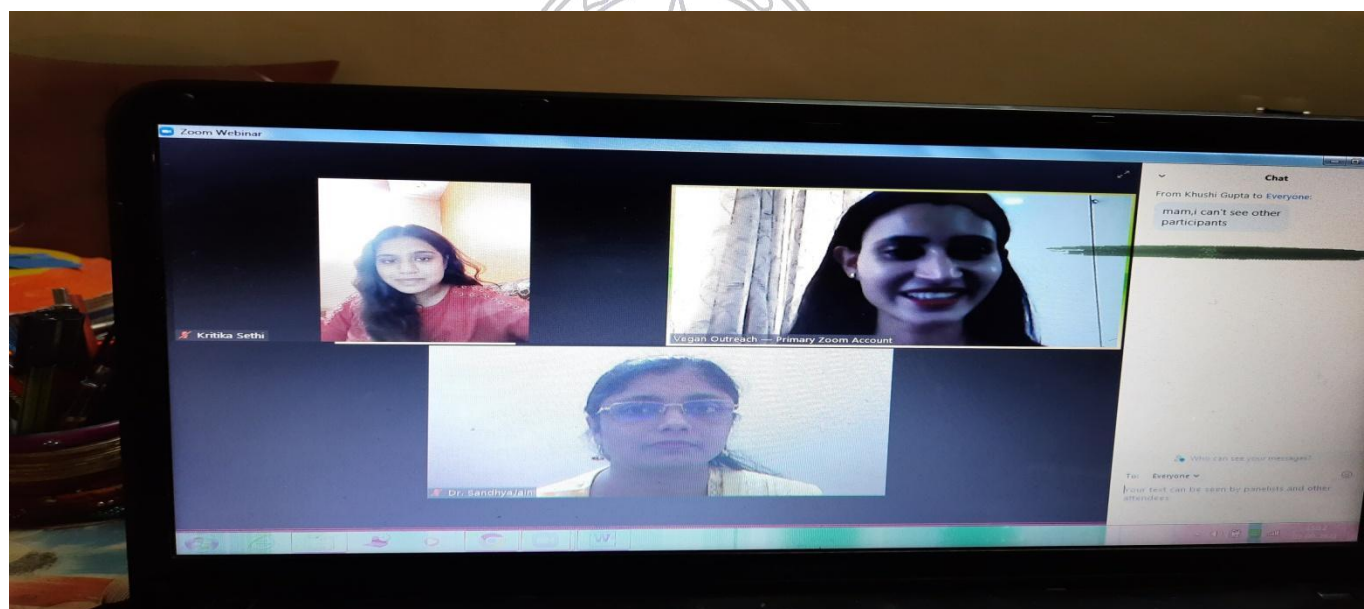
305khushi Pandey 6:05 PM
Thank you so much ma'am for this session

Send a message to everyone

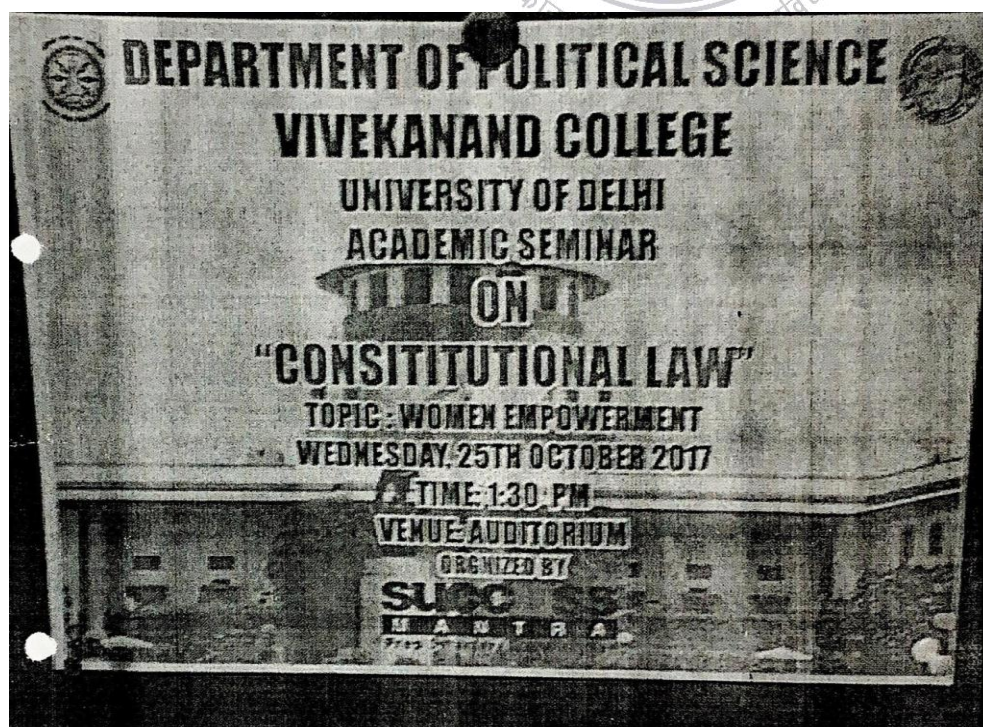
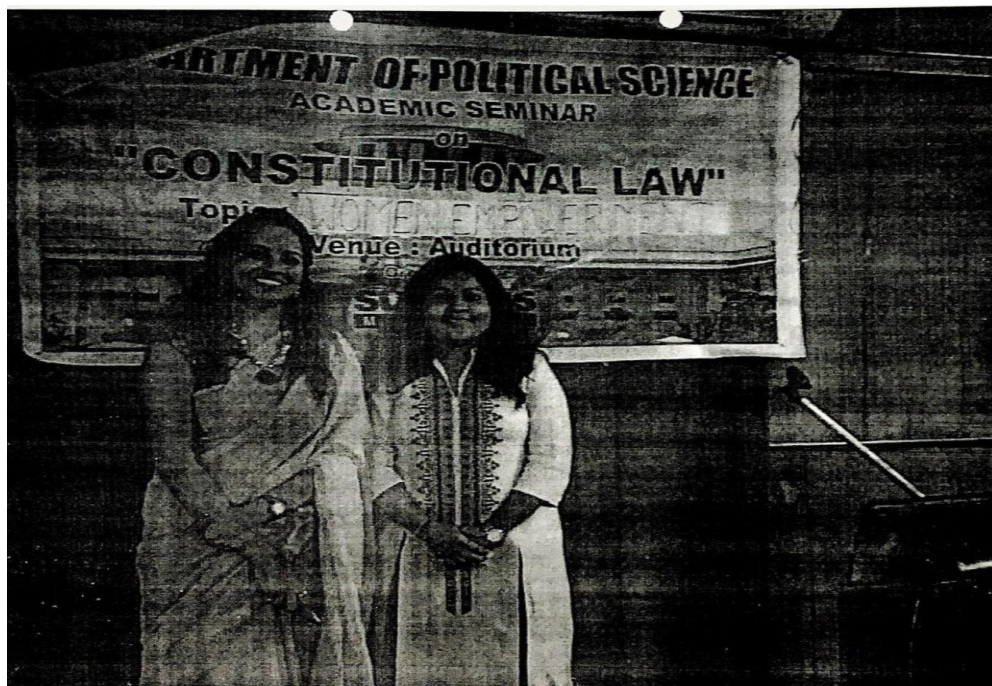
6:08 PM | HEALTH TALK | Track Attendance

Activate Windows
Go to Settings to activate Windows

A webinar on the topic "IMPACT OF FOOD CHOICES ON OUR HEALTH, OUR ENVIRONMENT AND ANIMALS" was organised by Social Outreach and Community Development Committee and NSS unit of Vivekananda College, University of Delhi in association with Vegan Outreach under the convenorship of Dr. Sandhya Jain, NSS Programme Officer and Convener-SOCDC via online platform zoom meet. 103 students including teachers participated in the webinar



7.3 Women Empowerment.





विवेकानन्द महाविद्यालय
VIVEKANANDA COLLEGE
(दिल्ली विश्वविद्यालय)
(University of Delhi)
विवेक विहार, दिल्ली - 110095
VIVEK VIHAR, DELHI - 110 095
E-mail: ylvac2008@gmail.com
Ph: 011-22150100, Telefax: 22164626
दूरभाष: 011-22150100, टेलिफैक्स: 22164626

Ref. No. VC/2017/ 1362

Date: 11.11.17

TO WHOMSOEVER IT MAY CONCERN
Letter of Appreciation

Ms. Vimal Sinha (Advocate), delivered a Lecture on "Awareness about Laws relating to Workplace Sexual Harassment". The lecture was informative and interesting and benefitted the students. We wish to express our appreciation to Ms. Vimal Sinha.

We look forward for such interaction in the future also.

Recd.
Ranchhya Jain

Ranchhya Jain
20/10/18
Convenor of WDC

(Dr. Hina Nandrajog)
Offg. Principal



RECEIPT

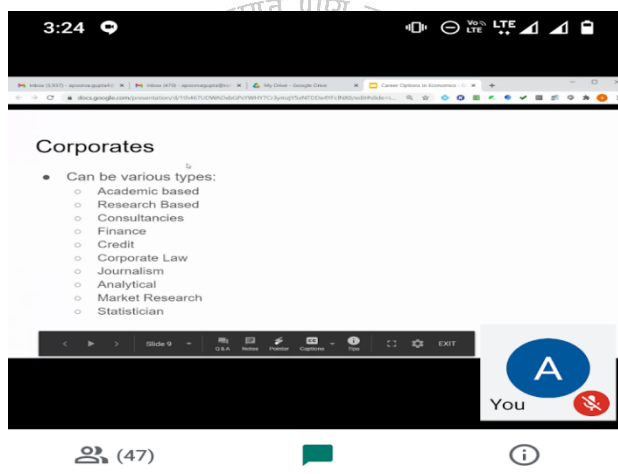
Received a sum of Rs. 2000/- (Rupees Two Thousand only) from the Principal, Vivekananda College, Vivek Vihar, Delhi-110095 for deliver a a lecture on "Awareness about laws relating to workshop^{place} sexual harassment" organized by "Women Development Centre (WDC)" of the College held on 09.11.2017 in Vivekananda College.

Signature: Vimal Sinha
Name: Ms Vimal Sinha
(M): 9213778773
Date: 09/11/2017

Ranchhya Jain
(Signature of TIC/ Convenor)

Ranchhya Jain
20/10/18
Convenor of WDC

Career Opportunities in Economics: Department of Economics had organized a webinar on “Career Opportunities in Economics” on 29th December, 2020 from 2:30 p.m. to 3:30 p.m. via virtual mode through Google meet. The link of the event was: <https://meet.google.com/ijf-qijz-yme>. The speaker of the event was Dr. Apoorva Gupta. She is currently working as an Assistant Professor, at Department of Economics, Ramjas College, University of Delhi.



Manya Pahwa 9 mins

Ma'am, to get into research, is a PhD degree required?

Sadhna Sharma 5 mins

Mam will it be a bit difficult for non eco students to crack entrance exam for masters in economics as compared to those of eco hons

ramsha ahmed 5 mins

Ma'am, can you explain the prospects of higher studies and career in economics in foreign countries?

satya Tiwari 1 min

What is blog

Manya Pahwa Now

Ma'am, on which platform do you write the blogs?

Send a message to everyone here

Be your own kakshmi: Be.artsy, India's premier social enterprise conducted a women-centric financial wellness webinar in association with VNC, "Be Your Own Lakshmi" for the students of Vivekananda College. Be Your Own Lakshmi (BYOL), shared insights with the women participants about the basics of financial concepts and how to manage their personal finances. The session helped to demystify concepts like inflation, compounding, investments, and savings. BYOL isn't merely about financial literacy for women, it's first about financial independence!

Be.artsy
AWARENESS
EXPERTS

SOCIAL OUTREACH AND COMMUNITY
DEVELOPMENT COMMITTEE
VIVEKANANDA COLLEGE
UNIVERSITY OF DELHI
PRESENTS

BE YOUR OWN LAKSHMI
AN ALL WOMEN FINANCIAL LITERACY
SESSION FOR TEACHERS AND STUDENTS
IN COLLABORATION WITH
BE.ARTSY

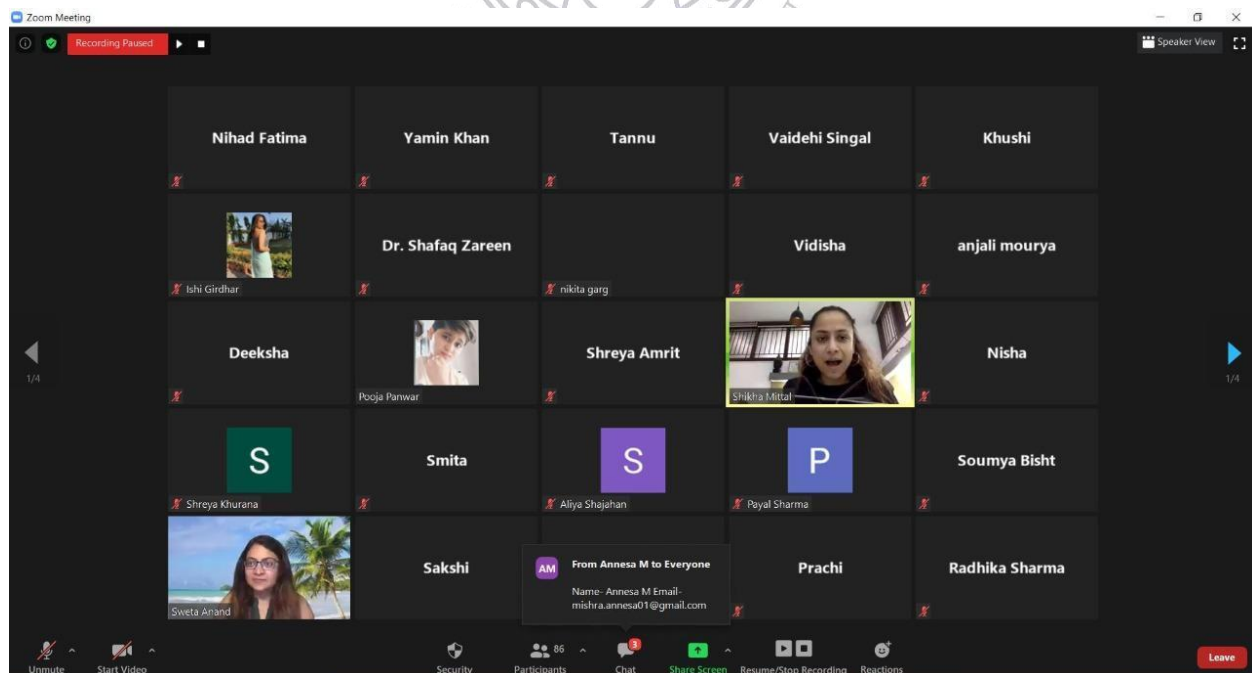
**VIA ZOOM
CALL
20 NOVEMBER
02:00 PM**

SHIKHA MITTAL
FOUNDER AND
DIRECTOR OF BEARTSY
(OFFICIAL FINANCIAL
AWARENESS
PARTNERS :NSE)

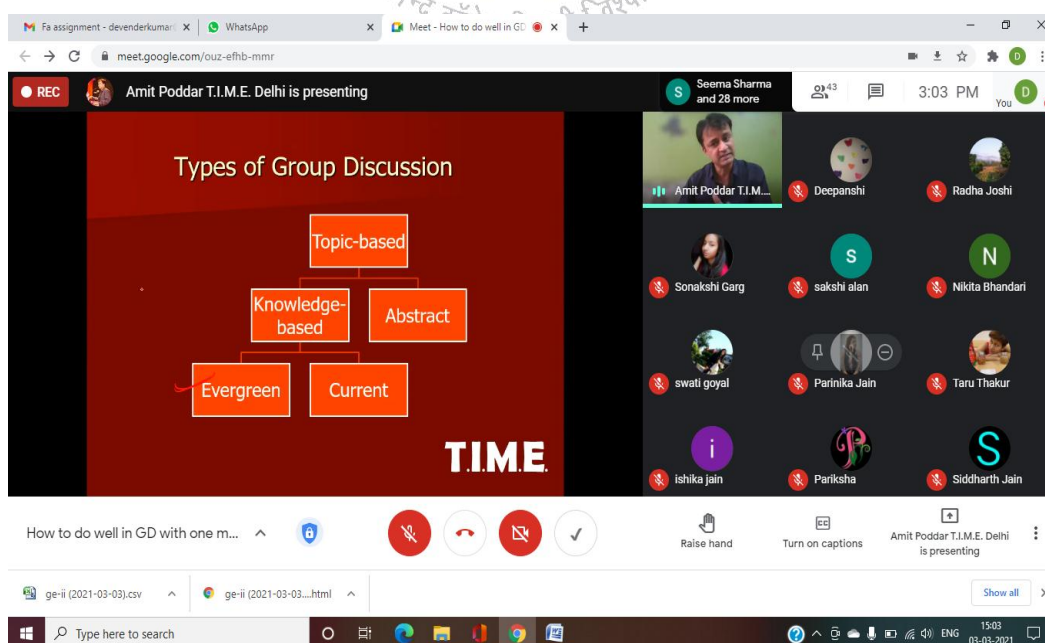
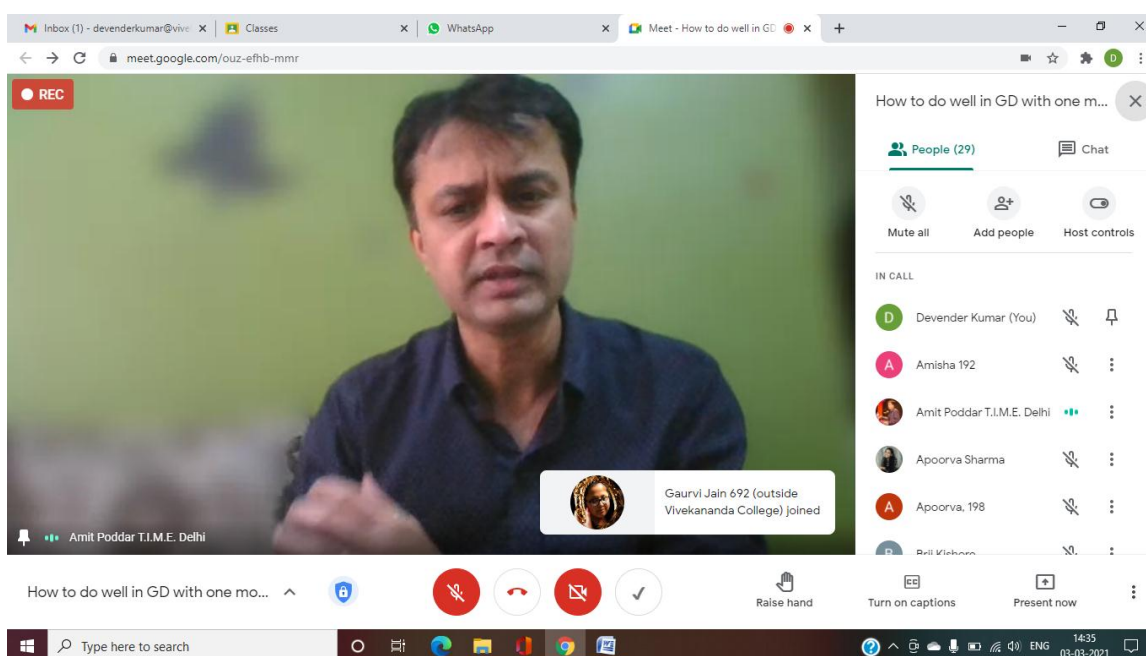
DR. HINA NANDRAJOG
OFFICIATING PRINCIPAL

DR. VANITA SONDHI
CONVENOR, SOCDC

**FOR MORE DETAILS, CONTACT : RASHMI (SC)- 9953655890
SADIYA (BEARTSY) - 8779696203**



How to do well in GD with one mock GD: A webinar was conducted for final year students on “Group Discussion” on 3rd March, 2021 to emphasise how to perform well in group discussions. The webinar was well drafted by Mr. Amit Poddar, Senior Regional Head, TIME with emphasis on how to share ideas and how to emphasize your viewpoints in a group discussion. The speaker conducted live group discussion with a group of students so that students can learn how they can put their perspectives in front of others. The session was very informative as it enhances the leadership skills, communication skills, social skills and behaviour, teamwork, listening ability, confidence, problem-solving skills among students. The webinar was attended by 38 students.



VIVEKANANDA COLLEGE, VIVEK VIHAR, DELHI – 110095

Date : - 04.10.2018

NOTICE

NSS is organizing a Self-Defence Programme in collaboration with Delhi Police under Shakti Abhiyan. Experienced women personnel will train the students. Interested students (other than NSS volunteers) can register for this programme.

Date - 9th, 10th, 11th October 2018
 Venue - Sports Ground
 Time - 9:00 am – 10:00 am
 Reporting Time - 8:30 am

8th October is the last date for registration.

For the registration contact:

Dr. Shahnaz Begum - 9899730241
 Dr. Meena Pandey - 9213967597
 Mr. Uday Singh Meena - 8510897004

Sandhya Jain
 Dr. Sandhya Jain
 NSS Assistance Committee

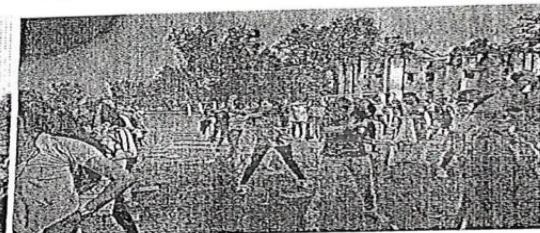
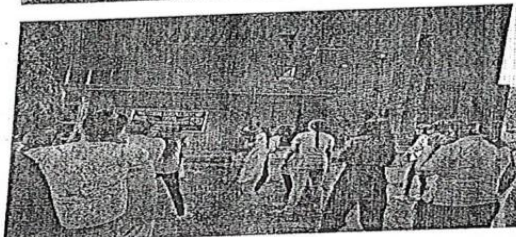
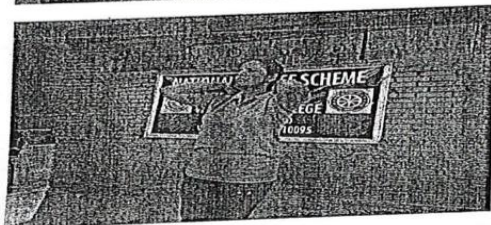
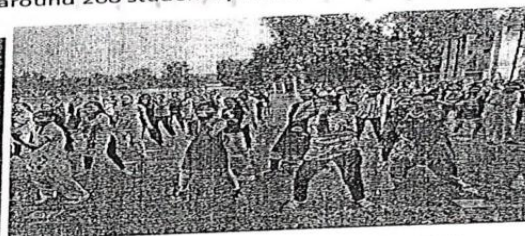
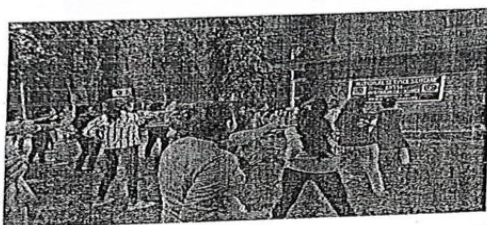
Hina Nandrajog
 Dr. Hina Nandrajog
 Offg. Principal



Vivekananda College

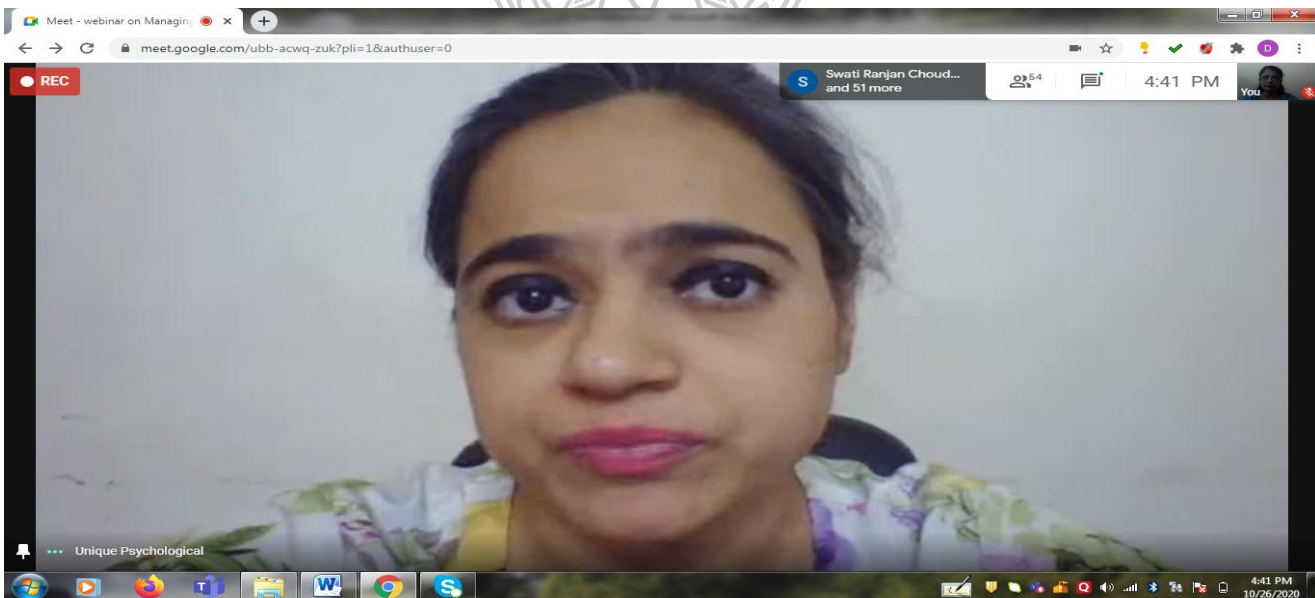
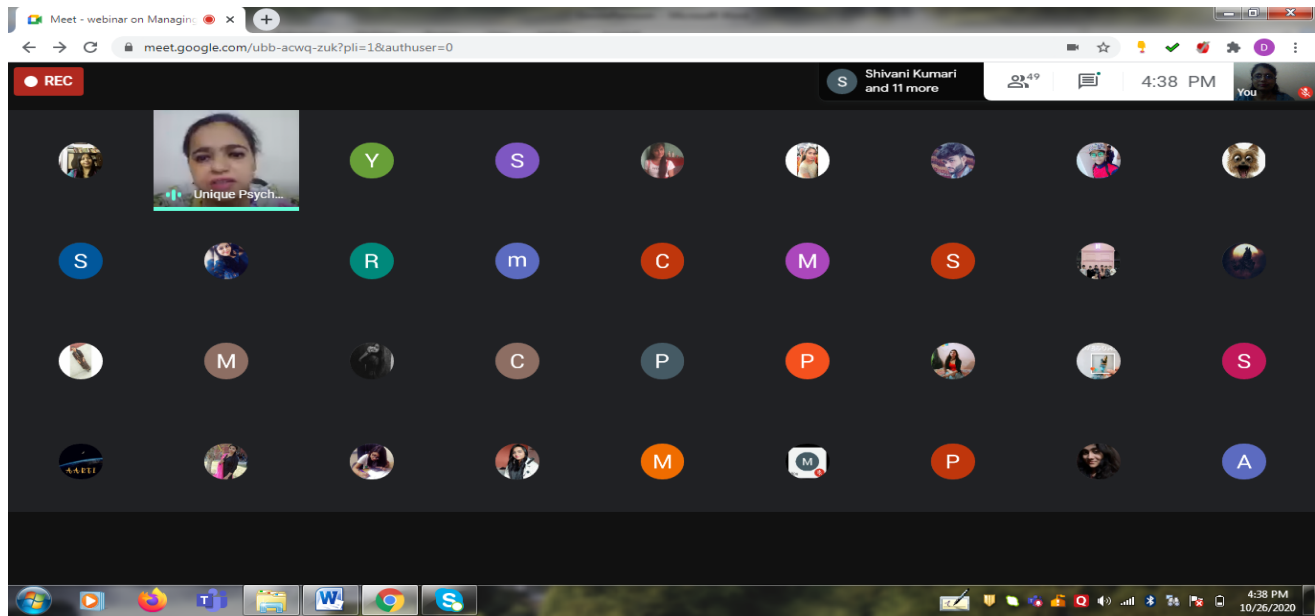
A Report on Self Defence program

Under Shakti Abhiyan, NSS organized a self-defence training programme in collaboration with Delhi Police from 9th-11th October 2018. In which around 200 students participated.



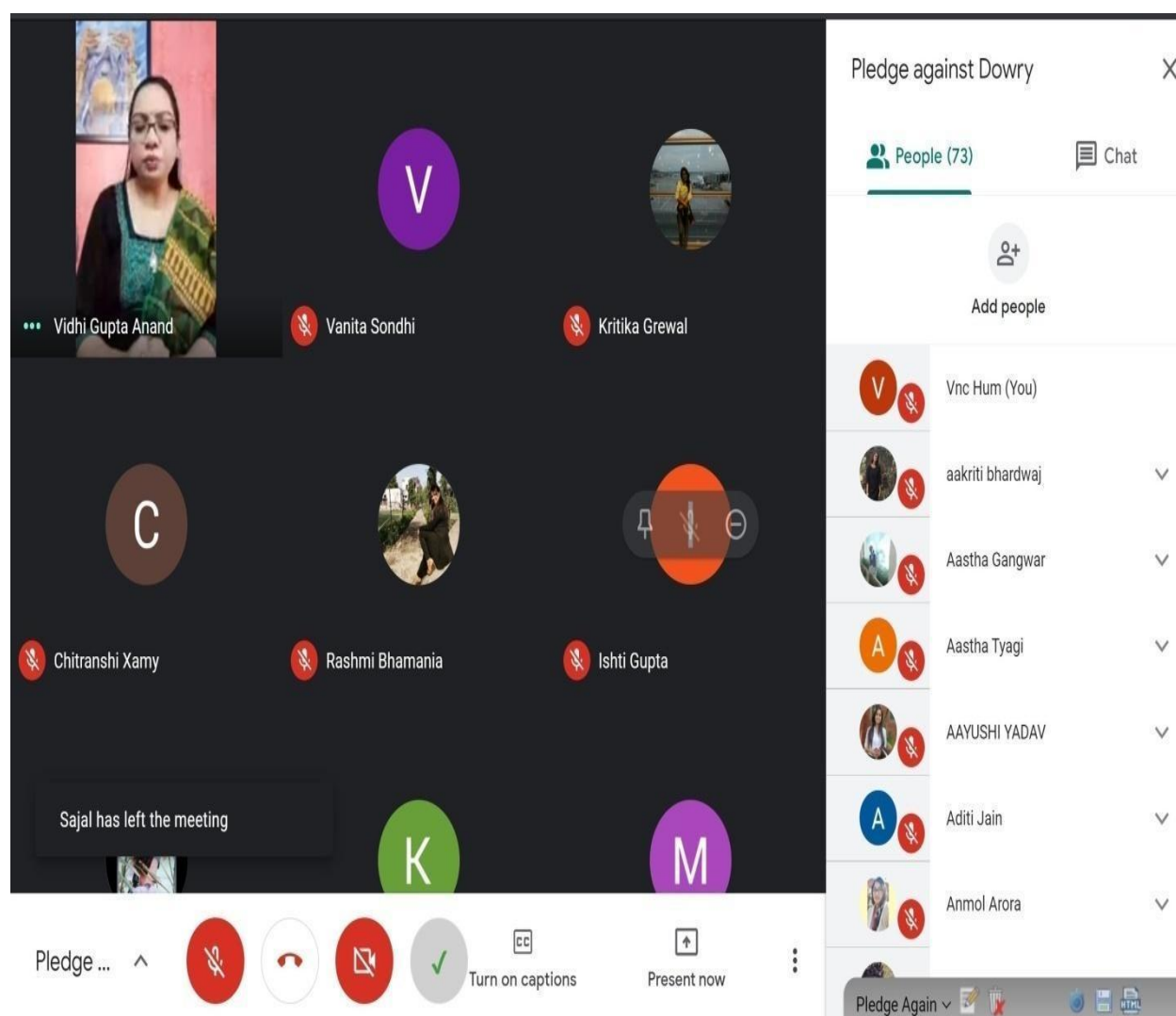
Swati

Webinar on Managing stress during tough times-dealing with online classes: NSS UNIT Vivekananda College University of Delhi organised a webinar on Managing stress during tough times-dealing with online classes. The webinar took place on 26th October 2020 at 4.30 PM on Google meets platform. Gagandeep Kaur, Director of unique psychological services was the speaker of the webinar. 63 participants were present in the webinar.



Project Shakti': (13th October, 2020 to 27th October, 2020: On this occasion of International Girl Child Day, Shahdara District Legal Services Authority (DLSA) in association with SODC (Vivekananda College) organized three day awareness-cum-activity program titled 'Project Shakti'.

S no.	Type of competition	Topic	Coordinators	Date
1	Slam Poetry	Fight for your rights	Dr. S. Verma (VNC) and Ms. Vidhi Gupta Anand (DLSA)	13 th October, 2020
2	Debate	Gender stereotypes	Dr. S. Verma and (VNC) Ms. Vidhi Gupta Anand (DLSA)	14 th October, 2020
3	Pledge Face painting	Voice of equality	Mr. Abhishek Bhaskar (VNC) and Ms. Vidhi Gupta Anand(DLSA)	27 th October 2020, (Results of face painting awaited)





प्रोजेक्ट शक्ति नामक तीन दिवसीय जागरूकता अभियान

नई दिल्ली (वीर अर्जुन) । :बालिका का अंतर्राष्ट्रीय दिवस संयुक्त राष्ट्र द्वारा घोषित एक अंतर्राष्ट्रीय पर्यवेक्षण दिवस है और हर साल दुनिया भर में मनाया जाता है। इस दिन का उद्देश्य लड़कियों के लिए अधिक अवसर पैदा करना और लड़कियों द्वारा सामना की गई लैंगिक असमानता के बारे में जागरूकता फैलाना है। यह असमानता, विशेष रूप से भारत में, शिक्षा तक पहुंच, पोषण, कानूनी अधिकार, चिकित्सा देखभाल और भेदभाव से सुरक्षा, महिलाओं के खिलाफ हिंसा और जबरन बाल विवाह जैसे क्षेत्रों में शामिल है। उपरोक्त के मद्देनजर, विवेकानंद महिला कॉलेज, विवेक विहार, दिल्ली के सहयोग से, अंतर्राष्ट्रीय बालिका दिवस डीएलएसए. शाहदरा के साथ , प्रोजेक्ट शक्ति नामक तीन दिवसीय जागरूकता-सह-गतिविधि कार्यक्रम का आयोजन किया गया जिसमें ऑनलाइन प्रतियोगिताओं की एक श्रृंखला दिल्ली के विवेकानंद महिला कॉलेज के छात्रों के लिए आयोजित किया गया, जिसमें फेस पेंटिंग प्रतियोगिता, कविता लेखन और वाद-विवाद प्रतियोगिता शामिल हैं। इस परियोजना का सबसे विशेष पहलू यह था कि प्रतियोगिताओं के अलावा



न्यायाधीश विधि गुप्ता आनन्द ।

छात्रों द्वारा प्रत्येक रूप में दहेज की बुराई का बहिष्कार करने के लिए दहेज विरोधी प्रतिज्ञा ली गई थी। सचिव, डीएलएसए शाहदरा न्यायाधीशविधि आनन्द ने प्रतिभागियों को शपथ दिलाई और दहेज निषेध से संबंधित कानून लॉ विषय पर कानूनी जागरूकता कार्यक्रम भी चलाया। कॉलेज प्रशासन ने छात्रों के साथ एक निरंतर संबंध बनाने का निर्णय लिया है, जिसके तहत वे कॉलेज के साथ एक गूगल फ़ॉर्म पर पंजीकरण कर सकते हैं। और प्रतिज्ञा ले सकते हैं। यह पहल संबंधित कॉलेज के संबंध में विशेष रूप से महत्वपूर्ण थी क्योंकि एक गर्ल्स कॉलेज है और छात्र अपने अधिकारों के बारे में जानने के लिए उत्सुक थे।



National Service Scheme
Vivekananda College (DU)

Presents

"स्वतंत्रता"

(On the occasion of Netaji Subhash Chandra Bose Jayanti)

- PPT Presentation by our NSS Volunteers.
- Short video screening
- Poetry recitation

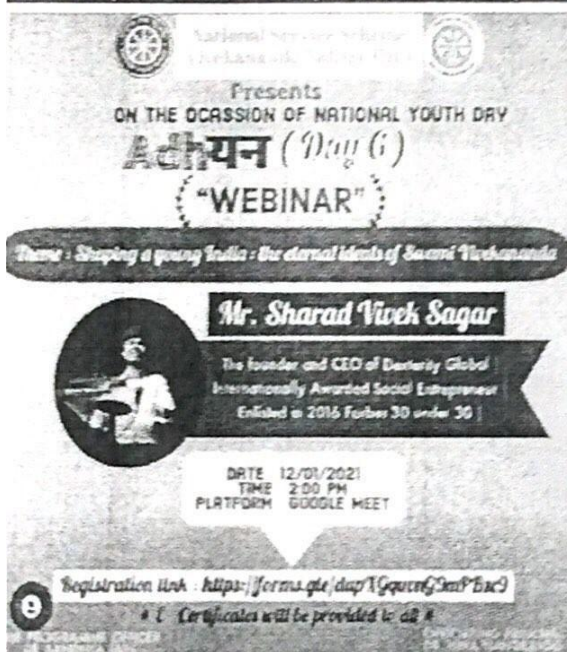
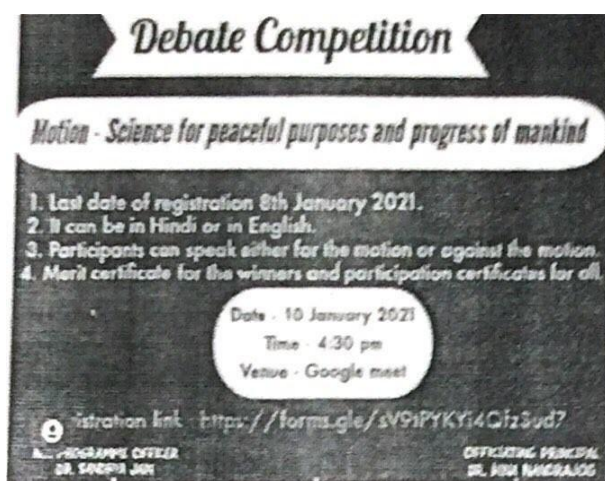
Date : 23/01/2021
Time : 1:45 pm
Platform : Google meet

Freedom is not given, It is taken
Subhash Chandra Bose

Meeting code : cfc-cest-mhp

नमो भगवते वासुदेवाय
Dr. Ashish Kumar

DR. ANIL KUMAR
DR. ANIL KUMAR



125th anniversary of Subhash Chandra Bose: An event-Swatantra was organized which comprises of three events- Presentation making, Short video screening on his life and Poetry recitation. Remembering India's great patriot and iconic hero of our freedom struggle, Netaji Subhash Chandra Bose on his 125th Birth Anniversary. NSS unit of Vivekananda college, Delhi University organised स्वतंत्रता on 23rd January 2021. It comprises up of three events which included PPT Presentation on Subhash Chandra Bose and his life. A Short Video screening on his life and Poetry Recitation was also there. The event took place on Google Meet platform at 1.15 PM.

Vedantam, Science & Service
Vivekananda College (SSR)

Presents Mission सुक्षा

The NSS Unit of Vivekananda College presents "PUBLIC SAFETY WEEK" on the occasion of "The Road Safety Week" from 10th January 2022 to 17th January 2022

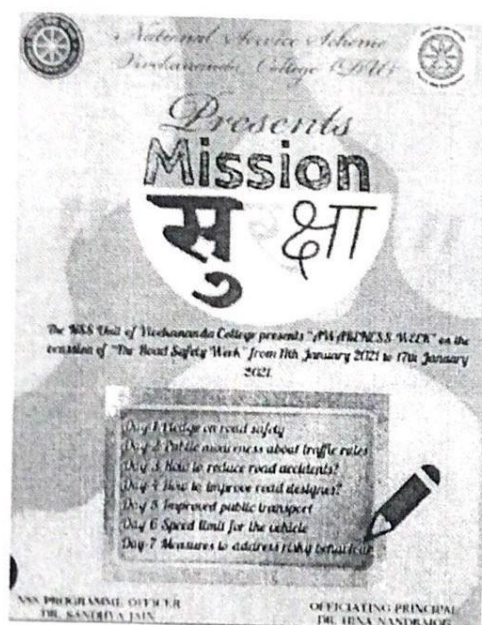
- Day 1: Theme on road safety
- Day 2: Public awareness about traffic rules
- Day 3: How to reduce road accidents?
- Day 4: How to improve road design?
- Day 5: Improved public transport
- Day 6: Speed limit for the vehicle
- Day 7: Measures to address road defilement

NSS PROGRAMME OFFICER
DR. KANDIVA JAIN

OFFICIATING PRINCIPAL
DR. HENA NATHRAJAN

- Reduce traffic speeds, build complete streets, dedicate spaces for pedestrians, use data to detect problem areas.
- On Day 5 - Improve public transport
 - Create customer oriented and efficient public transport system for the entire urban area with reliable and high quality services.
 - Change the overall image of public transport by using new technologies and providing new types of services.
- On Day 6 - Speed limits for vehicles
 - Speed limits in india vary by state and vehicle type.
 - The M1 category includes most passenger vehicles that have less than 8 seats.
- On Day 7 - Measures to address risky behaviour
 - Develop the right attitude about driving, always wear your safety belt.

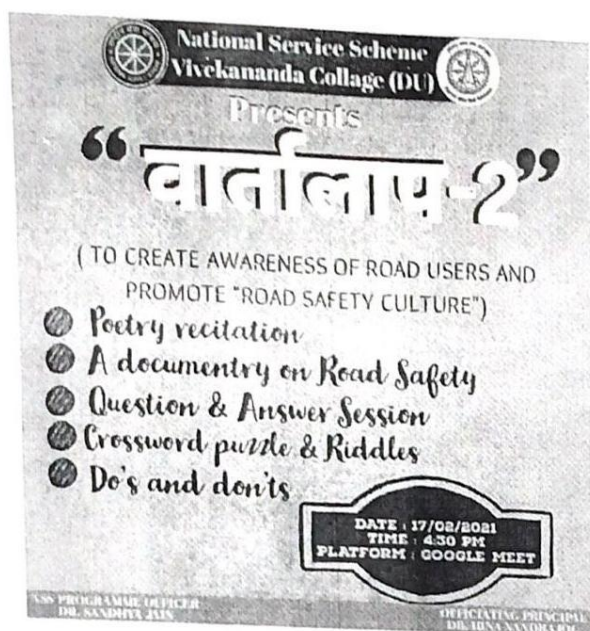
Volunteers made posters to spread awareness and posted them on social media handles. 73 volunteers actively participated in the drive.



NSS unit Vivekananda College University of Delhi presented **वार्तालाप** 2 to create awareness of road users and promote road Safety culture. The event took place on 17th February 2021 on Google meets platform at 4.30 PM. Volunteers of NSS participated actively in **वार्तालाप**.

Poetry recitation was also there as volunteers recited poems. A documentary on road safety

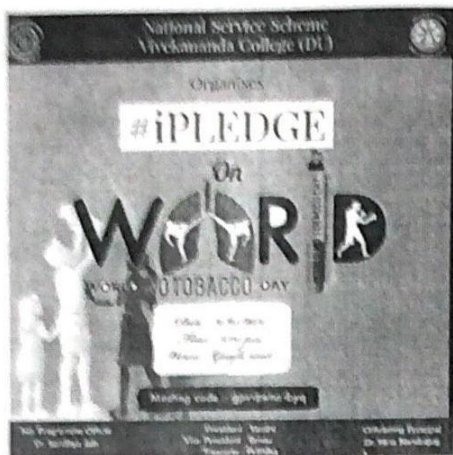
also discussed. Volunteers actively participated in this round and responded quickly. Crossword puzzles and riddles were also there. It was a tricky and hit round in which initially students took time to respond but later on they were able to respond quickly. It was a fun round. Awareness regarding do's and don'ts of road safety was also discussed among volunteers. In this everyone discussed about what all things we need to take care off and what things need to be avoided. 64 participants were attended this event



14. **Shaheed Diwas:** On the occasion of Martyrs day NSS Unit Vivekananda College University of Delhi organised TRIAZEM-2, a short film screening on 23rd march 2020 on Google meets platform. Film screening brings people together for discussion. The film that was screened was INQUILAB. The movie that was screened gave us an important message on martyr's. As the word Inquilab suggests long live the revolution. We all know that the word Inquilab Zindabad was the slogan used during the times of freedom. Poem recitation was also a sub event that was conducted, as poetry is the best way to express our feelings. Some volunteers presented their poetry regarding martyrs. After the movie was screened and the volunteers recited the poem a quick question answer round was conducted and a healthy discussion on martyr's took place where volunteers put forward their opinions and point of views. Total number of attendees were 39.

15. **World No Tobacco Day:** NSS unit of Vivekananda College University of Delhi organized pledge on the occasion of World No Tobacco Day. 31st May is observed as World No Tobacco Day. The day is observed to spread awareness about the harmful effects of tobacco on health. The campaign also tries to reduce the prevalence of diseases and deaths due to the consumption of tobacco. Spread love and not smoke. Volunteers of the unit took pledge to

say no smoke or use any tobacco and also will try to encourage people to quit smoking and stop using the tobacco products. 39 volunteers took the pledge to say no to this.



16. **Yoga Mahotsav:** In collaboration with NSS unit of Keshav Mahavidyalaya, NSS unit of our college organized Yoga Mahotsav from 7th June 2021 to 21st June 2021. Each day volunteers performed the different yoga asanas and discussed how to overcome diseases through yoga. Different webinars were organized like “Yoga beyond Asanas”, Yoga and Martial Arts and a two-day workshop on “Yoga for Holistic well-being” was also organized. Yoga happens beyond the mat. Anything you do by paying due attention to how you feel is doing yoga. Your body exists in the past and your mind exists in the future. In Yoga, they come together in the present. Under the guidance of Dr. Sandhya Jain, NSS Programme Officer of Vivekananda College, National Service Scheme (NSS) of Vivekananda College collaborated with Keshav Mahavidyalaya and organised **Yoga Mahotsav from 7th June 2021 to 21st June 2021**. NSS volunteers participated in this Mahotsav and prepared presentation slides. The volunteers demonstrated the presentation on Google meet platform and several volunteers discussed the content given in ppt. The topics that were included in the PPT ranged from discussing particular diseases, signs and symptoms, risk factors and causes, food habits for the disease, warm up exercises, yoga asanas. Each day volunteers also performed the respective yoga asanas according to the disease discussed on that particular day and motivated others to do so.

7th June 2021	Hypertension (Day 1)
8th June 2021	Depression (Day 2)
9th June 2021	Asthma (Day 3)
10th June 2021	Sinusitis (Day 4)
11th June 2021	Diabetes (Day 5)
12th June 2021	Migraine (Day 6)
13th June 2021	Arthritis (Day 7)
14th June 2021	Thyroid (Day 8)
15th June 2021	Stomach disorder (Day 9)
16th June 2021	Back Pain (Day 10)
17th June 2021	Liver problems (Day 11)

NSS volunteers gathered information and performed different asanas for the particular disorder and generated awareness among the audience regarding the same.

The nature of Yoga is to share the light of awareness into the darkest corners of the body. **International Yoga Day** celebrates the physical and spiritual prowess that yoga has brought to the world stage. As a part of these celebrations under 'Yoga Mahotsav' the following events were conducted:

- A webinar "Yoga beyond Asanas" was organized on 18th June 2021. The guest speaker was Ms. Neha Bansal, a Yoga teacher and a mental health practitioner. The webinar was organised on Google meet platform at 4 PM. The resource person discussed that yoga is not a journey but a destination. She discussed Yoga-Chitta-Nirodh. 'Being kind to yourself and being honest to yourself' is the mantra she told students about. Volunteers also asked several questions as to how yoga can help in improving one's mood, how we can make our body flexible, and how yoga helps in concentration. She also discussed yoga, asanas, pranayama, breathing exercises, and meditation. Deep breathing, listening to light music, doing japa, chanting Om, could be some of the ways. A healthy discussion took place on this. She also recommended some books to read like Yoga Patanjali, Patanjali Yog by Swami Vivekananda etc. Deep breathing exercises were also performed during the session under her guidance and she also told about certain rules to be observed while performing these exercises.
- On 19th June 2021 a webinar was conducted on "Yoga and Martial Arts". The guest speaker of the webinar was Mr. Kyoshi Shaurya Shandilya, Yoga practitioner and a Karate teacher with 35 years of experience in Martial Arts. The webinar was organised on Google meet platform at 5 PM. He discussed the interrelatedness of yoga and martial arts. He also discussed the chakras and the nadis in the body. Volunteers also asked about his travel experiences in various parts of the world. He talked about the sense of alignment and the demonstrations of children with disabilities.
- On 20th-21st June 2021 a two-day workshop was conducted on "Yoga for Holistic well-being". The guest speaker of the webinar was Neeki Singh, International Yoga Coach, Director of ANS Trust. Warm up exercises, stretching exercises, daily practice yoga asanas were performed by the volunteers under the guidance of Ms. Neeki Singh. She also encouraged the students to perform some breathing exercises and Pranayama techniques. She discussed the importance and benefits of techniques

17. International Day Against Drug Abuse And Illicit Trafficking: NSS unit with NSS unit of Delhi Technological University presents "Ummed"- a series of events on the occasion of International day against drug abuse and illicit trafficking.

- On 26th June'21: Drug usage being glorified is one of the major reasons people fall into the vicious cycle of drug use. So to make the students aware of the same cause a movie was screened for the students on Google meet platform at 4:30 PM. The movie shows that inner strength and one's determination plays an important role above any addiction. There were 68 participants in this event.

- On 28th June'21 Vaartalap (a general talk session) was organised. In the session, there were poetries, riddles, questions and answers, myths busting sessions. The volunteers participated in this talk session and talked about the various reasons one falls into the pit and how they would help someone to come out from this vicious cycle. There were 80 participants in this event.
- On 30th June'21 Tark (Group discussion) was organised. The theme of the group discussion was don't fall into the trap of death. In this group discussion every volunteer participated and put forward their perspectives and viewpoints about drug abuse. Also how can they be aware of the people? There were 43 participants in this event.
- On 2nd July'21 Storytelling competition was organised. The theme of the competition was drugs are the enemies of ambition and hope. The participants had to mail their own entries and the participants were also selected for the next round. E-certificates were also given to the participants.
- On 9th July'21 a webinar was organised. The theme of the webinar Drugs: the destroyer of one's conscience. The guest speaker of the webinar was Mr. Suneel Vatsyayan (founder of nada India foundation, Karamveer Chakra awardee, Rotary Vocational service award). The webinar took place on Google meet platform at 4 PM. He discussed various means through which one could be involved in such abuse, how to overcome this etc. 111 participants attended this webinar.

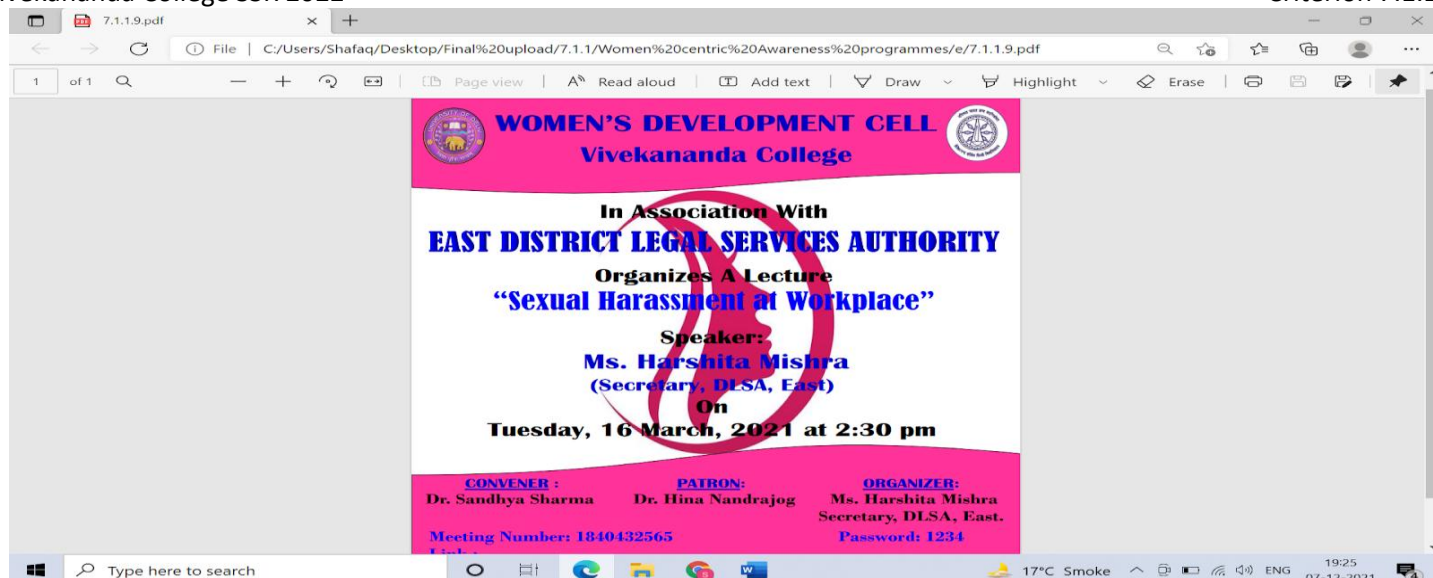


Women Development Cell celebrated International Women's Day on 8th March, 2021. The Women's Development Cell of Vivekananda College, University of Delhi, organised its first event after the selection of new members and formation of a new committee. After a unanimous decision in the meeting held on 24 February 2021, the Committee decided to organise a special event on the wonderful occasion of International Women's Day on 8 March 2021.

Two students each, from the Departments of Commerce, English, History and Political Science, were selected to prepare and present power point presentations on great women thinkers of the world. The event began on Monday, 8 March 2021, at 2.30 p.m. on Google Meet with the link <http://meet.google.com/rgn-ebzg-fpa>. The event was attended by around 80 students and was a success in terms of sharing of knowledge and information regarding influential women thinkers from all over the world.



The Women's Development Cell, Vivekananda College, University of Delhi in association with East District Legal Services Authority organized a lecture on **"Sexual Harassment at Workplace"** by Ms. Harshita Mishra, Secretary, DLSA, East on 16 March 2021 at 2:30 p.m. The event was held in the online mode on Cisco Webex app (<https://delhijudicialservices.webex.com/delhijudicialservices/j.php?MTID=m299086a9ae34d176ccd3d7d950b23092>)



The Women's Development Cell of Vivekananda College, University of Delhi, in collaboration with UPES, Dehradun, organized an interactive live session on **"Women Empowerment"** on 15th April 2021 at 12:00 hrs on zoom platform (<https://zoom.us/j/92136366279>). The live session was graced by the eminent speaker Dr. Juhi Garg. The session received participation of around 90 enthusiastic participants including a good mix of college students and faculty members of various colleges. This live interactive session was particularly beneficial as majority of the audience was youngsters who can actually change the social structure as they are the future employers, employees, parents and legislature.



Webinar on ‘Shaping the Future Women Leaders’ as part of series on women Empowerment: The IQAC team of Vivekananda College in collaboration with the IAS hub organised a Webinar on April 30, 2021 at 5 pm on the theme ‘Shaping the Future Women Leaders’. The speakers were: Mr. M.K. Yadav (Ex- IB & Vigilance Officer, GOI who has mentored more than 400 IAS officers) and Ms. Ritika Jindal (youngest IAS Officer of the 2019 batch, from SRCC, DU topper, cleared IAS @ 22 years).




**INTERNAL QUALITY ASSURANCE CELL
OF
VIVEKANANDA COLLEGE**
(NAAC "A" GRADE)
UNIVERSITY OF DELHI
in collaboration with
theIAShub

**Is Organising a Webinar on
30th April at 5 pm**

SHAPING THE FUTURE WOMEN LEADERS

Role of an IAS officer	Examination Pattern & Changing trend in UPSC CSE	How to clear IAS in 1st Attempt
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 MK YADAV (Ex-IB & Vigilance Officer, GoI) Has Mentored more than 400+ IAS Officer	 RITIKA JINDAL Youngest IAS Officer, 2019 From SRCC, DU Topper Cleared IAS @ 22 years
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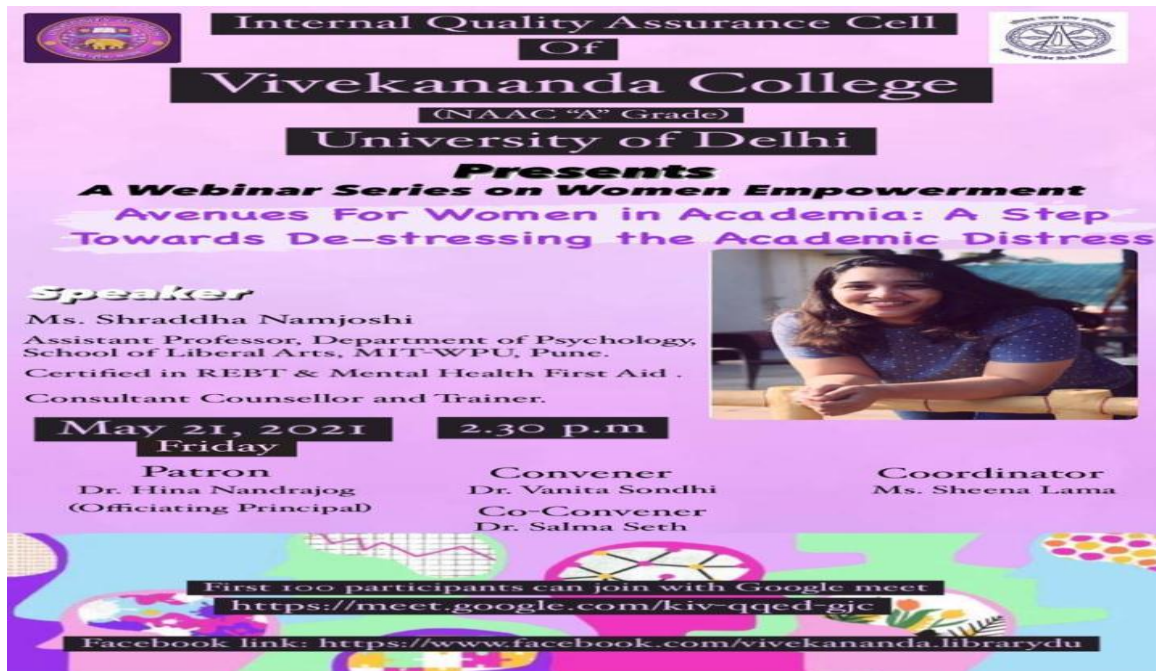
Organizers

Vivekananda College Dr. Hina Nandrajog (Officiating Principal) Dr. Vanita Sondhi (Convenor, IQAC)	theIAShub Mr. MK YADAV, CMD
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Also give Free Online Scholarship Test for IAS GS FOUNDATION COURSE

Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress

A webinar entitled *Avenues For Women in Academia: A Step Towards De-stressing the Academic Distress* was organised as a part of the “Women Empowerment Webinar Series” by the IQAC committee of Vivekananda College, University of Delhi on Friday, 21 May (2:30 PM), virtually on Google meet (via following meeting link <https://meet.google.com/kiv-qqed-gjc>). We invited Ms. Shraddha Namjoshi as the guest speaker for the webinar. Ms. Namjoshi is an Assistant Professor in the Department of Psychology, Faculty of Liberal Arts MIT WPU, Pune.



**Internal Quality Assurance Cell
Of
Vivekananda College
(NAAC "A" Grade)
University of Delhi**

Presents
A Webinar Series on Women Empowerment
**Avenues For Women in Academia: A Step
Towards De-stressing the Academic Distress**

Speaker
Ms. Shraddha Namjoshi
Assistant Professor, Department of Psychology,
School of Liberal Arts, MIT-WPU, Pune.
Certified in REBT & Mental Health First Aid .
Consultant Counsellor and Trainer.

**May 21, 2021
Friday** **2.30 p.m**

Patron
Dr. Hina Nandrajog
(Officiating Principal)

Convener
Dr. Vanita Sondhi
Co-Convener
Dr. Salma Seth

Coordinator
Ms. Sheena Lama

First 100 participants can join with Google meet
<https://meet.google.com/kiv-qqed-gjc>
Facebook link: <https://www.facebook.com/vivekananda.librarydu>

Women Entrepreneurs: Breaking the Gender Stereotype: The webinar was held on May 28, 2021 (Friday) at 2.30 pm. The invited speaker was Mrs. Rita Sengupta- a freelance consultant. She was the former director of NIESBUD (National Institute of Entrepreneurship and Small Business Development, Ministry of Skill Development and Entrepreneurship, Government of India).



 **INTERNAL QUALITY ASSURANCE CELL
OF
VIVEKANANDA COLLEGE
(UNIVERSITY OF DELHI)
NAAC 'A' GRADE** 

PRESENTS

**'A Webinar Series On Women
Empowerment'**

**WOMEN ENTREPRENEURS:
BREAKING THE GENDER
STEREOTYPES**

Speaker:
Mrs. Rita Sengupta
A Freelance Consultant,
Former Director of
NIESBUD
(National Institute of
Entrepreneurship and
Small Business
Development)



**MAY 28, 2021
2:30 PM**

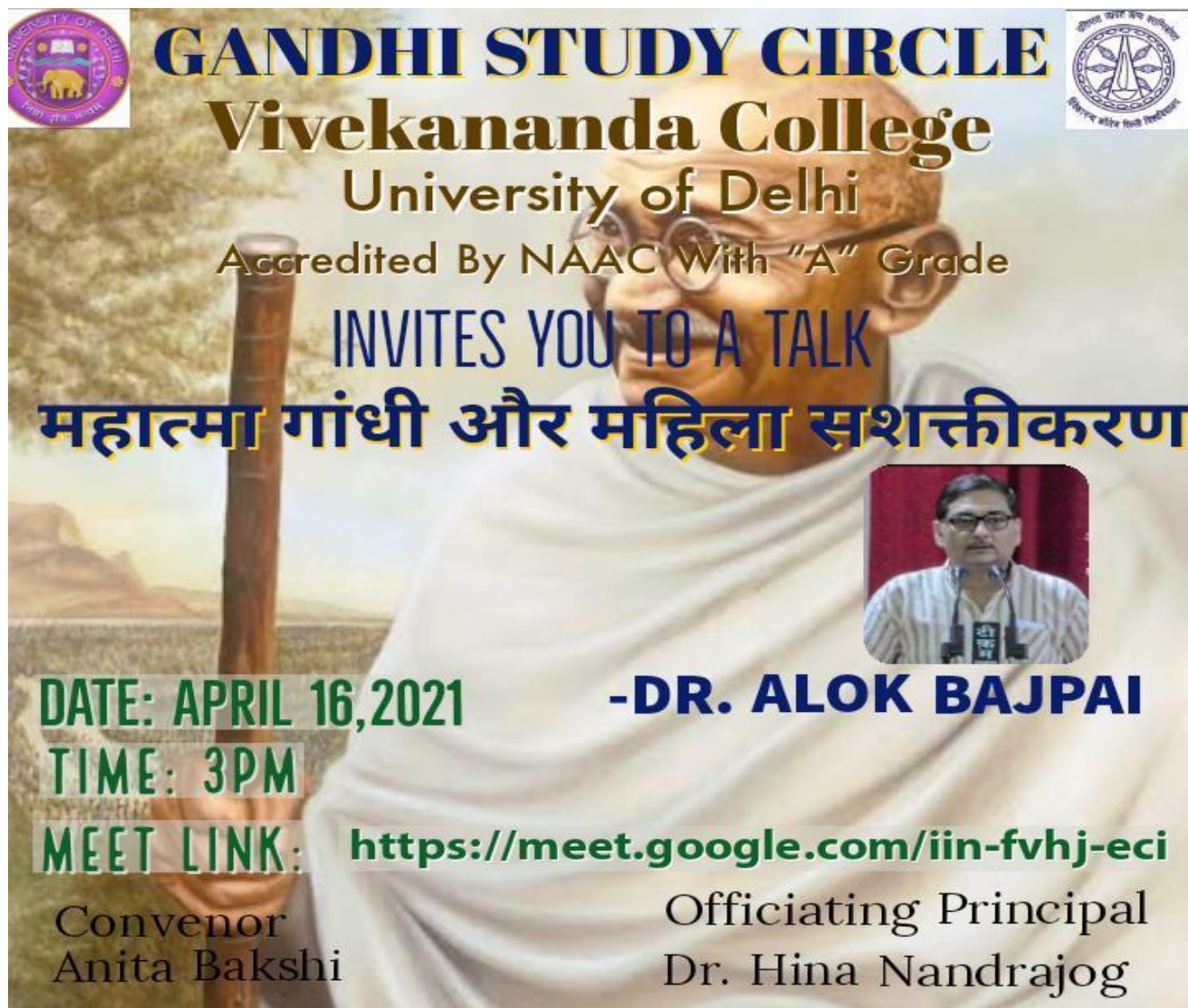
PATRON:
DR. HINA NANDRAJOG
(OFFICIATING PRINCIPAL)

CONVENOR:
DR. VANITA SONDI

COORDINATOR:
DR. SALMA SETH

First 100 participants can join with Google link:
<https://meet.google.com/gns-pcvu-pxe>
Facebook link: <https://www.facebook.com/vivekananda.librarydu>

Gandhi Study Circle of Vivekananda College—a college committee to promote Gandhian values among students, held a virtual talk on **Mahatma Gandhi and Women Empowerment** on 16th April, 2021. The event was one of the first programmes chalked out by the committee for the academic year January 2021 to December 2021. The guest speaker for the event was Dr. Alok Bajpai, a renowned scholar and researcher on Gandhi, and former Nehru Memorial fellow.



GANDHI STUDY CIRCLE
Vivekananda College
 University of Delhi
 Accredited By NAAC With "A" Grade
 INVITES YOU TO A TALK
महात्मा गांधी और महिला सशक्तीकरण

DATE: APRIL 16, 2021
TIME: 3PM
MEET LINK: <https://meet.google.com/iin-fvhj-eci>

Convenor
 Anita Bakshi

-DR. ALOK BAJPAI
 Officiating Principal
 Dr. Hina Nandrajog

Her Healthcare: Demystifying Women's Health and Hygiene.

The Internal Quality Assurance Cell of Vivekananda College, University of Delhi organised a webinar on "Her Healthcare: Demystifying Women's Health and Hygiene" as part of a series on Women Empowerment on 11 May 2021 from 2:30 to 3:30. The meeting link for the event was <https://meet.google.com/fxt-djwi-idx>. The event was simultaneously made live on Facebook. The discussion was led by Dr Puja Sharma, a renowned obstetrician, gynaecologist and laparoscopy specialist in Delhi. A post-graduate of the prestigious King George's Medical University and gold-medalist in surgery. Approximately 51 people attended the event which includes teachers, students as well as 15 people were from the slums of Jhilmil colony.



Internal Quality Assurance Cell
of
VIVEKANANDA COLLEGE
NAAC "A" GRADE
University of Delhi



presents

'Webinar series on Women Empowerment'

**HER HEALTHCARE: DEMYSTIFYING
WOMEN'S HEALTH AND HYGIENE**

Speaker:
Dr Puja Sharma
MD (Obs & Gynae),
Senior Consultant ,
Obs & Gynaecology,
Daksh Clinic,
Hauz Khas

Convenor:
Dr. Vanita Sondhi
Coordinator:
Ms. Vandana Rathore



11th May
2 PM

Officiating Principal:
Dr. Hina Nandrajog

First 100 participants can join with google meet:
<https://meet.google.com/fxt-djwi-idx>
Facebook link: <https://www.facebook.com/vivekananda.librarydu>

Meeting interface showing a presentation slide titled "COMMON PROBLEMS" and a list of topics. The slide content includes:

- ▶ Menstrual
- ▶ Vaginal infections/STD/UTI
- ▶ Dermatological/ skin
- ▶ Breast issues
- ▶ Weight related
- ▶ Contraception/unwanted pregnancy
- ▶ Pregnancy
- ▶ Psychological
- ▶ Other medical issues
- ▶ Work life balance

The slide also features an image of a woman sitting on a bed, holding a red patterned pillow, with another person standing behind her.

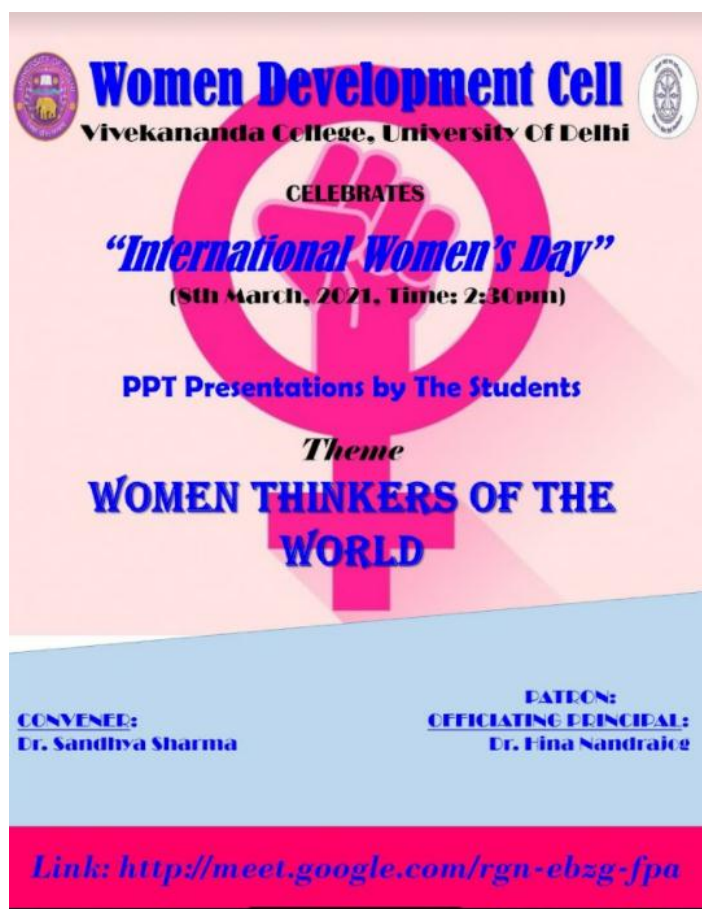
Meeting details: Puja Sharma is presenting. Participants listed include: Puja Sharma, Vandana Rathore, Mayurakshi jha, Ranjeet Kumar, Yugmita Kesh 433, Priyanshi Bhatna..., Vanita Sondhi, Vandana Rathore, salma seth.

Meeting controls: Mute, Video, Chat, Raise hand, Turn on captions, Puja Sharma is presenting.

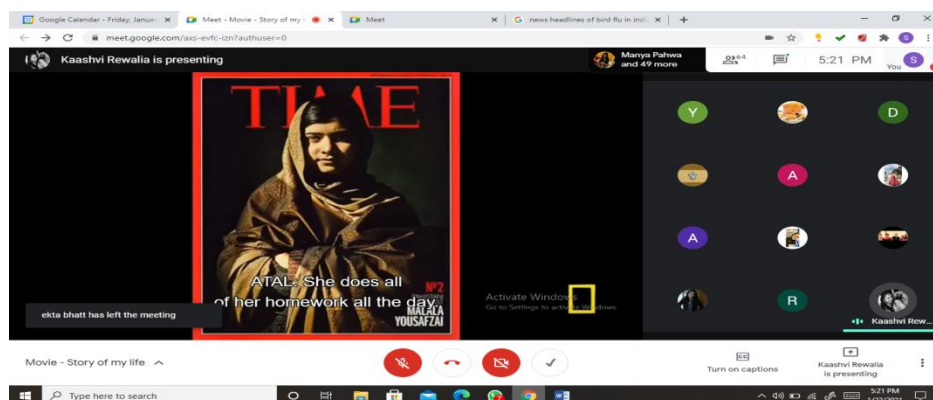
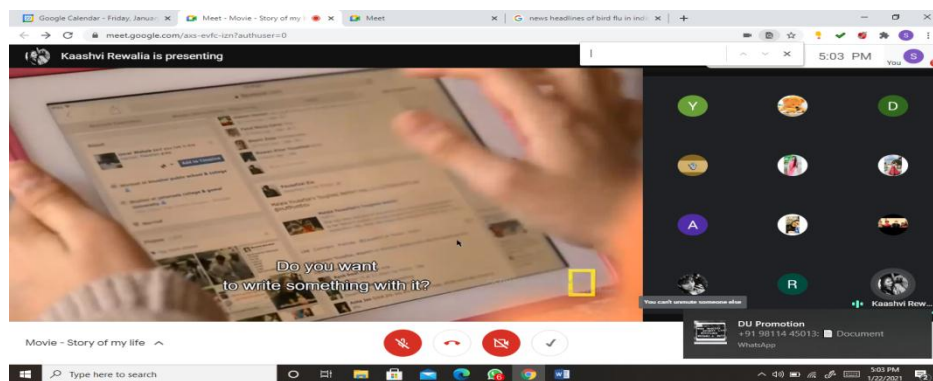


7.4 International Days Celebrations

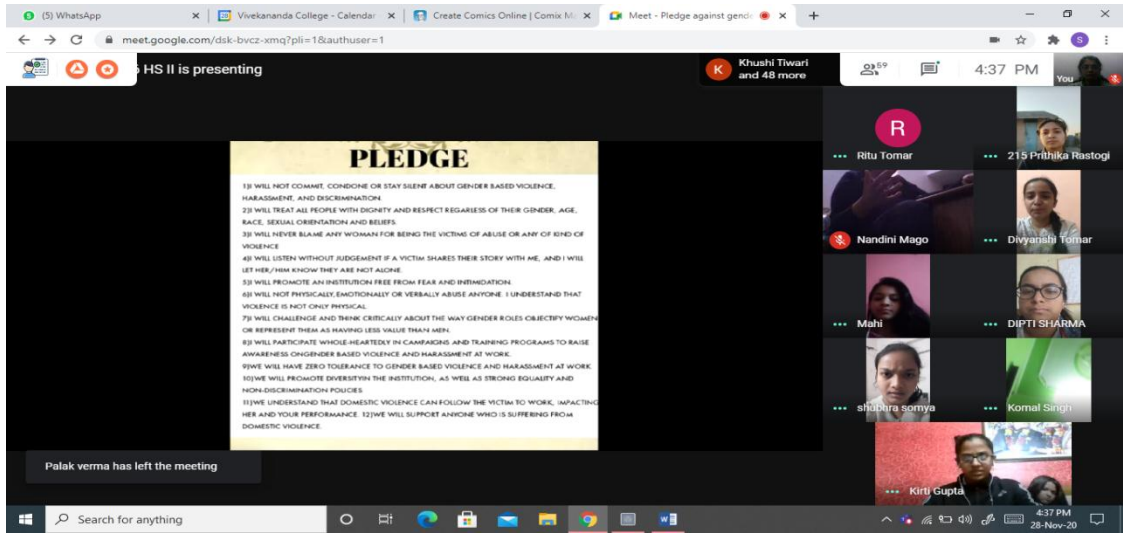
International Women's Day: International Women's Day was celebrated by WDC, SOCDC and the Political Science Department by organizing various events and lectures. Two students each, from the Departments of Commerce, English, History and Political Science, were selected to prepare and present power point presentations on great women thinkers of the world. The event began on Monday, 8 March 2021, at 2.30 p.m. on Google Meet with the link <http://meet.google.com/rgn-ebzg-fpa>. The event was attended by around 80 students and was a success in terms of sharing of knowledge and information regarding influential women thinkers from all over the world. It was a team work by Sandhya Sharma as Convener and Sunita, Anchala Paliwal, Chaandreyi Mukherji and Shikha Garg.



International Education Day : On the occasion of International Education Day NSS Unit Vivekananda College University of Delhi organised a short film screening event TRIAZEM. "HE NAMED ME MALALA" was the movie that was screened to the volunteers. He Named Me Malala is a 2015 American documentary film directed by Davis Guggenheim. The film presents the young Pakistani female activist and Nobel Peace Prize laureate Malala Yousafzai, who has spoken out for the rights of girls, especially the right to education, since she was very young. The event was organised on 22nd January 2021. The event took place on Google meets platform at 4.30 PM. 72 participants were there



Stop Violence Against Women: On 28th November 2020 a pledge session was organised by NSS Unit Vivekananda College University of Delhi regarding elimination of gender based violence. Volunteers took pledge and it was organised on Google meets platform at 4 PM. The pledge was taken to end up the violence against women and unpacking the impact of policies on gender based violence. 61 volunteers and 1 teacher took part in this.



Environment awareness Week: Garden committee has worked for the betterment of flora and fauna in the campus of the college. The committee has engaged in maintaining several ecofriendly projects, such as solar panel for renewable energy, rain water harvesting for ground water recharge, pit and vermicomposting for the generation of compost. Approximately 30% of energy requirement of college is fulfilled by the renewable solar energy, which reduce dependency on traditional electricity supply. Organic compost produced during the pit composting is used as fertilizer in garden of the college.

The name of competitions organize by the committee:

1. Inter college poster making competition on world ozone day (16 September 2020)
2. Plantation drive (14/09/2020 to 21/09/2020)
3. Inter college essay writing competition
4. Best out of waste Competition

Vivekananda College
(University of Delhi)
 NAAC Accredited 'A' Grade

Eco Club
(Garden & Environment Committee)
Presents

Best out of Waste Competition

- ☐ For different college/institute students only
- ☐ Video must have project description and benefit to our environment
- ☐ Material used should be eco friendly and non toxic
- ☐ Last date for sending entries is 21 September 2020

Entries to be sent to : vneco@gmail.com

○ 1st Prize = ₹ 1000
○ 2nd Prize = ₹ 700
○ 3rd Prize = ₹ 500

❖ E-certificate will be provided to all participants
❖ Cash prizes will be given only if entries are 5 and above

For further details contact:
 Priya: 8769286064
 Nishu: 8472988134
 Kshama: 9306246528

CONVENOR, ECO CLUB
MS. RACHNA MEGH

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

Vivekananda College
(University of Delhi)
 NAAC Accredited 'A' Grade

Eco Club
(Garden & Environment Committee)
Presents

Inter College Essay Writing Competition

Topic :
Role of Youth in Conserving Energy and Water Resources

- ☐ Entries for essay writing are invited from different college/institute students
- ☐ Last date for sending entries is 21 September 2020

Entries to be sent to : vneco@gmail.com

○ 1st Prize = ₹ 1000
○ 2nd Prize = ₹ 700
○ 3rd Prize = ₹ 500

❖ E-certificate will be provided to all participants
❖ Cash prizes will be given only if entries are 5 and above

For further details contact:
 Muskan: 9717586873
 Ilma: 7724996335
 Ishika: 9971126200

CONVENOR, ECO CLUB
MS. RACHNA MEGH

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG



Vivekananda College
(University of Delhi)
NAAC Accredited 'A' Grade





Eco Club
(Garden & Environment Committee)
invites you for an

Inter College Poster Making Competition On

World Ozone Day

THEME- OZONE FOR LIFE: 35 YEARS OF OZONE LAYER PROTECTION



- ☐ For college students only
- ☐ Last date for sending your Poster is 16 September 2020
- ☐ Poster must contains your Name, Roll No., Course, Contact No. and College Name

Entries to be sent to : vneco@gmail.com

❖ E-certificate will be provided to all participants

For further details contact:
Vanshika: 8859501248
Amrita: 8929407924
Charu: 8826270858
Kushi: 9818995647

MS. RACHNA MEGH
CONVENOR, ECO CLUB



DR. HINA NANDRAJOG
OFFICIATING PRINCIPAL



Vivekananda College
(University of Delhi)
NAAC Accredited 'A' Grade



Eco Club
(Garden & Environment Committee)
invites you for a

Plantation Drive

- ☐ For college students only
- ☐ Last date for sending your video is 21 September 2020
- ☐ Video must have plant description and a pledge for protection of plants

Entries to be sent to : vneco@gmail.com

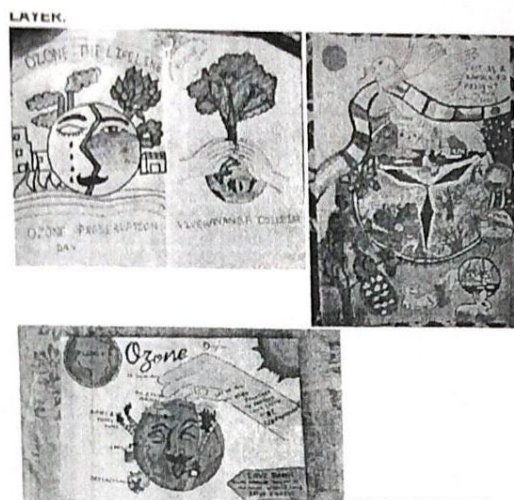
❖ E-certificate will be provided to all participants

For further details contact:
Yashaswini: 9625381902
Priya: 8769286064
Kanisha: 8700134045

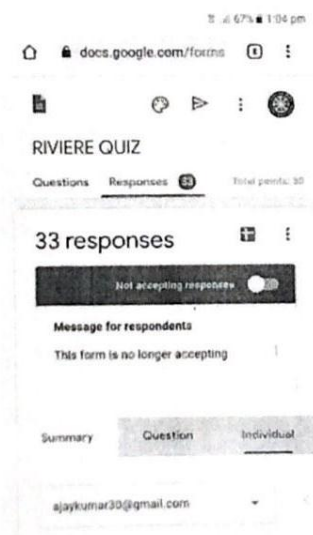
CONVENOR, ECO CLUB
MS. RACHNA MEGH

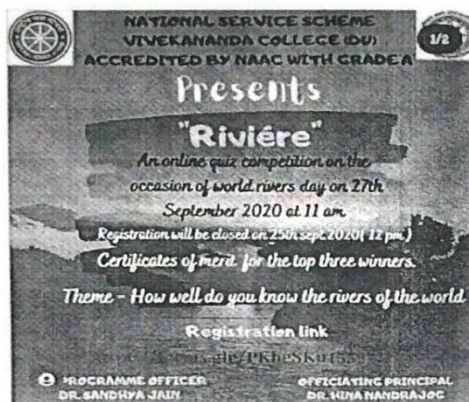


OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

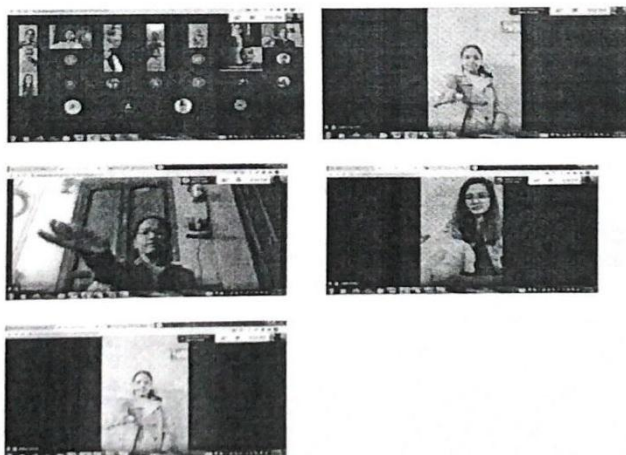


7. **World Rivers Day:** On the occasion of WORLD RIVERS DAY an online quiz competition RIVIERE was organised by NSS Unit Vivekananda College University of Delhi on 27th September 2020. The theme of the competition was HOW WELL DO YOU KNOW THE RIVERS OF THE WORLD. Different questions related to rivers were there not only of indian rivers but also of the world. 33 participants were there and quiz was conducted on Google forms. There were three rank holders. E-Certificates were provided to all and merit certificates for the first three rank holders.





8. **National Unity Day:** Rashtriya Ekta Diwas or National Unity Day is celebrated on 31st October every year since 2014 to mark the birth anniversary of Iron Man of India--Sardar Vallabhbhai Patel. This year marks the 144th birth anniversary of the freedom fighter and an ace politician. Sardar Patel played a major role in the integration of India (Ek Bharat) from over 560 princely states. To acknowledge his efforts in uniting the nation, India celebrates National Unity Day or Rashtriya Ekta Diwas on his birth anniversary. NSS unit Vivekananda College organised a pledge session on this occasion on the Google meet platform and 24 volunteers took part in this.

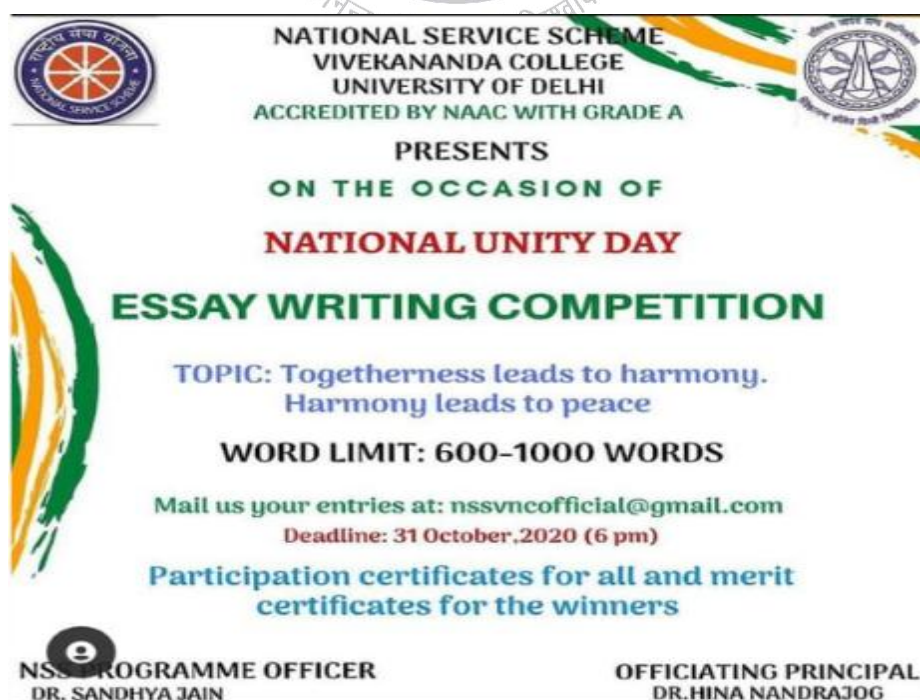


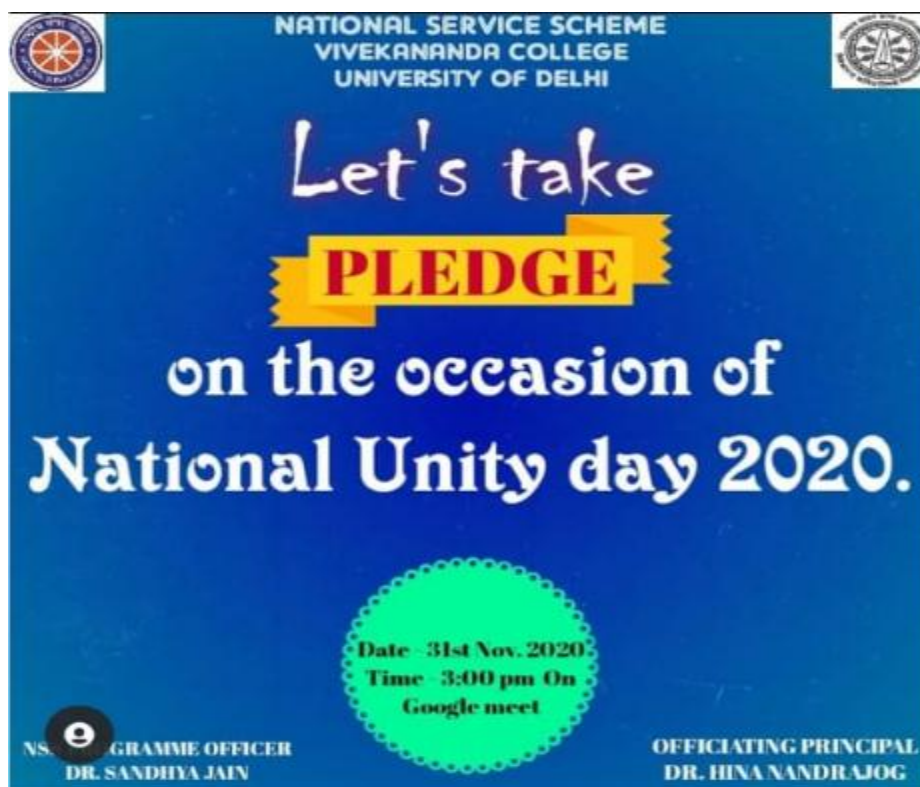
World Mental Health Day:

The Department of Applied Psychology, Vivekananda College, University of Delhi organized an online event on the 10th of October 2020, on the occasion of World Mental Health Day. The event was called “MEHEAL 2020” and it both, an abbreviation for Mental Health For All and a word play at Me-heal which meant self-healing. It was conducted on the online platform **Google meet** and live streamed on **Youtube**. The event featured several panel discussions and speakers enlightened the attendees about the challenges in their respective fields and how they cope with them, with a special emphasis on the importance of mental health.

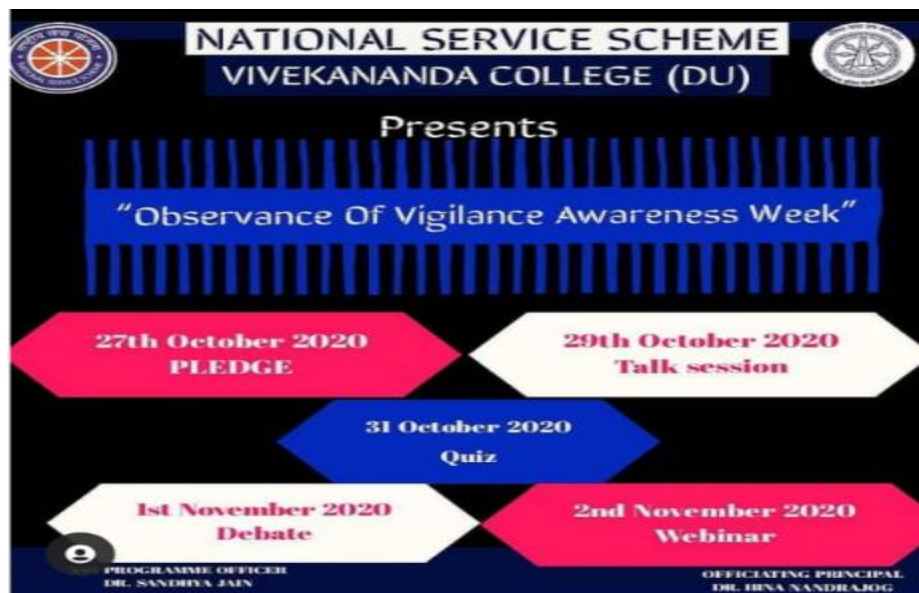


National Unity Day: On the occasion of National Unity Day essay writing competition and pledge taking event was organised by NSS Unit of Vivekananda college.





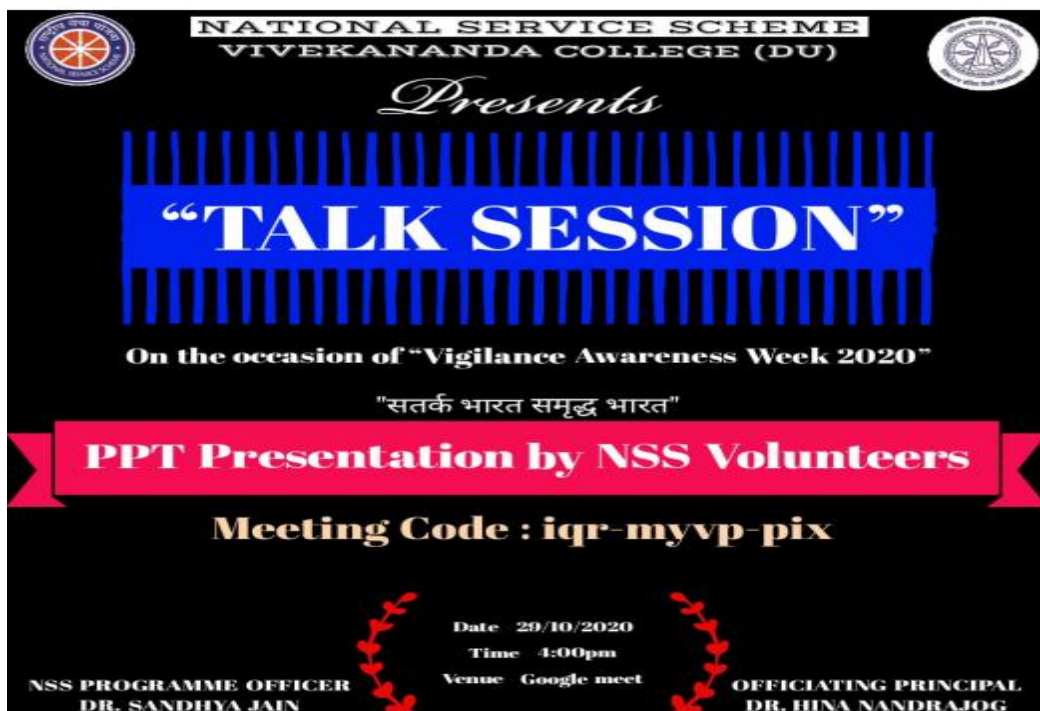
Vigilance Awareness Week : The Central Vigilance Commission has decided that this year the Vigilance Awareness Week would be observed from 27th October to 2nd November, 2020 with the theme Vigilant India, Prosperous India. To observe this Week NSS unit of Vivekananda College conducted various activities with zeal and enthusiasm.



The impetus on the thought that the development and progress of the nation take place when individuals and organizations are vigilant in safeguarding integrity as a core value. With this thought on 27th October 2020, NSS volunteers took a pledge for vigilant and prosperous India. It took place on Google meets platform at 5 PM. **SATARK BHARAT, SAMRIDDH BHARAT**. Total 18 volunteers took pledge.



On 29th October 2020 a Talk session was organised where NSS VOLUNTEERS participated and discussed about various topics like role of vigilance, why it is necessary, ethics and morals, ethical practices, corruption etc. through power point presentation. Total 42 volunteers and teachers participated in the talk session.



On 31st October 2020 an online quiz competition was organised by NSS Unit. The competition was based on the theme of vigilant India prosperous India. Online registration form was created and circulated among the students. 31 students participated in this quiz.



On 1st November 2020 an online debate competition was organised. The theme was vigilant India, prosperous India. The aim was to encourage all stakeholders to collectively participate in the preventive vigilance measures and fight against corruption, raise public awareness regarding the existence and gravity of and the threat posed by corruption. Total 23 attendees were there.

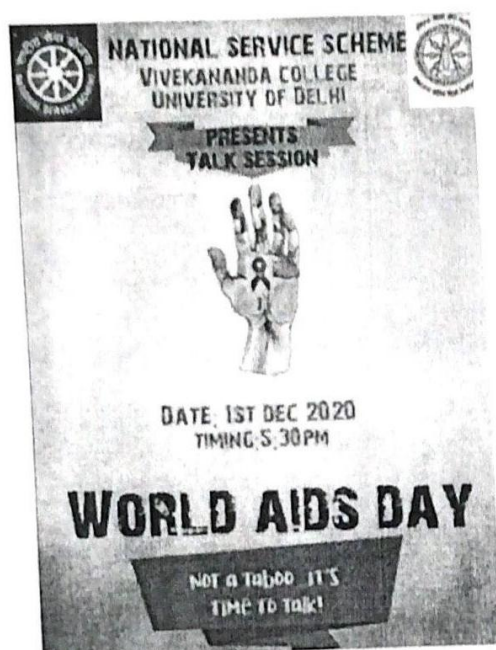


On 2nd November 2020 a webinar was organised by NSS Unit Vivekananda College University of Delhi. Mr. Harsh Deep Srivastava, Chief vigilance officer (Prasar Bharati) was the speaker of the event. The webinar took place on Google meets platform. He spoke on various types of vigilance, objectives, importance, manifestations of corruption, means of progressing through corruption-free engagements, and the impacts of vigilance in organisations. He insisted on how teaching institutes need to teach moral values to students, which would take care of corruption to a certain level. Total 67 attendees were there.



World AIDS Day:

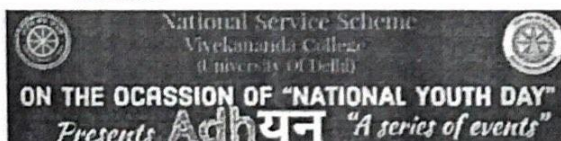
illness. Founded in 1988, World AIDS Day was the first ever global health day. On this occasion talk session took place on 1st December 2020 at 5.30 PM on Google meets platform. Volunteers of NSS presented various slides on different topics and discussed about the causes. There were various topics like why the day is important, what can we do, different fundraising organisation, what is the significance of Red ribbon etc. Awareness among the students were created from the talk session. 71 participants were there.



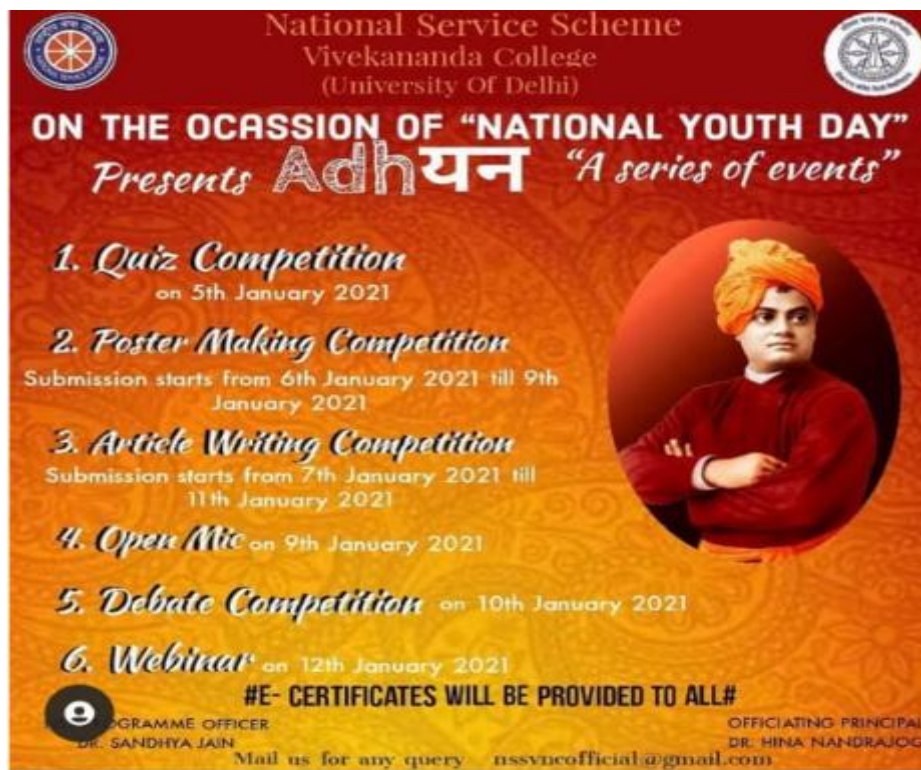
11. **National Youth Day:** On the occasion of National Youth Day NSS Unit Vivekananda College, University of Delhi organised Adhyan a series of events from 5th January-12th January 2021.

- You cannot believe in God until you believe in yourself. On the first day of Adhyan (5th January 2021) Quiz competition was organised and the theme was "LIFE AND TIMES OF SWAMI VIVEKANANDA". 107 students participated in the quiz and it was held on Google meets platform.
- Do one thing at a Time, and while doing it put your whole Soul into it to the exclusion of all else. On the second day (6th January 2021) Poster Making Competition was organised and the theme was "ARISE, AWAKE AND STOP NOT TILL THE GOAL IS ACHIEVED". Only handmade posters were allowed. We received 17 entries for Poster Making Competition.

- Strength is life, weakness is death. Expansion is life, contraction is death. Love is life, hatred is death. On the third day (7th January 2021) Article writing competition was organised and the theme was "THEY ALONE LIVE,WHO LIVE FOR OTHERS". The participants could write article in either English or Hindi medium. The article has the word limit 600 to 900. We received 29 entries for article writing competition.
- Take risks in your life, If you win, you can lead! If you loose, you can guide! On the fourth day (9th January 2021) OPEN MIC an online poetry competition was organised and the theme was "THE GREATEST SIN IS TO THINK YOURSELF WEAK". The poetry should be self-made and it could be in Hindi or English. It was held on Google meets platform. We received 63 registrations for poetry competition.
- All the powers in the universe are already ours. It is we who have put our hands before our eyes and cry that it is dark. On the fifth day (10th January 2021) Debate Competition was organised and the theme was "SCIENCE FOR PEACEFUL PURPOSES AND PROGRESS OF MANKIND". Participants can speak either for the motion or against the motion. It could be in Hindi or English. We received 67 entries for debate competition.
- Talk to yourself once in a day, otherwise, you may miss meeting an excellent person in this world. On the sixth day (12th January 2021) a Webinar was organised and the theme was "SHAPING A YOUNG INDIA : THE ETERNAL IDEAS OF SWAMI VIVEKANANDA". The guest speaker of the day was Mr. Sharad Vivek Sagar, the founder and CEO of dexterity global, internationally awarded social entrepreneur, enlisted in 2016 Forbes 30 under 30. We received 312 registrations for webinar but due to limitation of google meet only 100 participants were able to attend this webinar.



National Youth Day : Take risks in your life. If you win, you can lead, if you lose, you can guide. On the occasion of National Youth Day NSS Unit Vivekananda College, University of Delhi organised Adhयन a series of events from 5th January-12th January 2021.



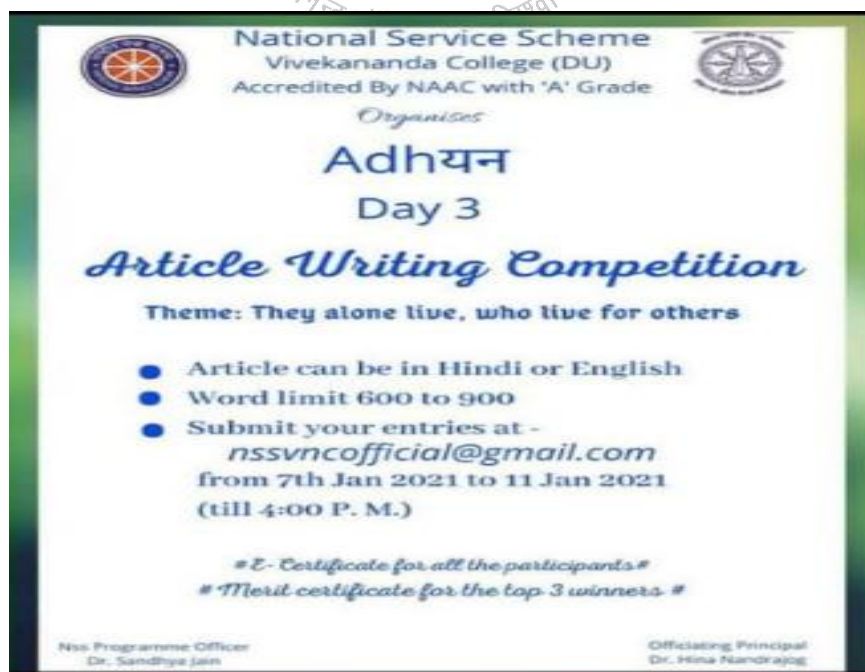
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National Service Scheme
Vivekananda College (DU)
Organises

Adhyan (Day 4)
OPEN MIC (An online poetry competition)

Theme : The greatest sin is to think yourself weak

1. Last date of registration - 8th January 2021 (11:59pm).
2. Poetry should be self made.
3. It can be in Hindi or in English.
4. Merit certificates for the winners and certificate of participation for all.

Date : 9th January 2021
Time : 4:30 pm
Venue : Google meet

Registration link : <https://forms.gle/P7FS4EW6pHFYVN8Q9>

PROGRAMME OFFICER
DR. SANDHYA JAIN

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

All the powers in the universe are already ours. It is we who have put our hands before our eyes and cry that it is dark. On the fifth day (10th January 2021) Debate Competition was organised and the theme was "SCIENCE FOR PEACEFUL PURPOSES AND PROGRESS OF MANKIND". Participants can speak either for the motion or against the motion. It could be in Hindi or English. We received 67 entries for debate competition.

National Service Scheme
Vivekananda College (DU)
Organises

Adhyan (Day 5)
Debate Competition

Motion - Science for peaceful purposes and progress of mankind

1. Last date of registration 8th January 2021.
2. It can be in Hindi or in English.
3. Participants can speak either for the motion or against the motion.
4. Merit certificate for the winners and participation certificates for all.

Date - 10 January 2021
Time - 4:30 pm
Venue - Google meet

Registration link : <https://forms.gle/sV9tPYKYi4QfzSud7>

PROGRAMME OFFICER
DR. SANDHYA JAIN

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

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**National Service Scheme
Vivekananda College (DU)**

Presents
ON THE OCCASION OF NATIONAL YOUTH DAY
Adhyayan (Day 6)
"WEBINAR"

Theme : Shaping a young India : the eternal ideals of Swami Vivekananda

Mr. Sharad Vivek Sagar
The founder and CEO of Dexterity Global |
Internationally Awarded Social Entrepreneur |
Enlisted in 2016 Forbes 30 under 30 |

DATE : 12/01/2021
TIME : 2:00 PM
PLATFORM : GOOGLE MEET

Registration link : <https://forms.gle/dupXGquvnG9mPBzc9>

E - Certificates will be provided to all

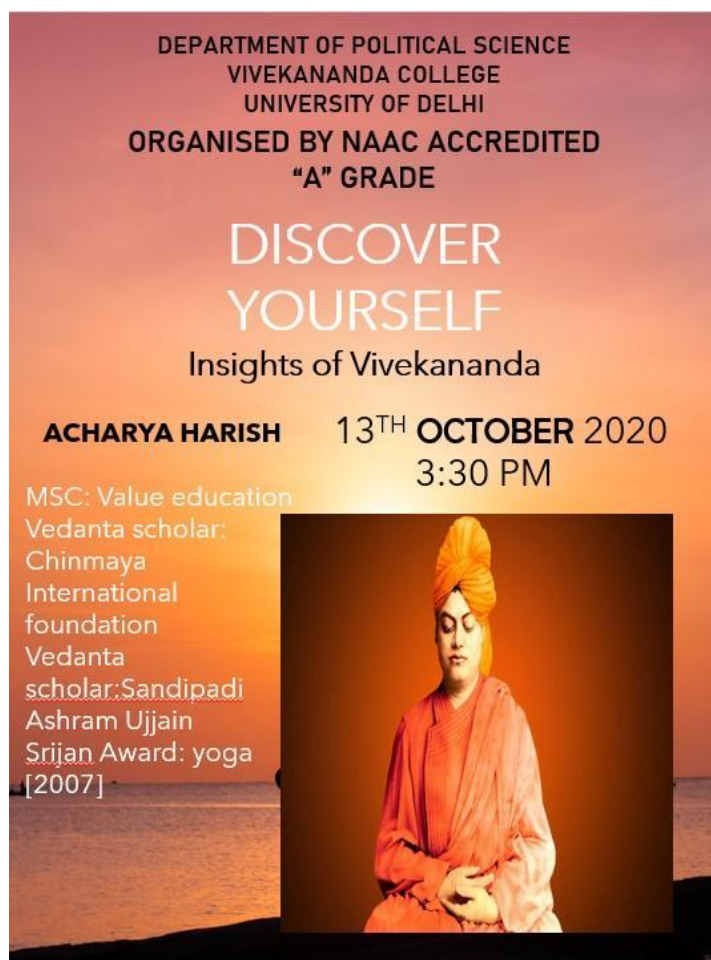
**NSS PROGRAMME OFFICER
DR. SANDHYA JAIN**

**OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG**

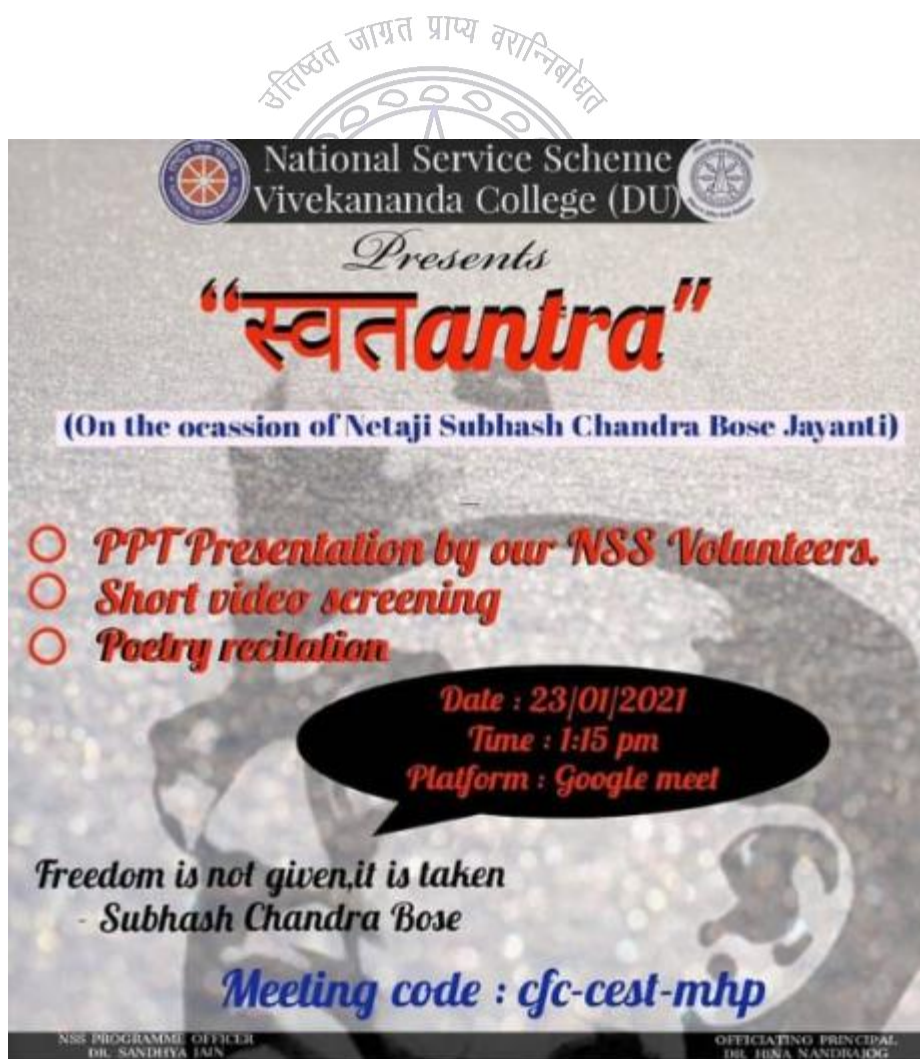
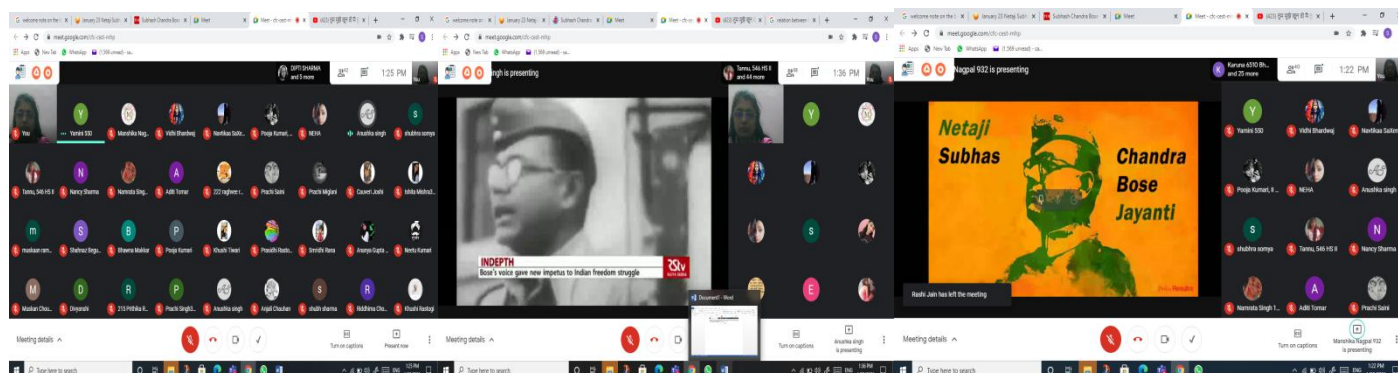
World Rivers Day : On The Occasion Of World Rivers Day An Online Quiz Competition Riviere Was Organised By Nss Unit Vivekananda College University Of Delhi On 27th September 2020. The Theme Of The Competition Was How Well Do You Know The Rivers Of The World. Different Questions Related To Rivers Were There Not Only Of Indian Rivers But Also Of The World. 33 Participants Were There And Quiz Was Conducted On Google Forms.



Remembering Vivekananda: Department of Political Science, Vivekananda College organised an interactive webinar on the topic “Discover Yourself : Insights of Vivekananda ” on 13th October 2020. The teacher –in – charge Dr AnjanaKumari started a webinar with a welcome note and greetings to the eminent speakers Acharaya Harish, of the webinar. Dr Anjana also gave a brief overview of the topic and started a webinar on highlighting the relevance of Vivekananda and his philosophy in current context. Acharaya Harish, highlighted various relevant learning from the life of Vivekananda and narrated various life incidents of Vivekananda life. The emphasis of the webinar was to inculcate qualities in personal and professional life based on the learning from Vivekananda life and philosophy.



Netaji Subhash Chandra Bose Birth Anniversary: Remembering India's great patriot and iconic hero of our freedom struggle, Netaji Subhash Chandra Bose on his 125th Birth Anniversary. NSS unit of Vivekananda college, Delhi University organised **स्वतंत्रा** on 23rd January 2021. It comprises up of three events which included PPT Presentation on Subhash Chandra Bose and his life. A Short Video screening on his life and Poetry Recitation was also there. The event took place on Google meets platform at 1.15 PM.



National Voters's Day: Department of Political Science, Vivekananda College, University of Delhi celebrated "NATIONAL VOTERS'S DAY" 25th January 2021. NVD 2021 Theme - "Making Our Voters Empowered, Vigilant, Safe and Informed".



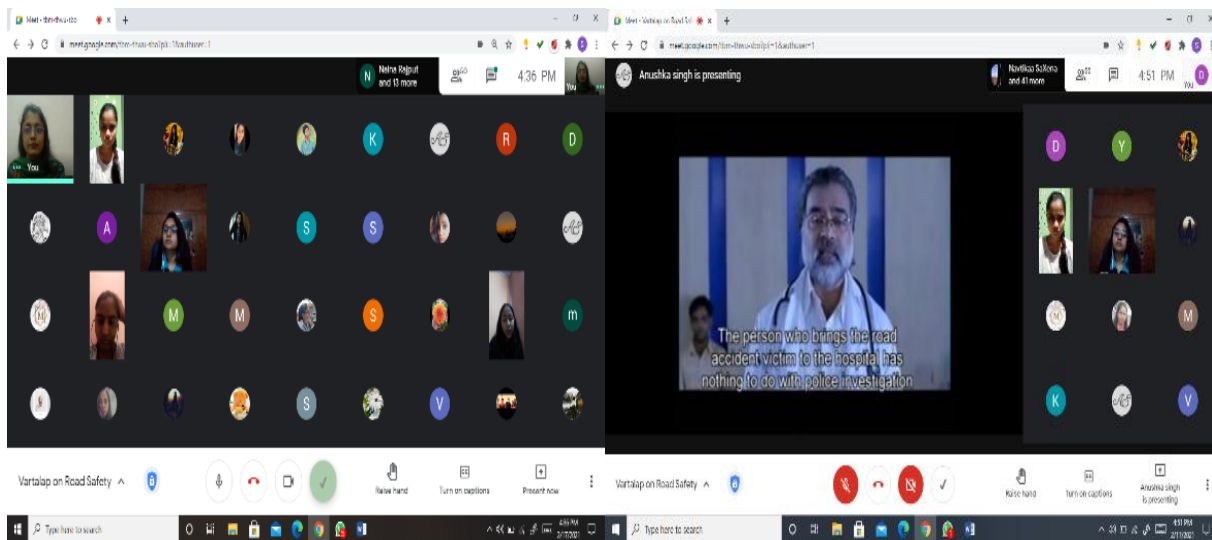
Department of Political Science
 Vivekananda College (University of Delhi)
 NAAC Accredited "A" Grade
Celebrates



"NATIONAL VOTERS' DAY"

ON 25th January, 2021 at 11 AM

Link for the meeting -
<https://meet.google.com/gpk-stwd-abw>

Road Safety and Awareness: NSS unit Vivekananda College University of Delhi presented वार्तालाप 2 to create awareness of road users and promote road Safety culture. The event took place on 17th February 2021 on Google meets platform at 4.30 PM. Volunteers of NSS participated actively in वार्तालाप.




National Service Scheme
Vivekananda Collage (DU)


Presents

“वार्तालाप-2”

(TO CREATE AWARENESS OF ROAD USERS AND PROMOTE "ROAD SAFETY CULTURE")

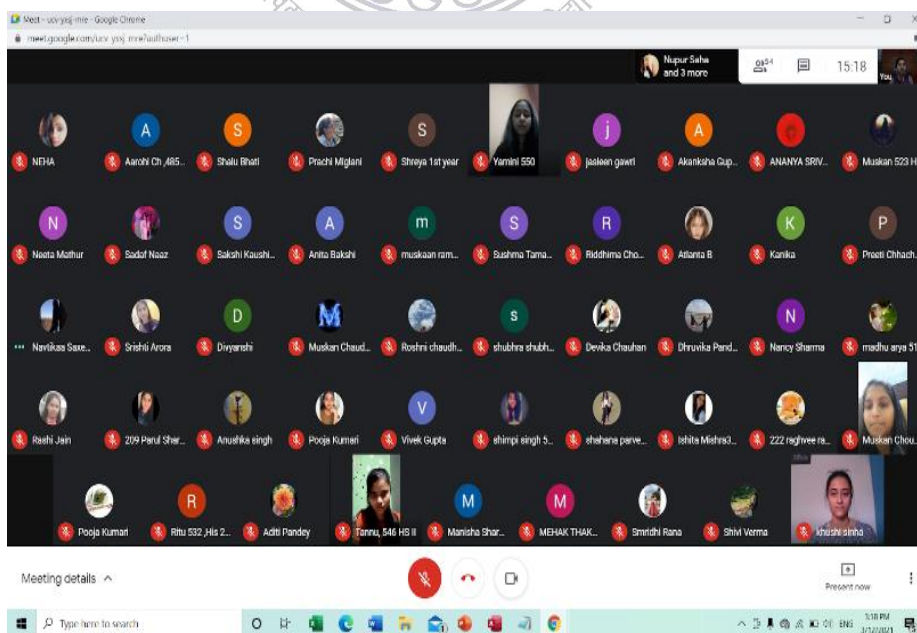
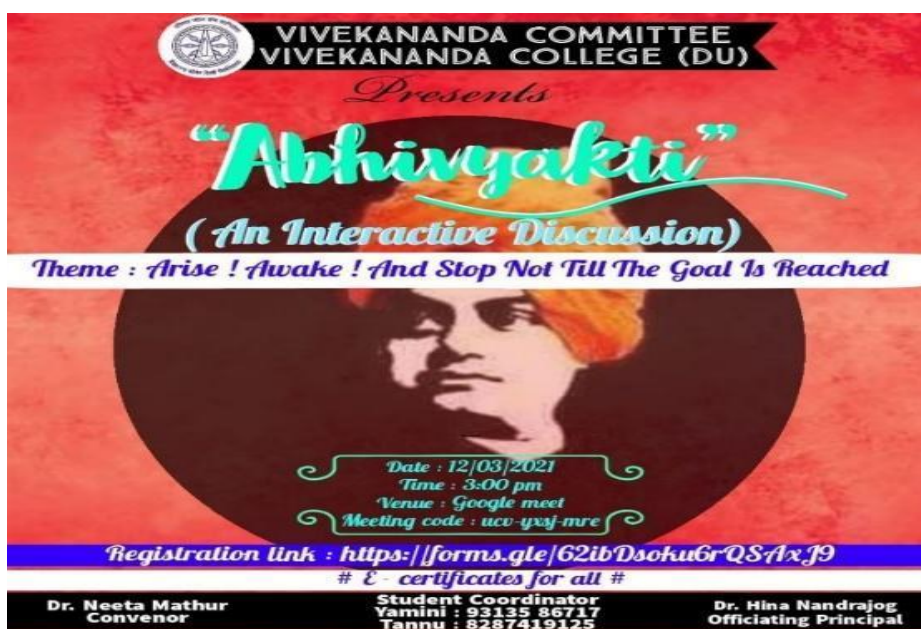
- Poetry recitation
- A documentry on Road Safety
- Question & Answer Session
- Crossword puzzle & Riddles
- Do's and don'ts

DATE : 17/02/2021
TIME : 4:30 PM
PLATFORM : GOOGLE MEET

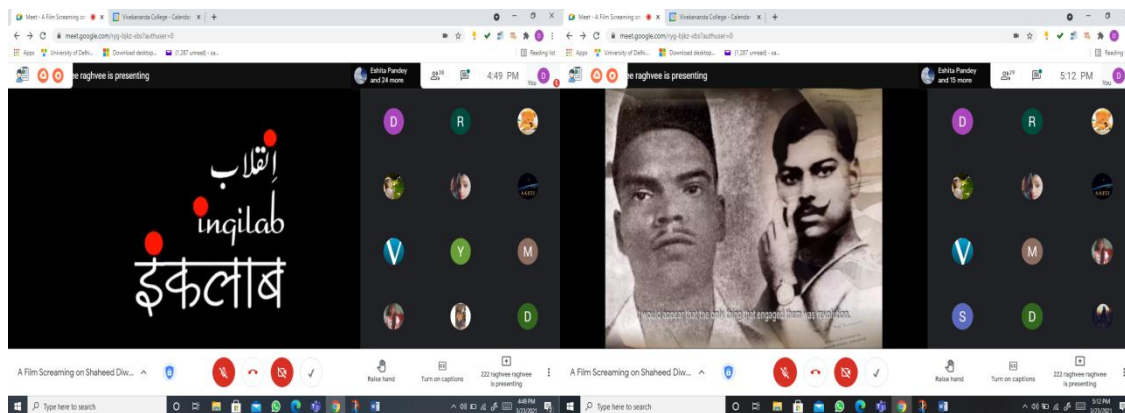
NSS PROGRAMME OFFICER
DR. SANDHYA JAIN

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

Vivekananda Birth Anniversary: An Interactive Discussion on “Abhivyakti” was organized by Vivekananda Committee of Vivekananda college, University of Delhi on March 12, 2021, from 3:00 P.M to 4:30 P.M. on Google Meet Platform using link <https://meet.google.com/ucv-yxsj-mre> . The webinar commenced with a welcome note by Dr. Neeta Mathur, the Convenor of Vivekananda Committee. The theme of this session was Arise! Awake! And Stop Not till the Goal is Reached. This session was an interactive online discussion to raise awareness about the life and teachings of Swami Vivekananda .



Martyrs day-23rd march: On the occasion of Martyrs day NSS Unit Vivekananda College University of Delhi organised TRIAZEM-2, a short film screening on 23rd march 2020 on Google meets platform. Film screening brings people together for discussion. The film that was screened was INQUILAB. The movie that was screened gave us an important message on martyr's. As the word Inquilab suggests long live the revolution. We all know that the word Inquilab Zindabad was the slogan used during the times of freedom. Poem recitation was also a sub event that was conducted, as poetry is the best way to express our feelings. Some volunteers presented their poetry regarding martyrs. After the movie was screened and the volunteers recited the poem a quick question answer round was conducted and a healthy discussion on martyr's took place where volunteers put forward their opinions and point of views. Total number of attendees were 39.





National Service Scheme
Vivekananda College (DU)



Presents
"TRIAZEM"-2 (A short film screening)
 (On the occasion of Martyrs' Day)

Film - Inquilab (इंकलाब)

Date 23/03/2021
 Time 4:30 pm
 Platform Google Meet

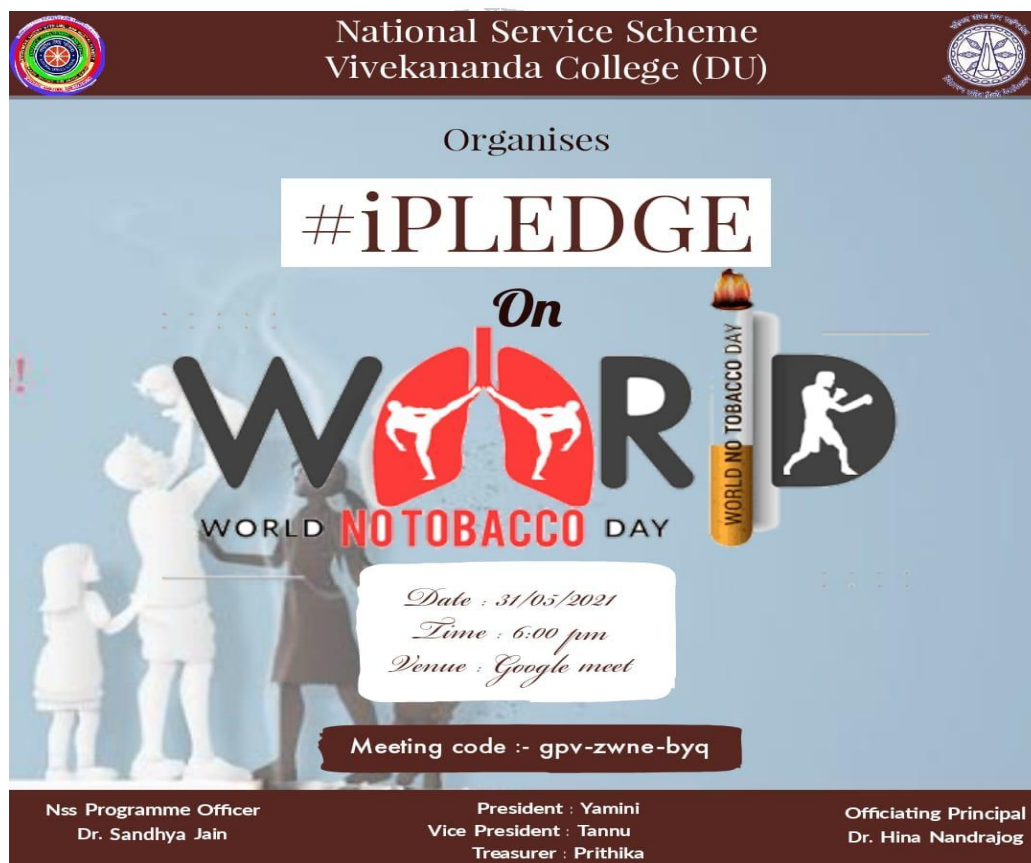
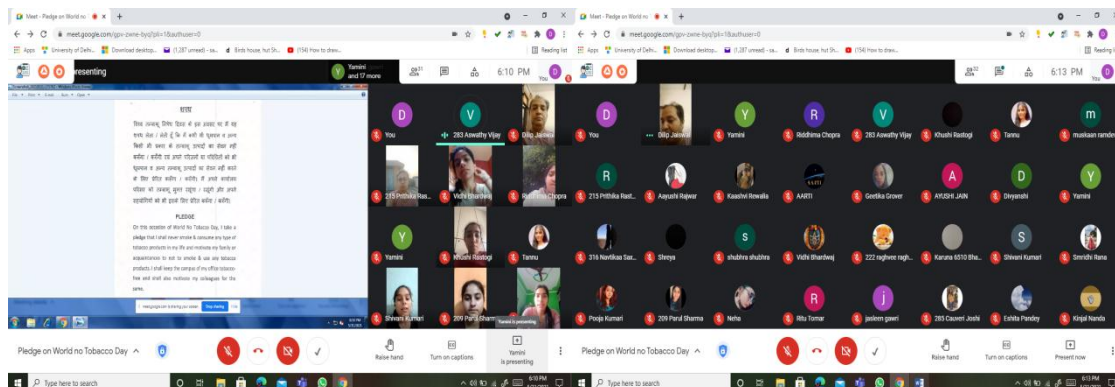
Meeting code - ryg-bjkz-xbs

NSS PROGRAMME OFFICER
DR. SANDHYA JAIN

PRESIDENT : YAMINI
VICE PRESIDENT : TANNU
SECRETARY : SMRIDHI
TREASURER : PRITHIKA

OFFICIATING PRINCIPAL
DR. HINA NANDRAJOG

World No Tobacco Day31st May: NSS unit of Vivekananda College University of Delhi organized pledge on the occasion of World No Tobacco Day31st May is observed as World No Tobacco Day. The day is observed to spread awareness about the harmful effects of tobacco on health. The campaign also tries to reduce the prevalence of diseases and deaths due to the consumption of tobacco. Spread love and not smoke. Volunteers of the unit took pledge to say no smoke or use any tobacco and also will try to encourage people to quit smoking and stop using the tobacco products. 39 volunteers took the pledge to say no to this.



International Day Against Drug Abuse And Illicit Trafficking: NSS unit of Vivekananda College University of Delhi in collaboration with NSS unit of Delhi Technological University presents "Ummed" (Ek kiran). The series of events was organised on the occasion of international day against drug abuse and illicit trafficking.



On 26th June'21: Drug usage being glorified is one of the major reasons people fall into the vicious cycle of drug use. So to make the students aware of the same cause a movie was screened for the students on Google meet platform at 4:30 PM. The movie shows that inner strength and one's determination plays an important role above any addiction. There were 68 participants in this event.

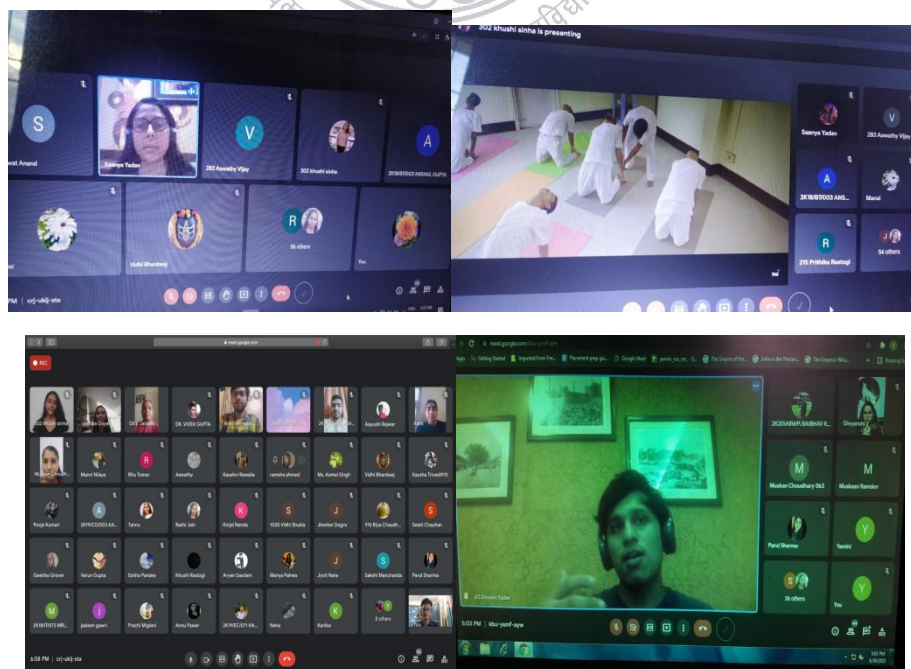


On 28th June'21 Vaartalap (a general talk Session) was organized. In the session, there were poetries, riddles, questions and answers, myths busting sessions. The volunteers participated in this talk Session and talked about the various reasons one falls into the pit and how they would help someone to come out from this vicious cycle. There were 80 participants in this event.

On 30th June'21 Tark (Group discussion) was organised. The theme of the group discussion was don't fall into the trap of death. In this group discussion every volunteer participated and put forward their perspectives and viewpoints about drug abuse. Also how can they be aware of the people? There were 43 participants in this event.

On 2nd July'21 Storytelling competition was organised. The theme of the competition was drugs are the enemies of ambition and hope. The participants had to mail their own entries and the participants were also selected for the next round. E-certificates were also given to the participants.

On 9th July'21 a webinar was organised. The theme of the webinar Drugs- the destroyer of one's conscience. The guest speaker of the webinar was Mr. Suneel Vatsyayan (founder of nada India foundation, Karamveer Chakra awardee, Rotary Vocational service award). The webinar took place on Google meet platform at 4 PM. He discussed various means through which one could be involved in such abuse, how to overcome this etc. 111 participants attended this webinar.



Azadi Ka Amrut Mahotsav Celebrations: A Talk and Interactive Session on “The impact of Swami Vivekananda’s Teaching on My Life” by Dr. Kamlesh Sen (Eminent Scholar and Ex Faculty of Vivekananda College) was organized by Vivekananda Committee of Vivekananda College, University of Delhi on July 9, 2021, from 11:00 A.M to 12:45 P.M. to celebrate 75 years of India’s independence: Azadi ka Amrut Mahotsav on Google Meet Platform using link <https://meet.google.com/mzn-tzjz-vxx> . The webinar commenced with welcome of Guest by Dr. Neeta Mathur, the Convenor of Vivekananda Committee.

